

Timex Expedition Shock XL Vibrating Alarm 50mm Watch (Model B00D3DTRD2)

Timex Expedition Shock XL Vibrating Alarm Watch User Manual

Model: B00D3DTRD2

INTRODUCTION

This manual provides comprehensive instructions for the setup, operation, and maintenance of your Timex Expedition Shock XL Vibrating Alarm Watch. Designed for durability and functionality, this timepiece is equipped with features such as a vibrating alarm, chronograph, countdown timer, and water resistance, making it suitable for various activities.

Please read this manual thoroughly to ensure proper use and to maximize the lifespan of your watch.

PRODUCT OVERVIEW



Front view of the Timex Expedition Shock XL watch, highlighting its negative digital display and robust black resin case.



Side profile of the watch, illustrating the ergonomic button placement and the durable resin construction.



Rear view of the watch, displaying the stainless steel case back and the secure attachment of the resin strap.

Key Features:

- **Adjustable Resin Strap:** Black 22mm resin strap designed to fit wrist circumferences up to 8 inches.
- **Chronograph:** 100-hour chronograph for precise time measurement.
- **Countdown Timer:** 24-hour countdown timer for various activities.
- **Multiple Alarms:** Three daily, weekday, or weekend alarms with both vibrating and audible options.
- **Shock Resistant:** Built to I.S.O. standards for enhanced durability.
- **Time Modes:** Supports 24-hour military time mode and three distinct time zones.
- **Calendar Functions:** Includes occasion reminders, hydration timer, and a comprehensive month, day, and date calendar.
- **Display:** Black 50mm resin case with an acrylic lens and a negative digital display for clear readability.
- **Indiglo Light:** Indiglo light-up watch dial for visibility in low-light conditions.
- **Water Resistance:** Water resistant to 200 meters (660 feet), suitable for professional marine activity and serious

surface water sports. *Note: Do not press buttons while submerged.*

SETUP

Initial Setup and Time Setting:

1. **Activate Watch:** Upon first use, the watch may be in a power-saving mode. Press any button to activate the display.
2. **Enter Set Mode:** Press and hold the **SET** button (usually top-left) until the time display begins to flash.
3. **Adjust Time:** Use the **START/SPLIT** (top-right) and **STOP/RESET** (bottom-right) buttons to adjust the hours, minutes, and seconds. The **MODE** button (bottom-left) typically cycles through the adjustable fields (hours, minutes, 12/24-hour format).
4. **Set Date:** Continue using the **MODE** button to navigate to the date setting (month, day, year) and adjust using the **START/SPLIT** and **STOP/RESET** buttons.
5. **Exit Set Mode:** Press the **SET** button again to save your settings and exit the set mode.

Setting Time Zones:

Your watch supports three time zones. To set them:

1. From the time display, press the **MODE** button repeatedly until you reach the Time Zone (T1, T2, T3) setting.
2. Select the desired time zone using the **START/SPLIT** button.
3. Press and hold the **SET** button to enter the setting mode for that specific time zone.
4. Adjust the time as described in the "Adjust Time" step above.
5. Press **SET** to save and exit.

OPERATING INSTRUCTIONS

Using the Indiglo Light:

Press the **INDIGLO** button (usually top-right or a dedicated button) to illuminate the watch dial for approximately 3 seconds. This feature is designed for low-light conditions.

Chronograph Function:

1. From the time display, press the **MODE** button until "CHRONO" or "CHR" appears.
2. Press **START/SPLIT** to begin timing.
3. Press **START/SPLIT** again to record a split time (the timer continues running in the background).
4. Press **STOP/RESET** to pause the chronograph.
5. Press **STOP/RESET** again to reset the chronograph to zero.

Countdown Timer:

1. From the time display, press the **MODE** button until "TIMER" or "TMR" appears.
2. Press and hold the **SET** button to set the desired countdown duration. Use **START/SPLIT** and **STOP/RESET** to adjust, and **MODE** to cycle through hours, minutes, and seconds.
3. Press **SET** to save.
4. Press **START/SPLIT** to begin the countdown.
5. An audible and/or vibrating alarm will sound when the timer reaches zero.

Setting Alarms (Vibrating & Audible):

Your watch features three independent alarms. To set an alarm:

1. From the time display, press the**MODE** button repeatedly until "ALARM 1", "ALARM 2", or "ALARM 3" appears.
2. Press and hold the**SET** button to enter alarm setting mode.
3. Adjust the alarm time using**START/SPLIT** and **STOP/RESET**. Use **MODE** to switch between hours and minutes.
4. After setting the time, use **START/SPLIT** to toggle between audible alarm, vibrating alarm, or both.
5. Use **STOP/RESET** to select the alarm frequency: daily, weekday, or weekend.
6. Press **SET** to save and activate the alarm.
7. To turn an alarm off, navigate to the alarm screen and press**START/SPLIT** until the alarm icon disappears.

