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Homedics FMS-270H

Homedics FMS-270H Deep Kneading Shiatsu Foot Massager User Manual

Model: FMS-270H | Brand: Homedics

IMPORTANT SAFETY INSTRUCTIONS

When using electrical products, especially when children are present, basic safety precautions should always be followed. Read all instructions before use.

- Always unplug the appliance from the electrical outlet immediately after using and before cleaning.
- Do not reach for an appliance that has fallen into water. Unplug it immediately.
- Do not use while bathing or in a shower.
- Do not place or store appliance where it can fall or be pulled into a tub or sink.
- Do not place in or drop into water or other liquid.
- Never use pins or other metallic fasteners with this appliance.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by HoMedics.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return it to a HoMedics Service Center for examination and repair.
- Keep cord away from heated surfaces.
- Never use while sleeping or fall asleep while using the massager.
- Never drop or insert any object into any opening.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- Do not use on or near eyes or other highly sensitive areas.
- Do not operate under a blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Do not carry this appliance by supply cord or use cord as a handle.
- To disconnect, turn all controls to the "OFF" position, then remove plug from outlet.
- This appliance is designed for household use only.
- **Important Note: Not recommended for use by diabetics. Consult your physician before using this product if you have any medical conditions, including diabetes, pregnancy, or heart disease.**

PRODUCT FEATURES

The HoMedics FMS-270H Deep Kneading Shiatsu Foot Massager is designed to provide a relaxing and soothing experience. Key features include:

- **Deep Kneading Shiatsu Massage:** Relaxes and soothes tired feet.
- **6 Rotational Heads:** Provides a comprehensive massage experience.
- **18 Massage Nodes:** Targets various pressure points on the feet.
- **Soothing Heat Function:** Enhances relaxation and comfort.
- **Easy Toe-Touch Control:** Simple and straightforward operation.
- **Breathable Mesh Fabric:** Ensures comfort during use.
- **Versatile Use:** Can be used on feet, back, or calves.



Image Description: An image highlighting the key features of the HoMedics FMS-270H foot massager, including icons for heat, compact size, toe-touch operation, and breathable mesh fabric.

SETUP

1. **Unpack:** Carefully remove the HoMedics FMS-270H Foot Massager from its packaging.

2. **Placement:** Place the massager on a flat, stable surface in front of a comfortable chair or sofa.
3. **Connect Power:** Plug the power cord into a 120V AC electrical outlet. Ensure the cord is not pinched or placed under heavy objects.
4. **Initial Inspection:** Before first use, inspect the unit for any visible damage. Do not use if damaged.



Image Description: A top-down view of the HoMedics FMS-270H Deep Kneading Shiatsu Foot Massager, showing its overall design and the massage nodes with red arrows indicating rotational movement.

OPERATING INSTRUCTIONS

To operate your HoMedics FMS-270H Foot Massager, follow these steps:

1. **Power On:** Sit comfortably and place your feet on the massager. Press the power button located in the center of the unit with your toe. The massage function will begin.
2. **Activate Heat:** Press the power button a second time to activate the soothing heat function. The button will illuminate to indicate heat is active.
3. **Adjust Intensity:** Apply more or less pressure with your feet to adjust the intensity of the shiatsu massage. You can also move your feet to target specific areas.
4. **Power Off:** Press the power button a third time to turn off both the massage and heat functions.
5. **Unplug:** Always unplug the unit from the electrical outlet after use.



Soothing Heat

Optional heat feature will help to further melt away tension and enhance the massage

Image Description: A person's feet resting on the HoMedics FMS-270H foot massager, demonstrating its use. The image highlights the optional heat feature.

Versatile Use

While primarily designed for feet, the HoMedics FMS-270H can also be used to massage other areas such as the back or calves. Position the massager carefully to target desired areas.



Feet



Back



Calves



Versatile
Use on your feet,
back or calf

Image Description: An illustration demonstrating the versatile application of the massager for feet, back, and calves, indicating its adaptability for different body parts.

MAINTENANCE AND CARE

- **Cleaning:** Always unplug the unit before cleaning. Wipe the massager with a soft, slightly damp cloth. Never use abrasive cleaners, brushes, gasoline, kerosene, glass/furniture polish, or paint thinner to clean.
- **Storage:** Store the massager in its box or a clean, dry place. Do not hang the unit by the power cord or wrap the cord around the unit.
- **Avoid Sharp Objects:** Keep away from sharp objects that could puncture or damage the fabric surface.



Breathable Mesh Fabric

Image Description: A magnified view of the breathable mesh fabric covering the massage nodes, emphasizing the material's texture and quality for user comfort.

TROUBLESHOOTING

If you experience issues with your HoMedics FMS-270H Foot Massager, refer to the following common solutions:

- **Unit Does Not Turn On:**

- Ensure the power cord is securely plugged into a working electrical outlet.
- Check if the outlet is functional by plugging in another appliance.
- Verify that the power button has been pressed firmly.

- **Heat Function Not Working:**

- Ensure the heat function is activated by pressing the power button a second time. The button should illuminate.
- Note that the heat is designed to be soothing and may not feel intensely hot.

- **Massage Feels Weak or Inconsistent:**

- Adjust the pressure you apply with your feet on the massage nodes.
- Ensure the unit is on a flat, stable surface.

If the problem persists, discontinue use and contact HoMedics Customer Service for assistance.

SPECIFICATIONS

Model Number	FMS-270H
Brand	HoMedics
Power Source	Corded Electric
Special Feature	Heat
Massager Form	Foot Massager Machine
Product Dimensions	36.83 cm (L) x 34.29 cm (W) x 11.43 cm (H)
Weight	3.02 kg
Cordless	No

Dimensions



Image Description: A diagram illustrating the physical dimensions of the HoMedics FMS-270H foot massager, showing its length, width, and height measurements.

WARRANTY AND SUPPORT

HoMedics products are sold with the understanding that they are free of defects in manufacture and workmanship for a period of two years from the date of original purchase, except as noted below. This warranty extends only to consumers and does not extend to Retailers.

To obtain warranty service on your HoMedics product, contact a Consumer Relations Representative by telephone at 1-800-466-3342 or email at cservice@homedics.com. Please make sure to have the model number of the product available.

This warranty does not cover damage caused by misuse or abuse; accident; the attachment of any unauthorized accessory; alteration to the product; improper installation; unauthorized repairs or modifications; improper use of electrical/power supply; loss of power; dropped product; malfunction or damage of an operating part from failure to provide manufacturer's recommended maintenance; transport damage; theft; neglect; vandalism; or environmental conditions; loss of use during the period the product is at a repair facility or otherwise awaiting parts or repair; or any other conditions whatsoever that are beyond the control of HoMedics.

For complete warranty details, please refer to the official HoMedics warranty statement typically included with your product packaging or available on the HoMedics website.



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