

SEIKO SVAJ003J

Seiko SVAJ003 Solar Standard Stopwatch User Manual

Model: SVAJ003J

INTRODUCTION

This manual provides instructions for the proper use and maintenance of your Seiko SVAJ003 Solar Standard Stopwatch. Please read this manual thoroughly before using your stopwatch to ensure optimal performance and longevity. This device is designed for precise timing in various activities, powered by solar energy for convenience and reliability.

PRODUCT FEATURES

- **Solar-Powered Operation:** Eliminates the need for battery replacement, with approximately 6 months of operation when fully charged, and up to 2 years in power-saving mode.
- **Caliber No:** S061.
- **Durable Construction:** Features a plastic case and acrylic glass for everyday use.
- **High Accuracy:** Maintains an accuracy of ± 30 seconds per month.
- **Water Resistance:** Reinforced water resistance for everyday use (5 ATM), suitable for splashes but not submersion.
- **Advanced Stopwatch Function:** Measures up to 100 hours in 1/100 second increments.
- **Lap and Split Measurement:** Records individual lap and split times.
- **Memory Recall Function:** Stores up to 300 lap/split records for later review.
- **Full Auto-Calendar:** Automatically adjusts for date and day.
- **Contrast Adjustment:** Allows for optimization of display visibility.
- **Power Saving Function:** Automatically conserves energy when not in active use or exposed to light.

- **Sound Off Function:** Option to disable operation confirmation sounds.
- **Compact and Lightweight:** Weighs approximately 61g (2.1 oz) with a thickness of 21mm (0.8 inches).

SETUP

Initial Charging

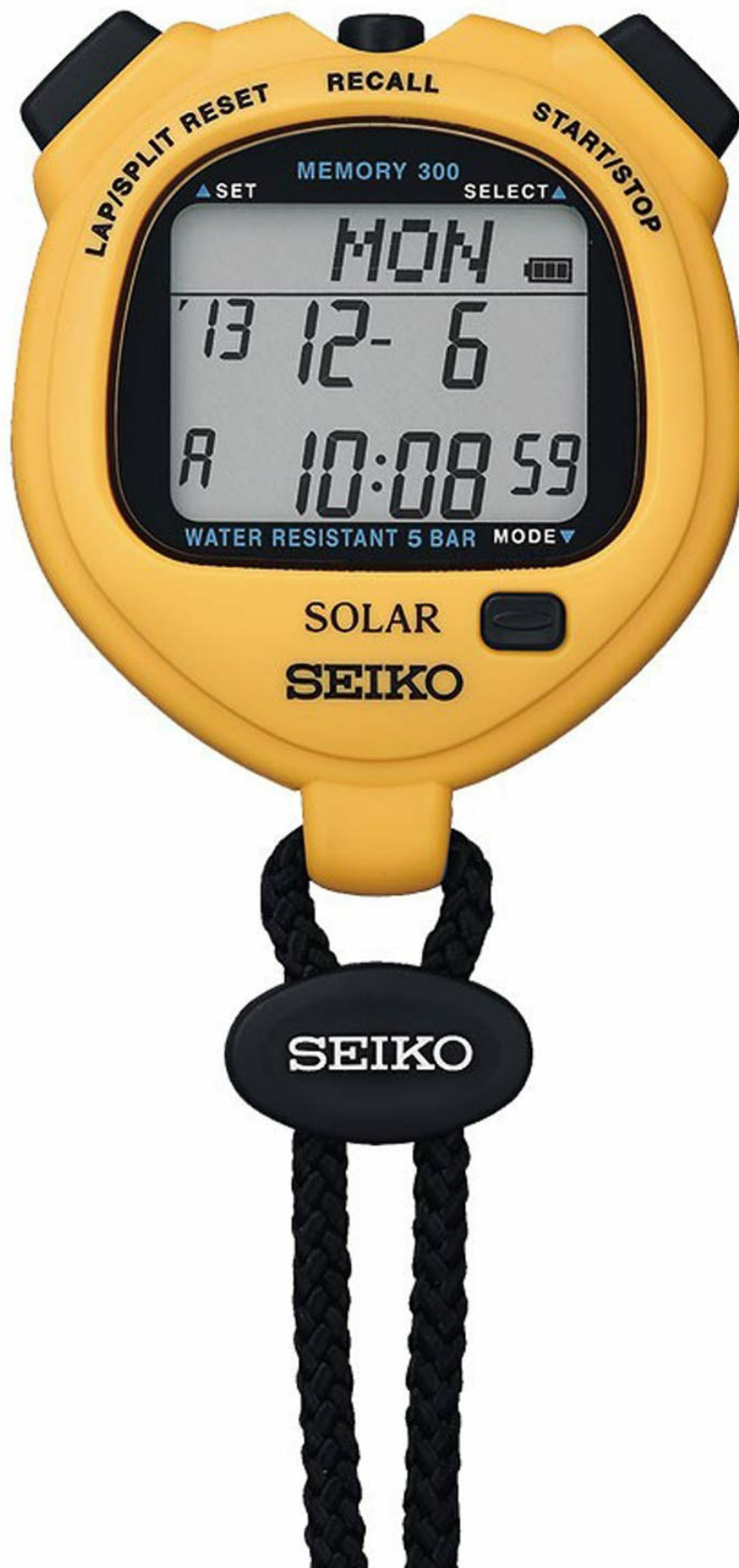
Before initial use, expose the stopwatch to bright light (natural sunlight or strong artificial light) for several hours to ensure it is fully charged. A full charge provides approximately 6 months of operation, or up to 24 months in power-saving mode without light exposure. The display may indicate a low battery or remain blank if not sufficiently charged.