Hydration Timer:

This feature helps remind you to stay hydrated. To use it:

1. Navigate to the "HYDRATION" mode using the**MODE** button.
2. Press and hold **SET** to adjust the interval for reminders.
3. Press **START/SPLIT** to activate the hydration timer. The watch will provide periodic reminders.

Official Product Videos:

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This video provides a brief overview of the Timex Expedition Shock XL Vibrating Alarm Watch, showcasing its design and key functionalities.

Your browser does not support the video tag.

This video demonstrates the digital shock resistance features of the Timex Expedition watch series, highlighting its durability in various environments.

MAINTENANCE

- **Cleaning:** Clean your watch regularly with a soft, damp cloth. For stubborn dirt, a mild soap solution can be used, followed by rinsing with clean water and thorough drying.
- **Water Resistance:** While water resistant to 200m, avoid pressing any buttons when the watch is submerged to prevent water ingress. After exposure to saltwater, rinse the watch with fresh water and dry thoroughly.
- **Temperature Extremes:** Avoid exposing the watch to extreme temperatures (hot or cold) for prolonged periods, as this can affect battery life and internal components.
- **Battery Replacement:** When the display dims or functions become erratic, it may be time for a battery replacement. It is recommended to have the battery replaced by an authorized Timex service center to ensure water resistance is maintained.
- **Strap Care:** The resin strap is durable but can be cleaned with soap and water. Avoid harsh chemicals that may degrade the material.

TROUBLESHOOTING

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Display is dim or blank.	Low battery.	Replace battery at an authorized service center.
Buttons are unresponsive.	Watch may be in a locked mode or internal issue.	Try pressing all buttons firmly. If issue persists, perform a soft reset (refer to manual for specific model reset instructions, if available) or contact support.
Water inside the display.	Water resistance compromised (e.g., buttons pressed underwater, seal failure).	Immediately take the watch to an authorized service center. Do not attempt to dry it yourself.
Alarm not sounding/vibrating.	Alarm not activated, volume/vibration setting too low, or incorrect alarm type selected.	Check alarm settings to ensure it is ON and set to audible/vibrating. Verify correct time and frequency.

SPECIFICATIONS

- **Model:** Timex Expedition Shock XL Vibrating Alarm Watch (B00D3DTRD2)
- **Case Diameter:** 50mm
- **Case Material:** Resin
- **Lens Material:** Acrylic
- **Display Type:** Negative Digital
- **Strap Material:** Resin
- **Strap Width:** 22mm
- **Water Resistance:** 200 meters (660 feet) - ISO Standard
- **Features:** 100-hour Chronograph, 24-hour Countdown Timer, 3 Alarms (Vibrating & Audible), 3 Time Zones, Occasion Reminders, Hydration Timer, Indiglo Night-Light.

WARRANTY AND SUPPORT







Timex watches are manufactured to the highest quality standards and are warranted against manufacturing defects for a period of one year from the original date of purchase. This warranty does not cover normal wear and tear, battery life, crystal, watch case, strap, or loss/theft.

For warranty service or technical support, please visit the official Timex website or contact their customer service department. Keep your proof of purchase for warranty claims.

Online Resources:

[Timex Official Store on Amazon](#)

[Downloadable User Manual \(PDF\)](#)

	<p>Timex Expedition 4-Pusher Digital Watch User Manual and Guide</p> <p>Comprehensive user manual for the Timex Expedition 4-Pusher Digital watch, covering features, operation, time and date setting, chronograph, alarm, countdown timer, water resistance, strap and bracelet adjustment, battery replacement, and warranty information.</p>
	<p>Timex Expedition Digital Watch User Manual</p> <p>Comprehensive user manual for the Timex Expedition Digital watch, covering basic operations, alarm settings, timer functions, chronograph usage, INDIGLO® night-light, water and shock resistance, and battery information.</p>
	<p>Timex Expedition Digital Watch User Guide</p> <p>Comprehensive user guide for the Timex Expedition Digital watch, detailing functions, basic operations, time/date settings, alarms, timers, chronographs, INDIGLO® night-light, water and shock resistance, and warranty information.</p>
	<p>Timex Marathon Digital Watch User Manual and Operating Instructions</p> <p>Comprehensive user guide for the Timex Marathon Digital watch. Learn how to set time, alarm, stopwatch, use INDIGLO night-light, and understand water resistance. Includes safety warnings and warranty information.</p>
	<p>Timex Expedition Digital Watch User Manual</p> <p>Comprehensive user manual for the Timex Expedition Digital watch, covering functions, basic operations, time and date settings, alarm, timer, chronograph, INDIGLO night-light, water resistance, and battery information.</p>
	<p>Timex Analog Watch User Manual - Features, Settings, and Care</p> <p>Comprehensive user guide for Timex Analog watches, covering setup, features like INDIGLO® Night-Light, water resistance, alarms, perpetual calendar, and maintenance. Available in multiple languages.</p>