

HUDORA 64002

HUDORA Gymnastics Bar Fabian Standard/Pro Instruction Manual

Model: 64002

1. PRODUCT OVERVIEW

The HUDORA Fabian Gymnastics Bar is a high-quality, stable, and height-adjustable gymnastics bar designed for outdoor use. It is suitable for both children and adults, supporting a maximum user weight of 100 kg. Its robust, weather-resistant construction ensures durability for long-term use in your garden or outdoor training area.

This model features 4 adjustable height levels, allowing it to adapt to users of different ages and sizes, from approximately 71.5 cm to 150 cm. The design incorporates cross-reinforced horizontal fasteners for enhanced safety and stability.

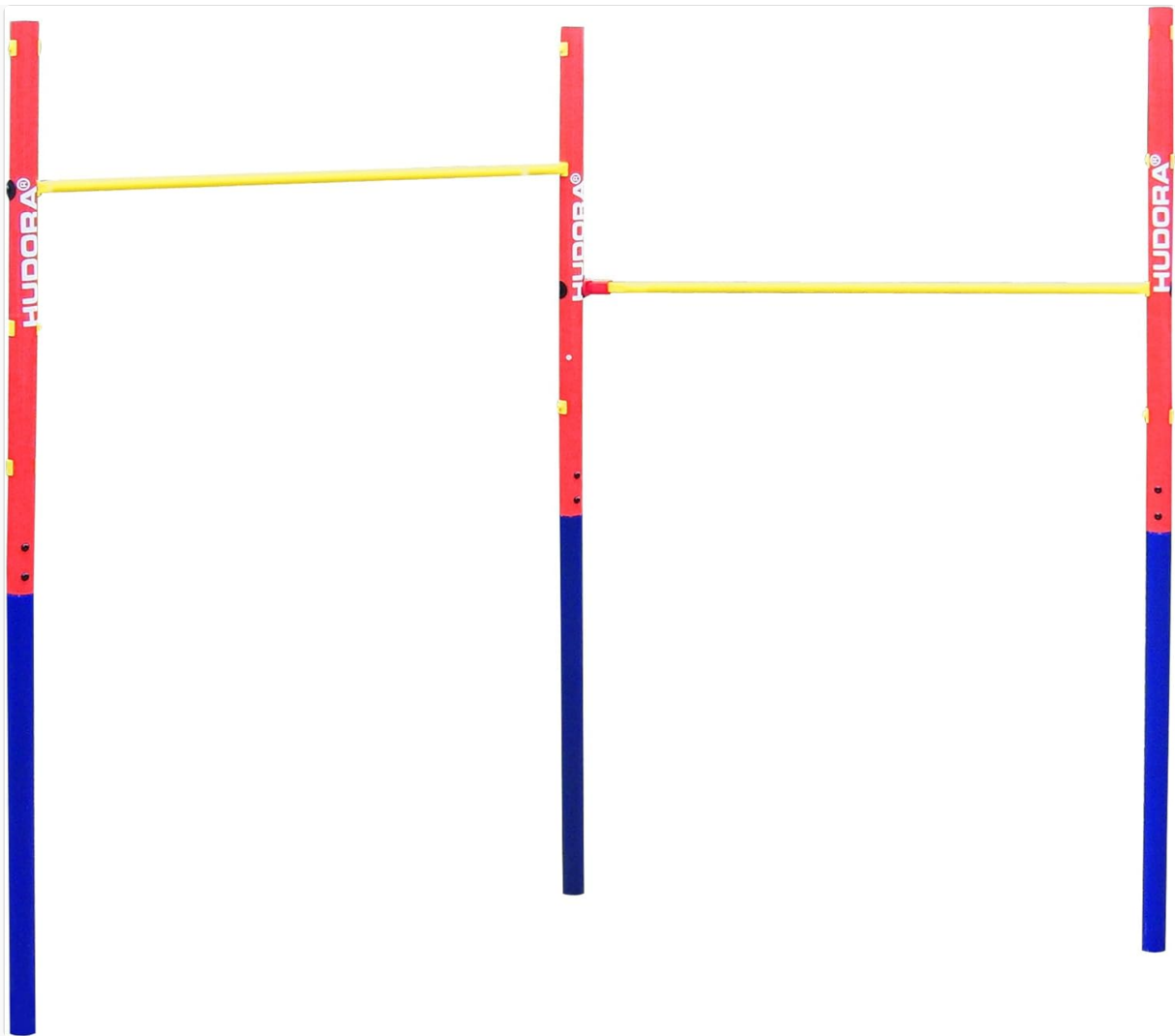


Image 1.1: The HUDORA Gymnastics Bar Fabian Standard/Pro, showing its red and blue posts with a yellow horizontal bar.

2. SAFETY INFORMATION

- **Maximum User Weight:** Do not exceed 100 kg (220 lbs) on the gymnastics bar.
- **Installation:** Ensure the gymnastics bar is securely installed in concrete using the provided ground anchors. Improper installation can lead to instability and injury.
- **Supervision:** Children should always be supervised by an adult while using the gymnastics bar.
- **Inspection:** Before each use, inspect all components for wear, damage, or loose connections. Do not use the product if any part is damaged.
- **Clearance:** Ensure adequate clear space around the gymnastics bar to prevent collisions during use.
- **Weather Conditions:** Avoid using the bar during extreme weather conditions such as heavy rain, strong winds, or lightning.

