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SEIKO 5 Compass Automatic Watch SKZ211J1 User Manual

Model: SKZ211J1

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INTRODUCTION

This manual provides instructions for the proper use and care of your SEIKO 5 Compass Automatic Watch, model SKZ211J1. This timepiece features a Caliber 7S36 automatic self-winding movement, a black dial with luminous hands and markers, a uni-directional rotating bezel, and an inner rotating compass scale. It is designed for durability with a stainless steel case and bracelet, Hardlex crystal, and 200-meter water resistance.

SETUP

1. Unboxing Your Watch

Carefully remove your SEIKO 5 Compass Automatic Watch from its packaging. Ensure all components, including the watch and any accompanying documentation, are present.



Image: The SEIKO watch box, featuring a white exterior and a black interior with the SEIKO logo prominently displayed. The watch would typically be secured inside on a cushion.

2. Initial Winding

Your watch is equipped with an automatic self-winding movement (Caliber 7S36). It does not require a battery. To start the watch, gently swing it from side to side in a horizontal arc for about 30 seconds. This will provide enough power reserve to begin operation. The watch will continue to wind itself through the natural motion of your arm while worn.

3. Setting the Time and Date

1. **Crown at 4 O'Clock:** Unscrew the crown at the 4 o'clock position by turning it counter-clockwise until it springs out.
2. **Setting the Date and Day:** Pull the crown out to the first click. Turn the crown clockwise to set the date and counter-clockwise to set the day. Avoid setting the date/day between 9:00 PM and 3:00 AM, as this can damage the movement. If the time falls within this period, first advance the time past 3:00 AM, then set the date/day, and finally set the correct time.
3. **Setting the Time:** Pull the crown out to the second click. Turn the crown to set the hour and minute hands. To ensure accuracy, set the minute hand a few minutes past the desired time and then turn it back. Push the crown back in completely when the time is set.
4. **Securing the Crown:** Screw the crown back in tightly by turning it clockwise while pushing it gently towards the case. This ensures water resistance.

OPERATION

Automatic Movement (Caliber 7S36)

The SEIKO 5 SKZ211J1 features an automatic mechanical movement. It is powered by the motion of your wrist and does not require a battery. When fully wound, the watch has a power reserve that allows it to run for approximately 40 hours without being worn. If the watch stops, simply wear it or gently swing it for a short period to restart it.

Using the Inner Rotating Compass Scale

This watch includes an inner rotating compass scale, operated by the crown at the 9 o'clock position. To use the compass function:

- In the Northern Hemisphere:** Point the hour hand towards the sun. Rotate the inner compass bezel so that the "S" (South) mark is halfway between the hour hand and the 12 o'clock mark on the dial. The other cardinal directions (N, E, W) will then be correctly oriented.
- In the Southern Hemisphere:** Point the 12 o'clock mark towards the sun. Rotate the inner compass bezel so that the "N" (North) mark is halfway between the 12 o'clock mark and the hour hand. The other cardinal directions will then be correctly oriented.
- Note:** This method provides an approximate direction and is most accurate when the sun is visible and you are away from strong magnetic fields.

Water Resistance (200 Meters)

Your SEIKO SKZ211J1 watch is water resistant to 200 meters (20 ATM). This makes it suitable for swimming, snorkeling, and recreational diving. Always ensure the crown at 4 o'clock is fully screwed down before exposing the watch to water. Do not operate the crown or pushers (if any) while the watch is wet or submerged.

MAINTENANCE

Cleaning

Wipe the watch case and bracelet regularly with a soft, dry cloth to remove dust and perspiration. For more thorough cleaning, especially after exposure to saltwater, rinse the watch with fresh water and dry it completely with a soft cloth. Avoid using harsh chemicals or abrasive materials.

Care for Stainless Steel

The stainless steel case and bracelet are durable but can scratch. Avoid contact with hard or abrasive surfaces. If scratches occur, professional polishing may be an option.

Water Resistance Precautions

- Always ensure the screw-down crown is fully tightened before water exposure.
- Do not operate the crown or adjust settings while the watch is wet or submerged.
- Avoid exposing the watch to extreme temperature changes (e.g., hot shower immediately followed by cold water), as this can compromise seals.
- Have the water resistance seals checked periodically (e.g., every 2-3 years) by an authorized service center, especially if the watch is frequently used in water.

Service

For optimal performance and longevity, it is recommended to have your automatic watch serviced by an authorized SEIKO service center every 3-5 years. This includes cleaning, lubrication, and adjustment of the movement.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Watch has stopped or runs intermittently.	Insufficient power reserve.	Wear the watch for several hours or gently swing it side-to-side for 30 seconds to build up power reserve.
Date/Day does not change at midnight.	Time is set for AM/PM incorrectly, or date/day was set during restricted hours.	Advance the time by 12 hours. If the issue persists, reset the time and date, ensuring not to adjust between 9 PM and 3 AM.
Watch runs too fast or too slow.	Exposure to strong magnetic fields, or requires regulation.	Keep the watch away from magnetic sources. If accuracy issues persist, seek professional service.
Water inside the watch or fogging under crystal.	Crown not fully screwed down, or seals compromised.	Immediately take the watch to an authorized service center. Do not attempt to dry it yourself.

SPECIFICATIONS

Feature	Detail
Model Number	SKZ211J1
Movement	Automatic Self-Wind, Caliber 7S36, 23 Jewels
Case Material	Stainless Steel
Bracelet Material	Stainless Steel
Crystal	Hardlex (Scratch Resistant)
Dial Color	Black
Bezel	Uni-directional Rotating, Black Ion-plated
Hands & Markers	Luminous Yellow Hours and Minutes Hands, Luminous Markers
Crowns	Screw Down Crown at 4 O'Clock (Time/Date), Crown at 9 O'Clock (Compass)
Functions	Day and Date Display, Inner Rotating Compass Scale
Water Resistance	200 Meters (20 ATM)
Case Diameter	42mm
Case Thickness	14mm

Feature	Detail
Band Width	22mm
Clasp Type	Fold Over Clasp (Deployment Clasp)
Origin	Made In Japan

WARRANTY AND SUPPORT

Manufacturer's Warranty

Your SEIKO watch is covered by a manufacturer's warranty against defects in materials and workmanship. The specific terms and duration of the warranty may vary by region. Please refer to the warranty card included with your watch for detailed information.

Customer Support

For service, repairs, or any questions regarding your SEIKO watch, please contact an authorized SEIKO service center. You can find a list of authorized service centers on the official SEIKO website or by contacting SEIKO customer service. Always ensure that any repairs or maintenance are performed by qualified technicians using genuine SEIKO parts to maintain the integrity and warranty of your timepiece. For more information, visit the official [SEIKO Store on Amazon](#).