

## Philips SHQ1200/28

# Philips SHQ1200/28 ActionFit Sports In-Ear Headphones User Manual

Model: SHQ1200/28

## INTRODUCTION

The Philips SHQ1200/28 ActionFit Sports In-Ear Headphones are designed for active lifestyles, offering a secure and comfortable fit during workouts. These wired headphones provide reliable audio performance with a focus on durability and user comfort.

### Key Features:

- **Wired Connectivity:** Ensures a stable audio connection.
- **Lightweight Design:** Weighing only 4 grams for ultra-lightweight comfort.
- **Sweat and Rain Resistant:** Ideal for various workout conditions.
- **Anti-slip Rubber Ear Caps:** Designed to keep headphones securely in place.
- **Kevlar-reinforced Cable:** Provides enhanced durability against tearing and breaking.
- **3.5mm Jack Connection:** For broad compatibility with audio devices.

## WHAT'S IN THE BOX

Upon opening your Philips SHQ1200/28 ActionFit Sports In-Ear Headphones package, you should find the following items:

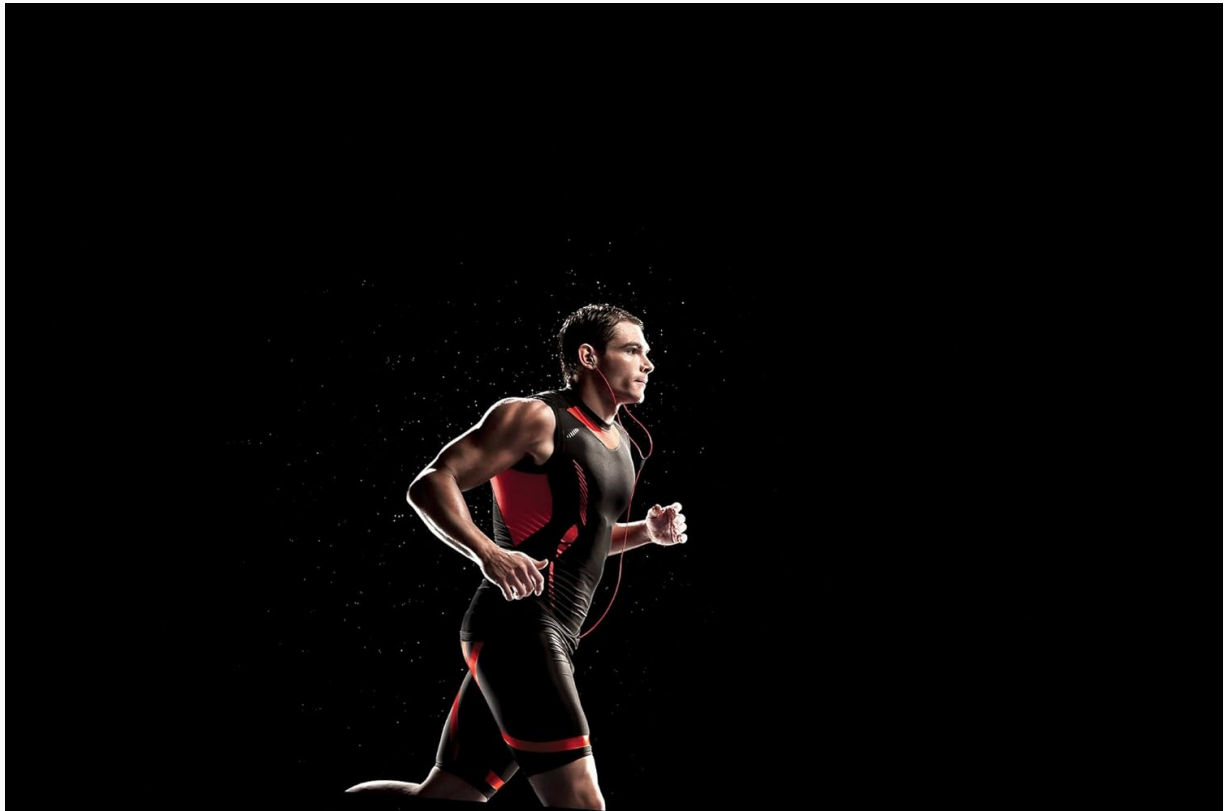
- ActionFit Sports Performance Headphones (gray/orange)
- Multiple sizes of ear caps (Small, Medium, Large)
- Cable clip
- Protective pouch



*Image: Included ear caps in small, medium, and large sizes to ensure an optimal fit for different ear canal sizes.*

## SETUP

1. **Select the Correct Ear Cap Size:** Choose the ear caps (Small, Medium, or Large) that provide the most comfortable and secure fit for your ears. A proper fit is crucial for optimal sound quality and to keep the headphones in place during physical activity.
2. **Insert Headphones:** Gently insert the earbud into your ear canal. The anti-slip rubber material is designed to help them stay put.
3. **Connect to Audio Device:** Plug the 3.5mm jack into the audio output port of your smartphone, MP3 player, or other compatible device.
4. **Secure Cable (Optional):** Use the provided cable clip to secure the cable to your clothing, reducing cable movement during exercise.



*Image: A person demonstrating the secure fit of the Philips ActionFit headphones during a run, highlighting their suitability for sports activities.*

## OPERATING INSTRUCTIONS

Once connected, your Philips SHQ1200/28 headphones are ready for use. Simply start playing audio from your connected device. The headphones are designed to deliver clear sound for your listening pleasure during active use.