3. SETUP AND ASSEMBLY

The HUDORA Fabian Gymnastics Bar requires permanent installation into concrete for optimal stability and safety. All necessary mounting materials are included.

3.1 Package Contents

Before beginning assembly, verify that all components listed below are present:

- Double Gymnastics Bar (posts and horizontal bars)
- Ground Anchors
- Mounting Hardware (bolts, nuts, washers)
- Instruction Manual (this document)

3.2 Required Tools (Not Included)

- Shovel or post-hole digger
- Level
- Concrete mix
- Water
- Wrench set

3.3 Installation Steps

1. **Site Selection:** Choose a level outdoor area with sufficient clearance around the bar for safe use.
2. **Digging Holes:** Dig two holes for the posts according to the product dimensions (approximately 154 cm apart for the base). The depth should accommodate the ground anchors and concrete foundation, ensuring the bar's stability.
3. **Assemble Posts:** Attach the ground anchors to the bottom of the posts.
4. **Position Posts:** Place the posts with attached anchors into the dug holes. Ensure the posts are plumb (vertical) using a level.
5. **Pour Concrete:** Mix and pour concrete into the holes around the ground anchors. Ensure the concrete fully encases the anchors and the base of the posts.
6. **Cure Concrete:** Allow the concrete to cure completely as per the concrete manufacturer's instructions (typically 24-72 hours) before proceeding with further assembly or use.
7. **Attach Horizontal Bars:** Once the concrete is fully cured, attach the horizontal gymnastics bars to the posts using the provided mounting hardware. Ensure all bolts are tightened securely.
8. **Final Check:** Verify that the entire structure is stable and all connections are tight.

4. OPERATING INSTRUCTIONS

4.1 Height Adjustment

The HUDORA Fabian Gymnastics Bar offers 4 adjustable height levels, ranging from approximately 71.5 cm to 150 cm. To adjust the height:

1. Locate the adjustment pins or bolts on the posts.
2. Carefully remove the pins/loosen the bolts on both sides of the horizontal bar.
3. Adjust the horizontal bar to the desired height, aligning the holes on the bar with the corresponding holes on the posts.
4. Reinsert the pins/tighten the bolts securely on both sides. Ensure they are fully engaged and the bar is stable before use.



Image 4.1: A child demonstrating use of the HUDORA Gymnastics Bar, highlighting its suitability for younger users.

4.2 Intended Use

This gymnastics bar is designed for recreational gymnastics and fitness activities in an outdoor setting. It is suitable for various exercises including swinging, hanging, and basic acrobatic movements, provided the user adheres to the maximum weight limit and safety guidelines.

5. MAINTENANCE

Regular maintenance will extend the life of your HUDORA Gymnastics Bar and ensure continued safe operation.

- **Cleaning:** Clean the metal surfaces with a damp cloth and mild detergent. Avoid abrasive cleaners that could damage the powder coating.
- **Inspection:** Periodically check all bolts, nuts, and connections for tightness. Tighten any loose fasteners. Inspect the posts and bars for any signs of rust, cracks, or structural damage.
- **Ground Stability:** Ensure the concrete foundation remains stable and free from cracks. Address any issues promptly.
- **Weather Protection:** While the materials are weather-resistant, prolonged exposure to extreme conditions can cause wear. Consider covering the bar during long periods of non-use or harsh weather to prolong its lifespan.

6. TROUBLESHOOTING

Problem	Possible Cause	Solution
Bar feels wobbly or unstable after assembly.	Loose fasteners; insufficient concrete curing; improper ground installation.	Ensure all bolts are tightened. Allow concrete to fully cure. Re-evaluate ground installation if necessary.
Missing parts upon delivery.	Packaging error or transit damage.	Contact HUDORA customer support or the retailer immediately with your purchase details. Do not attempt to assemble with missing parts.
Difficulty adjusting height.	Pins/bolts are stuck or misaligned.	Ensure pins/bolts are fully disengaged. Clean any debris from adjustment holes. Apply a small amount of lubricant if necessary.

If you encounter issues not listed here or require further assistance, please contact HUDORA customer support.

7. SPECIFICATIONS

- **Model:** Fabian Standard/Pro
- **Item Number:** 64002
- **Brand:** HUDORA
- **Material:** Alloy Steel (powder-coated)
- **Color:** Multicolored (Red, Blue, Yellow)
- **Adjustable Heights:** Approx. 71.5 cm to 150 cm (4 levels)
- **Horizontal Bar Length:** 118 cm
- **Horizontal Bar Diameter:** 25 mm
- **Post Height:** 107 cm (above ground)
- **Post Diameter:** 50 mm
- **Maximum User Weight:** 100 kg
- **Product Dimensions (installed in concrete):** Approx. 154 cm (width) x 123 cm (depth) x 5 cm (base thickness in concrete) - Note: Height varies by adjustment.
- **Item Weight:** 10 kg
- **Intended Use:** Outdoor
- **Included Components:** Double gymnastics bar, mounting material

8. WARRANTY AND SUPPORT

For information regarding warranty coverage, please refer to the terms and conditions provided at the time of purchase or contact your retailer. HUDORA products are designed for durability and quality.

For technical support, replacement parts, or any inquiries not covered in this manual, please contact HUDORA customer service. You can often find contact information on the manufacturer's official website or through the retailer where you purchased the product.

Visit the official HUDORA brand store for more information: [HUDORA Brand Store](#)