Time and Date Setting

The stopwatch features a full auto-calendar function. Upon sufficient charging, the time and date should set automatically. If manual adjustment is required, refer to the full manufacturer's guide for specific button sequences to enter time/date setting mode and make adjustments.

Contrast Adjustment

The display contrast can be adjusted for optimal visibility under different lighting conditions. To adjust, locate the contrast setting option within the device's menu or by pressing a specific button combination. Consult the full manufacturer's manual for detailed instructions on accessing and modifying this setting.



This image shows the front of the Seiko SVAJ003 Solar Standard Stopwatch, highlighting its digital display and yellow casing. The buttons for operation are visible on the sides.

OPERATING INSTRUCTIONS

Stopwatch Function

1. **Start:** Press the **START** button to begin timing.
2. **Stop/Pause:** Press the **STOP** button to pause the timing. Press **START** again to resume.
3. **Reset:** While the stopwatch is stopped, press the **RESET** button to clear the time and return to zero.

The stopwatch can measure up to 100 hours with an accuracy of 1/100 second.

Lap/Split Measurement

While the stopwatch is running, press the **LAP/SPLIT** button to record lap times or split times. The display will momentarily show the recorded time before returning to the running total. The device can store up to 300 individual lap/split records.

Memory Recall Function

To review stored lap and split times, activate the Memory Recall function. This is typically done by pressing a dedicated **MEMORY** or **MODE** button. You can then scroll through up to 300 recorded entries. This function can often be accessed even during an ongoing measurement without interrupting the current timing.

Power Saving Function

The stopwatch is equipped with a power-saving mode to conserve battery life when not in active use or exposed to light. This function activates automatically after a period of inactivity or darkness. To reactivate the display, expose the stopwatch to light or press any button.

Sound Off Function

The operation confirmation sound can be disabled if desired. Refer to the device settings or the full manufacturer's manual for instructions on how to activate or deactivate this feature. This is useful in environments where audible feedback is not preferred.

MAINTENANCE

Charging

Regularly expose the stopwatch to light to maintain its charge. Avoid prolonged storage in dark environments to prevent battery depletion. Even indirect light exposure during daily use is often sufficient to keep the device charged.

Water Resistance

The stopwatch has a water resistance rating of 5 ATM. This means it is resistant to splashes, rain, and brief immersion in water, such as during hand washing. It is **not** suitable for swimming, diving, showering, or any activities involving high-pressure water exposure.

Cleaning

Clean the stopwatch with a soft, dry cloth. For stubborn dirt, a slightly damp cloth can be used, followed by immediate drying. Avoid using harsh chemicals, solvents, or abrasive materials, as these can damage the case, display, or internal components.

TROUBLESHOOTING

Display is blank or dim

- **Solution:** Ensure the stopwatch has been sufficiently exposed to light for charging. Place it under bright light for several hours. If the issue persists, the power-saving function might be active, or the battery may require extended charging.

Incorrect Time/Date

- **Solution:** Verify the auto-calendar function is operating correctly. If manual adjustment is needed, refer to the full manufacturer's manual for detailed steps on how to set the time and date.

Buttons are unresponsive

- **Solution:** Check for any debris or foreign objects obstructing the buttons. If the issue continues, a soft reset (if available for your model) might be necessary. If problems persist, contact customer support.

SPECIFICATIONS

| Feature | Detail |
|--------------------------------|-------------------------------------|
| Drive Method | Solar |
| Caliber No. | S061 |
| Case Material | Plastic |
| Glass Material | Acrylic glass |
| Operation Time (Full Charge) | Approx. 6 months |
| Operation Time (Power Saving) | Approx. 2 years |
| Accuracy | ±30 seconds per month |
| Water Resistance | 5 ATM (Reinforced for everyday use) |
| Thickness | 21 mm (0.8 inches) |
| Weight | 61 g (2.1 oz) |
| Stopwatch Measurement Capacity | 1/100 second, up to 100 hours |
| Memory Capacity | Max 300 records (Lap/Split) |
| Calendar Function | Full auto-calendar (Date/Day) |

WARRANTY AND SUPPORT

For detailed warranty information, terms, and conditions, please refer to the warranty card or documentation included with your Seiko SVAJ003 Solar Standard Stopwatch purchase. Keep your proof of purchase for any warranty claims.

For technical support, service, or further inquiries, please visit the official SEIKO website or contact their authorized service centers. Contact information can typically be found on the brand's official website or in your product packaging.