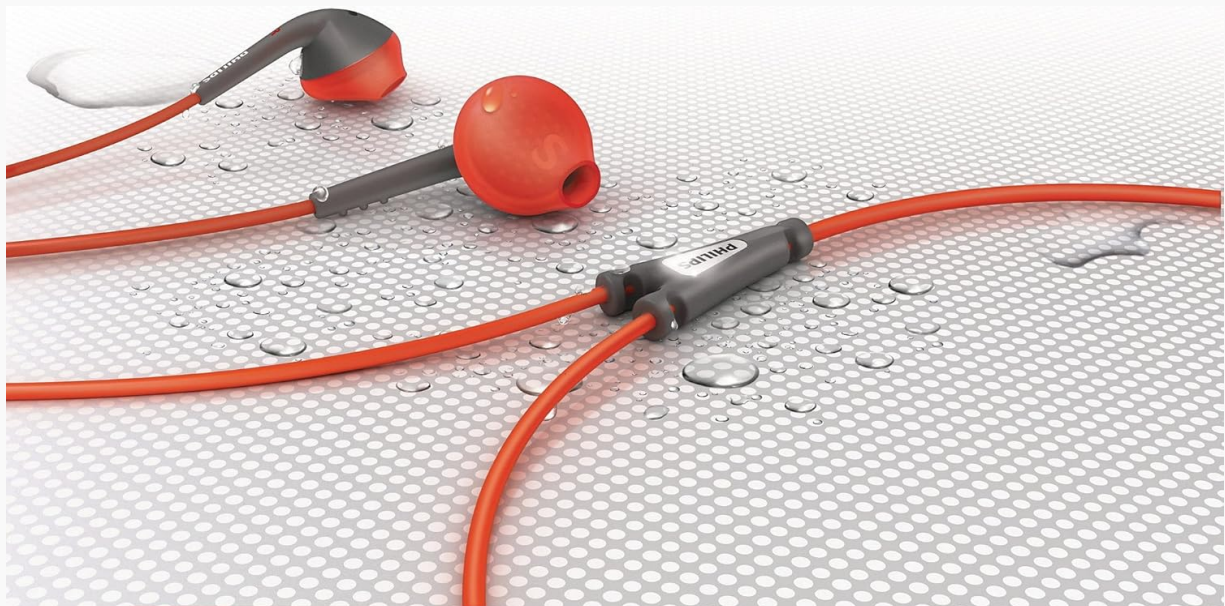
### Volume Control:

Adjust the volume directly from your connected audio device. These headphones do not feature integrated volume controls.

## MAINTENANCE

To ensure the longevity and optimal performance of your Philips SHQ1200/28 headphones, follow these maintenance guidelines:

- **Cleaning Ear Caps:** Regularly remove the ear caps and clean them with a mild soap solution and water. Ensure they are completely dry before reattaching.
- **Cleaning Earbuds:** Gently wipe the earbuds with a soft, dry cloth to remove any earwax or debris. Avoid using harsh chemicals or excessive moisture.
- **Cable Care:** While the Kevlar-reinforced cable is durable, avoid sharp bends or excessive pulling. Store the headphones in the provided protective pouch to prevent tangling and damage.
- **Storage:** When not in use, store your headphones in a cool, dry place, away from direct sunlight and extreme temperatures.



*Image: The Philips ActionFit headphones are shown with water droplets, illustrating their sweat and rain-resistant design, making them suitable for outdoor and intense activities.*

## TROUBLESHOOTING

Problem	Solution
No sound or low volume	<ul style="list-style-type: none"> <li>◦ Ensure the 3.5mm jack is fully inserted into your device.</li> <li>◦ Check the volume level on your audio device.</li> <li>◦ Test with another audio device to rule out device issues.</li> <li>◦ Inspect the cable for any visible damage.</li> </ul>
Headphones do not stay in ears	<ul style="list-style-type: none"> <li>◦ Try different sizes of ear caps to find the most secure fit.</li> <li>◦ Ensure the ear caps are correctly attached to the earbuds.</li> </ul>
Sound quality is poor	<ul style="list-style-type: none"> <li>◦ Ensure ear caps are clean and properly seated.</li> <li>◦ Check the audio source for quality issues.</li> <li>◦ Verify the 3.5mm jack connection is secure.</li> </ul>

## SPECIFICATIONS

<b>Brand</b>	Philips
<b>Model Number</b>	SHQ1200/28
<b>Color</b>	Orange
<b>Connectivity Technology</b>	Wired
<b>Headphone Jack</b>	3.5 mm Jack
<b>Ear Placement</b>	In Ear
<b>Form Factor</b>	In Ear
<b>Impedance</b>	32 Ohms
<b>Frequency Range</b>	20 Hz - 20,000 Hz
<b>Sensitivity</b>	20 dB
<b>Audio Driver Size</b>	13.5 Millimeters
<b>Water Resistance Level</b>	Water Resistant
<b>Item Weight</b>	0.03 Pounds
<b>Material</b>	Rubber

## VIDEO DEMONSTRATIONS

### Philips SHQ1200/28 ActionFit Sports Headphones Overview

Your browser does not support the video tag.

*Video: An official overview of the Philips SHQ1200/28 ActionFit Sports Headphones, detailing their features and design for active users.*

## **WARRANTY AND SUPPORT**

---

For warranty information and customer support, please refer to the documentation included with your product or visit the official Philips support website. Keep your proof of purchase for any warranty claims. For further information, you may also visit the [Philips Store on Amazon](#).