Tribest FL-3000

Tribest Fresh Life Sprouter FL-3000 Automatic Seed Sprouter Instruction Manual

Your guide to setting up, operating, and maintaining your Tribest Fresh Life Sprouter FL-3000 for fresh, home-grown sprouts.

Introduction

The Tribest Fresh Life Sprouter FL-3000 is an automatic hydroponic system designed to simplify the process of growing fresh, nutritious sprouts at home. This manual provides essential information for the safe and efficient use of your sprouter, from initial setup to daily operation and maintenance.

Important Safety Information

- Read all instructions before operating the appliance.
- Ensure the sprouter is placed on a stable, level surface away from direct heat sources.
- Do not immerse the electrical base unit in water or any other liquid.
- Unplug the unit from the power outlet before cleaning or when not in use.
- Keep out of reach of children.
- Use only original Tribest replacement parts and accessories.

Product Components

Familiarize yourself with the parts of your Tribest Fresh Life Sprouter FL-3000:


TRIBEST
freshlife
FL-3000

This image displays an exploded view of the Tribest Fresh Life Sprouter FL-3000, showing all individual components separated. These include the base unit, water reservoir, seed trays, watering arm, and power cord.

1. **Base Unit:** Houses the motor and water pump.
2. **Water Reservoir:** Holds the water for the automatic watering system.
3. **Seed Trays:** Circular trays with a mesh bottom where seeds are placed for sprouting. The FL-3000 supports up to three trays (additional trays sold separately).
4. **Watering Arm:** Distributes water evenly over the seeds.
5. **Lid:** Covers the top seed tray.
6. **Power Cord:** Connects the unit to an electrical outlet.

Setup Instructions

1. **Unpack:** Carefully remove all components from the packaging. Retain packaging for future storage or transport.
2. **Clean:** Wash all non-electrical parts (seed trays, watering arm, lid, water reservoir) with warm, soapy water. Rinse thoroughly and dry. Do not wash the base unit.
3. **Assemble:**
   a. Place the base unit on a stable, level surface.
   b. Position the water reservoir onto the base unit.
   c. Insert the watering arm into the center of the water reservoir, ensuring it is securely seated over the pump outlet.
   d. Place one or more seed trays onto the water reservoir, aligning the center hole with the watering arm.
   e. Place the lid on the topmost seed tray.
4. **Power Connection:** Plug the power cord into the base unit, then into a standard electrical outlet.

