

Timex T49949

Timex Men's Expedition Digital CAT5 41mm Watch User Manual

Model: T49949 | Brand: Timex

1. INTRODUCTION

This manual provides instructions for the operation and maintenance of your Timex Men's Expedition Digital CAT5 41mm Watch. Please read this manual thoroughly to ensure proper use and to maximize the lifespan of your timepiece.

The Timex Expedition Digital CAT5 watch is designed for durability and functionality, featuring a 100-hour chronograph, 24-hour countdown timer, multiple alarms, and Indiglo night-light. It is water-resistant to 100 meters (330 feet).

2. WATCH COMPONENTS

Familiarize yourself with the main components of your watch:



Figure 2.1: Front view of the Timex Expedition Digital CAT5 watch, showing the digital display, 'SET', 'MODE', 'START/SPLIT', 'STOP/RESET' buttons, and 'INDIGLO' button. The watch features a black resin case and a black nylon Fast Wrap strap.



Figure 2.2: Side view of the Timex Expedition Digital CAT5 watch, highlighting the buttons on the left side ('SET' and 'MODE') and the texture of the black nylon strap.

- **SET Button:** Used to enter and exit setting modes.
- **MODE Button:** Cycles through different watch modes (Time, Chronograph, Timer, Alarm).
- **START/SPLIT Button:** Starts/stops chronograph, sets values in setting mode.
- **STOP/RESET Button:** Stops chronograph, resets values, changes digits in setting mode.
- **INDIGLO Button:** Activates the Indiglo night-light.
- **Display:** Digital screen showing time, date, and other mode-specific information.
- **Strap:** Adjustable black 20mm nylon Fast Wrap strap with hook & loop closure.

3. INITIAL SETUP

3.1 Setting Time and Date

1. In Time mode, press and hold the **SET** button until the display flashes.
2. Press the **MODE** button to cycle through the settings: seconds, hour, minute, year, month, day.
3. Use the **START/SPLIT** button to increase the flashing value or the **STOP/RESET** button to decrease it.
4. Once all desired values are set, press the **SET** button again to exit the setting mode.

3.2 12/24-Hour Format

While in Time mode, press the **START/SPLIT** button to toggle between 12-hour (AM/PM indicator) and 24-hour (military time) formats.

3.3 Setting Second Time Zone (T2)

1. From Time mode, press the **MODE** button until "T2" appears on the display.
2. Press and hold the **SET** button until the display flashes.
3. Use the **START/SPLIT** and **STOP/RESET** buttons to adjust the hour and minute for the second time zone.

4. Press the **SET** button to save and exit.

4. OPERATING INSTRUCTIONS

4.1 Chronograph Mode

The chronograph measures elapsed time up to 100 hours with lap and split times.

1. Press the **MODE** button until "CHRONO" or "CHR" appears.
2. Press **START/SPLIT** to start timing.
3. Press **START/SPLIT** again to record a split time (display freezes, but timing continues). Press again to return to current elapsed time.
4. Press **STOP/RESET** to stop timing.
5. With the chronograph stopped, press **STOP/RESET** again to reset to zero.

4.2 Countdown Timer Mode

The timer can be set for up to 24 hours.

1. Press the **MODE** button until "TIMER" or "TMR" appears.
2. Press and hold the **SET** button until the display flashes.
3. Use **START/SPLIT** and **STOP/RESET** to set the desired countdown time (hours, minutes, seconds).
4. Press **SET** to save the time.
5. Press **START/SPLIT** to start the countdown.
6. Press **STOP/RESET** to pause the countdown. Press **START/SPLIT** to resume or **STOP/RESET** again to reset.
7. An audible alert will sound when the timer reaches zero.

4.3 Alarm Mode

The watch features three daily, weekday, or weekend alarms with a 5-minute backup snooze function.

