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DonJoy 79-87510

DonJoy 79-87510 Wrist/Forearm Brace User Manual

Model: 79-87510

INTRODUCTION

This user manual provides detailed instructions for the proper use, care, and maintenance of your DonJoy 79-87510 Quick-Fit Felt/Nylon Universal Left Wrist/Forearm Brace. Please read this manual thoroughly before using the device to ensure safe and effective application.

SAFETY INFORMATION

Always consult with a healthcare professional before using this brace, especially if you have pre-existing conditions or are unsure about its suitability. Discontinue use and consult a medical professional if you experience increased pain, numbness, tingling, or any adverse reactions while wearing the brace. Do not overtighten the straps, as this may restrict circulation.

SETUP

Upon receiving your DonJoy Wrist/Forearm Brace, carefully remove it from its packaging. Inspect the brace for any signs of damage or defects. Ensure all components, including straps and splints, are intact and properly positioned before initial use.



Image: The DonJoy 79-87510 Wrist/Forearm Brace, black in color, shown on a hand and forearm. The brace features multiple adjustable straps and a rigid support structure along the underside of the forearm and wrist, extending to the palm.

OPERATING (FITTING INSTRUCTIONS)

Follow these steps to properly fit your DonJoy Wrist/Forearm Brace:

- 1. Prepare the Brace:** Unfasten all straps on the brace. Ensure the rigid splint is positioned along the palm side of the brace.
- 2. Position the Hand:** Slide your hand into the brace, ensuring your thumb passes through the designated thumb hole (if applicable for your specific model). Your palm should rest comfortably against the rigid splint.
- 3. Align the Brace:** Adjust the brace so that the rigid splint extends from just below your elbow to the base of your fingers, providing support to both the wrist and forearm.
- 4. Secure the Straps:** Begin by fastening the strap closest to your wrist, then proceed to the straps along the forearm. Tighten each strap securely but comfortably. The brace should feel snug and supportive without causing discomfort, numbness, or restricting circulation.
- 5. Check Fit:** Move your fingers to ensure full range of motion. The brace should immobilize your wrist while allowing finger movement. If the brace feels too tight or too loose, readjust the straps.

For optimal support, ensure the brace is worn as directed by your healthcare professional.

MAINTENANCE

To maintain the longevity and hygiene of your brace:

- Cleaning:** Hand wash the brace in cold water with mild soap. Do not use bleach or harsh detergents.
- Drying:** Air dry thoroughly. Do not machine dry or expose to direct heat, as this may damage the materials.
- Storage:** Store the brace in a cool, dry place away from direct sunlight when not in use.
- Inspection:** Regularly inspect the brace for wear and tear, especially the straps and stitching. Replace if significant damage is observed.

TROUBLESHOOTING

If you encounter issues with your brace, consider the following:

- Discomfort or Pain:**
 - Ensure the brace is not overtightened. Loosen straps and readjust.
 - Check for proper alignment. The splint should support the wrist and forearm evenly.
 - If discomfort persists, discontinue use and consult your healthcare professional.
- Brace Slipping:**
 - Tighten the straps evenly.
 - Ensure the brace is correctly sized for your arm.
- Skin Irritation:**
 - Ensure the brace is clean and dry before wearing.
 - Check for any rough edges or seams that might be rubbing.
 - If irritation persists, consult a healthcare professional.

SPECIFICATIONS

Attribute	Detail
Model Number	79-87510
Brand	DonJoy
Material	Felt/Nylon
Color	Black
Size	Universal (One Size)
Use For	Wrist/Forearm
Hand Orientation	Left

WARRANTY INFORMATION

Specific warranty details for the DonJoy 79-87510 Wrist/Forearm Brace are not provided in this manual. Please refer to the product packaging or the official DonJoy website for the most current warranty information. Keep your proof of purchase for any warranty claims.

SUPPORT

For further assistance, questions, or concerns regarding your DonJoy 79-87510 Wrist/Forearm Brace, please contact DonJoy customer support through their official website or the contact information provided on the product packaging. Always consult your healthcare provider for medical advice.

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This manual is for informational purposes only and does not replace professional medical advice.