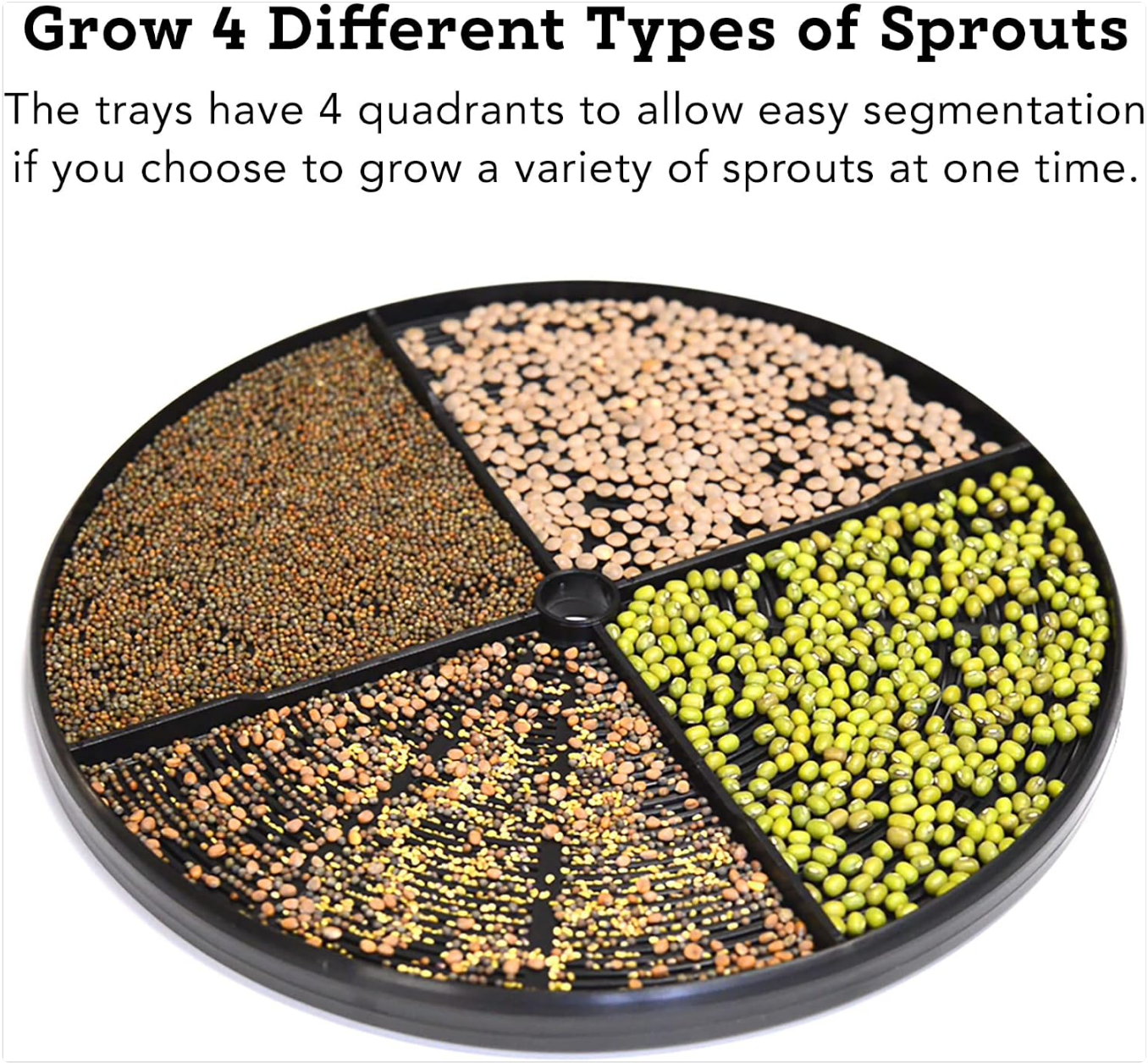
Operating Instructions

Preparing Seeds

- Select high-quality sprouting seeds.
- Rinse seeds thoroughly under cool running water.
- Soak seeds according to specific seed instructions (typically 4-12 hours). Drain well after soaking.

Starting the Sprouter

1. **Add Water:** Fill the water reservoir with clean, filtered water up to the indicated fill line.
2. **Add Seeds:** Distribute the pre-soaked and drained seeds evenly across the mesh of the seed tray(s). Avoid overcrowding. The sprouter's design allows for growing different types of sprouts simultaneously using its quadrant system.



This image shows a circular seed tray divided into four quadrants, each filled with a different type of seed, demonstrating the ability to sprout multiple varieties at once.

3. **Power On:** Plug in the unit and switch it on. The automatic watering system will begin its cycle.

Automatic Watering System

The FL-3000 features an automatic watering system that intermittently waters your sprouts. It operates by watering for approximately 5 minutes, then resting for 25 minutes, and repeating this cycle throughout the day. This ensures consistent moisture for optimal sprout growth.



This image illustrates the Tribest Fresh Life Sprouter FL-3000 in operation, with text explaining its automatic watering cycle: 5 minutes of watering followed by 25 minutes of rest, repeated continuously.

The unit is designed to sprout up to three barrels simultaneously (additional barrels sold separately), allowing for a larger yield. The adjustable water pressure system ensures efficient watering across multiple levels.

Up to 3 Levels of Sprouting

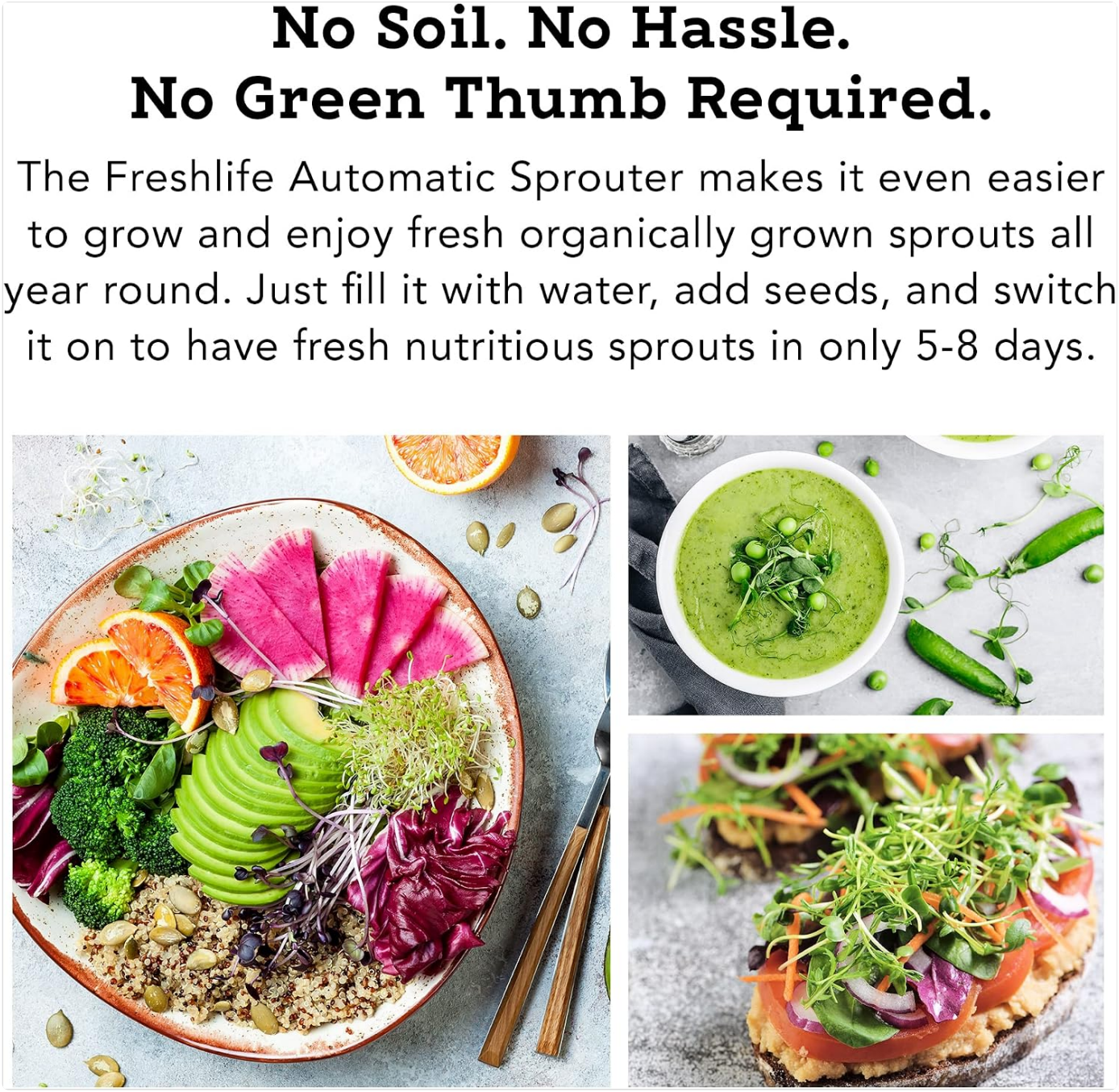
With the new adjustable water pressure system and powerful motor, you can now sprout up to three barrels at a time, making it easier and faster to harvest delicious sprouts in your own kitchen.
Extra barrels sold separately.