1. Press the **MODE** button until "ALARM" or "ALM" appears. Cycle through AL1, AL2, AL3 using **MODE**.
2. Press and hold the **SET** button until the alarm time flashes.
3. Use **START/SPLIT** and **STOP/RESET** to set the desired alarm hour and minute.
4. Press **MODE** to select alarm frequency (DAILY, WEEKDAY, WEEKEND).
5. Press **SET** to save the alarm.
6. To activate/deactivate an alarm, select the alarm (AL1, AL2, or AL3) and press **START/SPLIT**. An alarm icon will appear when active.
7. When an alarm sounds, press any button to silence it. If no button is pressed, the snooze function will activate after 5 minutes.

4.4 Indiglo Night-Light

Press the **INDIGLO** button to illuminate the watch face for easy viewing in low-light conditions. The light will remain on for a few seconds.

5. MAINTENANCE

5.1 Battery Replacement

The watch uses 1 Lithium Metal battery (included). When the display dims or functions become erratic, it is time to replace the battery. Timex recommends having the battery replaced by a qualified jeweler or watch service center to ensure water

resistance is maintained.

Note: Opening the watch case yourself may compromise its water resistance and void the warranty.

5.2 Cleaning and Care

- Clean your watch with a soft, damp cloth. Do not use chemical cleaners.
- Avoid exposing the watch to extreme temperatures or direct sunlight for prolonged periods.
- The nylon strap can be hand-washed with mild soap and water, then air-dried.

5.3 Water Resistance

This watch is water-resistant to 100 meters (330 ft). This means it is suitable for snorkeling, as well as swimming, but not for scuba diving. Do not operate buttons underwater to maintain water resistance integrity.

6. TROUBLESHOOTING

Problem	Possible Cause	Solution
Display is dim or blank.	Low battery.	Replace battery (refer to Section 5.1).
Watch not keeping accurate time.	Incorrect time setting or low battery.	Reset time (refer to Section 3.1) or replace battery.
Buttons are unresponsive.	Watch may be in a locked mode or battery is very low.	Try pressing and holding all buttons simultaneously for a few seconds to reset (if applicable). Replace battery if issue persists.
Water inside the watch.	Water resistance compromised (e.g., buttons pressed underwater, case opened improperly).	Immediately take the watch to a qualified service center. Do not attempt to dry it yourself.

7. SPECIFICATIONS

- **Model Number:** T49949
- **Case Diameter:** 41mm
- **Case Material:** Resin
- **Lens Material:** Acrylic
- **Strap Material:** Nylon Fast Wrap with hook & loop closure
- **Strap Width:** 20mm
- **Water Resistance:** 100 meters (330 ft)
- **Battery:** 1 Lithium Metal battery (included)
- **Functions:** 100-hour chronograph with lap/split, 24-hour countdown timer, 3 daily/weekday/weekend alarms, 24-hour military time, 2 time zones, Indiglo night-light, month/day/date calendar.
- **Product Dimensions:** 5 x 5 x 5 inches; 1.28 ounces

8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the official Timex website or the documentation included

with your purchase. You can also visit the [Timex Store on Amazon](#) for additional product information.

A digital version of the user manual is available as a PDF:[User Manual \(PDF\)](#).

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Related Documents

	<p>Timex Kids Digital Watch User Guide - Operation and Features</p> <p>Comprehensive user guide for the Timex Kids digital watch (model 791-095007). Covers features, basic operations, setting time and date, chronograph, alarm, timer, INDIGLO night light, water resistance, strap adjustments, battery information, and warranty details.</p>
	<p>Timex Expedition Digital Watch User Manual</p> <p>Comprehensive user manual for the Timex Expedition Digital watch, covering functions, basic operations, time and date settings, alarm, timer, chronograph, INDIGLO night-light, water resistance, and battery information.</p>
	<p>Timex Marathon Digital Watch User Manual and Operating Instructions</p> <p>Comprehensive user guide for the Timex Marathon Digital watch. Learn how to set time, alarm, stopwatch, use INDIGLO night-light, and understand water resistance. Includes safety warnings and warranty information.</p>
	<p>Timex Expedition Digital World Time Solar Watch User Guide</p> <p>Comprehensive user guide for the Timex Expedition Digital World Time Solar watch (Model MIIR), covering functions, button operations, power saving, battery status, and world time zones.</p>

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no relevant documents