

MAM Easy Start Anti-Colic Bottle 5 oz

MAM Easy Start Anti-Colic Bottle 5 oz Instruction Manual

Model: Easy Start Anti-Colic Bottle 5 oz

INTRODUCTION

The MAM Easy Start Anti-Colic Bottle is designed to minimize colic symptoms and provide a comfortable feeding experience for newborns. Its innovative vented base helps reduce air intake, and the nipple shape is designed for easy acceptance by breastfed babies. This bottle also features a convenient self-sterilizing function.

PRODUCT COMPONENTS

The MAM Easy Start Anti-Colic Bottle consists of several parts designed for easy assembly, cleaning, and sterilization. Familiarize yourself with each component:

- **Protective Cap:** Keeps the nipple clean.
- **Silicone Nipple:** Soft, skin-like texture, elongated shape.
- **Screw Ring:** Secures the nipple to the bottle body.
- **Bottle Body (5 oz / 160 ml):** With measurement markings.
- **Vented Base:** Consists of a base ring and a silicone valve, designed to regulate air flow.

5
ounces

**Slow
Flow**



Image: Exploded view of the MAM Easy Start Anti-Colic Bottle showing the protective cap, silicone nipple, screw ring, bottle body, and vented base.

ASSEMBLY

Before first use and after each cleaning, ensure all parts are correctly assembled to prevent leaks and ensure proper function.

1. Insert the silicone valve firmly into the base ring.
2. Screw the assembled base onto the bottom of the bottle body until secure.
3. Place the silicone nipple into the screw ring. Ensure the nipple is pulled through completely.
4. Screw the nipple and screw ring assembly onto the top of the bottle body.
5. Place the protective cap over the nipple.

PREPARATION FOR FEEDING

Always clean and sterilize the bottle before each use. Fill the bottle with breast milk or formula according to your baby's feeding requirements. Ensure the liquid temperature is appropriate for feeding by testing a few drops on your wrist.

FEEDING INSTRUCTIONS

The MAM Easy Start Anti-Colic Bottle is designed to facilitate a smooth transition between breastfeeding and bottle feeding due to its elongated nipple shape and skin-like texture.

- Hold the bottle at an angle that keeps the nipple full of milk, minimizing air intake.
- Observe your baby for signs of comfort and proper latch.
- The slow flow silicone nipple is suitable for newborns (0+ months).



Image: A baby feeding from a MAM Easy Start Anti-Colic Bottle, highlighting the nipple's design for breastfed babies.

Anti-Colic System

The innovative vented base helps reduce colic symptoms by allowing for an even drinking flow and preventing air bubbles from being swallowed. This design is confirmed to reduce colic for 80% of babies.

Reduces Colic



Image: A diagram showing how the removable vented base works to ensure a smooth milk flow and reduce air intake, thereby minimizing colic.

SELF-STERILIZATION INSTRUCTIONS

The MAM Easy Start Anti-Colic Bottle can be self-sterilized in a microwave in three simple steps, eliminating the need for a separate sterilizer.

1. **Disassemble:** Separate all bottle components: protective cap, nipple, screw ring, bottle body, and vented base.
2. **Fill Base:** Pour exactly 20 ml (0.7 fl oz) of water into the vented base.
3. **Assemble for Sterilization:**
 - Place the nipple into the screw ring and then place this assembly onto the vented base.
 - Invert the bottle body and place it over the nipple/screw ring/base assembly.
 - Place the protective cap loosely on top of the bottle body.
4. **Microwave:** Heat the assembled bottle in the microwave for 3 minutes (at 500-1000 Watt). Refer to your microwave's instruction manual for specific power settings.
5. **Cool Down:** Allow the bottle to cool for at least 10 minutes before handling. Carefully remove the bottle, as it will be hot.

Self-Sterilizing in the Microwave with No Added Parts



Sterilizes with water in 3 minutes!

Image: A MAM Easy Start Anti-Colic Bottle inside a microwave, demonstrating the self-sterilization feature.

Official Product Video: Self-Sterilization & Features

Your browser does not support the video tag.

Video: This official MAM video demonstrates the key features of the Easy Start Anti-Colic Bottle, including its anti-colic design, natural feel nipple, and the simple 3-step microwave self-sterilization process.

CLEANING AND MAINTENANCE

Proper cleaning is essential for hygiene and longevity of the bottle.

1. **Disassemble:** Take apart all components of the bottle after each use.
2. **Wash:** Wash all parts thoroughly with warm soapy water. Use a soft brush or sponge to clean all surfaces. Ensure no milk residue remains, especially in the nipple and vented base.
3. **Rinse:** Rinse all components thoroughly with clean water.
4. **Dishwasher Safe:** The bottle is dishwasher safe (top rack recommended).
5. **Dry:** Allow all parts to air dry completely before reassembling or storing.

Note: Do not use abrasive cleaning agents or harsh chemicals. Avoid using sharp objects to clean the nipple or valve, as this can damage them.

SAFETY INFORMATION

- Always use this product with adult supervision.
- Never use feeding nipples as a soother.
- Continuous and prolonged sucking of fluids will cause tooth decay.
- Always check food temperature before feeding.
- Keep all components not in use out of the reach of children.
- Inspect before each use and pull the feeding nipple in all directions. Throw away at the first signs of damage or weakness.
- Do not store in direct sunlight or near a heat source.
- Do not leave a feeding nipple in direct sunlight or heat, or leave in disinfectant ("sterilizing solution") for longer than recommended, as this may weaken the nipple.
- BPS/BPA Free: All MAM anti-colic bottles are 100% BPS and BPA free.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Bottle leaks during feeding.	Components not assembled correctly, especially the vented base or screw ring.	Disassemble and reassemble all parts, ensuring they are tightly secured. Check the silicone valve in the base for proper seating.
Nipple collapses during feeding.	Vacuum buildup, or nipple flow rate is too slow for baby's sucking strength.	Ensure the vented base is clean and functioning. Consider using a nipple with a faster flow rate if appropriate for your baby's age and development.
Milk flow is too slow or too fast.	Incorrect nipple flow rate for baby's age, or nipple/valve blockage.	Check for blockages in the nipple or valve. Ensure you are using the correct nipple flow rate for your baby's age (e.g., Slow Flow for 0+ months). MAM offers various nipple flow rates.

SPECIFICATIONS

- **Capacity:** 5 ounces (160 ml)
- **Nipple Flow:** Slow Flow (suitable for 0+ months)
- **Material:** BPA and BPS Free
- **Sterilization:** Microwave self-sterilizing (3 minutes)
- **Cleaning:** Dishwasher safe (top rack)
- **Manufacturer:** MAM
- **Model Number:** B00EM5CLDI (ASIN)
- **UPC:** 845296051219

Three Unique Sizes



Nipple 0	Nipple 1	Nipple 2	Nipple 3	Nipple X

All MAM bottle nipples are compatible with each size!

Image: An illustration detailing the various MAM bottle sizes and corresponding nipple flow rates (Nipple 0, 1, 2, 3, X) and recommended age ranges.

WARRANTY AND SUPPORT

For warranty information or product support, please refer to the official MAM website or contact MAM customer service directly. Details are typically provided with the product packaging or on the manufacturer's website.

MAM Official Website: www.mambaby.com