This image displays three Tribest Fresh Life Sprouter FL-3000 units stacked vertically, demonstrating the product's capability to sprout on multiple levels simultaneously.

Harvesting Sprouts

Sprouts are typically ready for harvest in 5-8 days, depending on the seed type and desired growth stage. Once ready, simply remove the sprout-filled tray(s) from the unit. Rinse the harvested sprouts gently under cool water and store them in an airtight container in the refrigerator for up to a week.



This image showcases several culinary applications of fresh sprouts, including a vibrant salad bowl, a green soup, and an open-faced sandwich, highlighting their versatility in meals.

Care and Maintenance

Daily Water Change

To prevent the buildup of debris and ensure optimal sprout health, it is recommended to change the water in the reservoir daily. Unplug the unit, carefully remove the seed trays, empty the old water, rinse the reservoir, and refill with fresh, clean water before reassembling.

Cleaning

- After each harvest, thoroughly clean all non-electrical components (trays, watering arm, lid, reservoir) with warm, soapy

water and a soft brush if necessary. Rinse completely to remove any soap residue.

- Wipe the exterior of the base unit with a damp cloth. Do not submerge the base unit in water.
- Periodically inspect the pump and watering arm for any blockages and clean as needed.

Troubleshooting

Problem	Possible Cause	Solution
Unit does not turn on.	Not plugged in; power outlet malfunction; unit switch off.	Ensure power cord is securely plugged into both the unit and a working electrical outlet. Check the power switch.
Water is not spraying.	Water reservoir empty; watering arm not properly seated; pump blockage.	Check water level. Re-seat the watering arm. Unplug the unit and inspect the pump for any debris or blockages.
Slime or mold growth.	Infrequent water changes; poor seed quality; excessive heat/humidity.	Change water daily. Use fresh, high-quality sprouting seeds. Ensure adequate ventilation and avoid direct sunlight. Clean all components thoroughly.
Seeds not sprouting.	Old or non-viable seeds; improper soaking; incorrect temperature.	Use fresh, viable sprouting seeds. Ensure proper soaking time. Maintain a suitable room temperature (typically 65-75°F / 18-24°C).

Specifications

- **Model:** FL-3000
- **Brand:** Tribest
- **Dimensions:** 10 x 10 x 11 inches (L x W x H)
- **Item Weight:** 7 pounds
- **Color:** Green
- **Power:** Standard electrical outlet (120V AC for US market)
- **UPC:** 009375600532, 888817582342
- **First Available:** March 3, 2010



This image shows the Tribest Fresh Life Sprouter FL-3000 with its approximate dimensions: 10 inches in width and 14.5 inches in height. Please refer to the text specifications for precise measurements.

Product Overview Video

Watch this short video for a quick overview of the Tribest Fresh Life Sprouter FL-3000's features and benefits.

Your browser does not support the video tag.

This video provides a brief demonstration of the Tribest Fresh Life Sprouter FL-3000, showcasing its automatic watering, stackable design, and the ease of growing fresh sprouts.

Warranty and Customer Support

For warranty information, technical assistance, or to purchase additional accessories, please visit the official Tribest store or contact customer support.

Visit the Tribest Store

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question