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Philips Avent SCF330/20 Manual Comfort Breast Pump User Manual

Brand: Philips Avent | Model: SCF330/20

INTRODUCTION

The Philips Avent SCF330/20 Manual Comfort Breast Pump is engineered to provide a comfortable and efficient milk expression experience. Its unique design allows for an upright pumping position, promoting natural milk flow. The pump features a soft massage cushion designed to gently stimulate milk flow, mimicking a baby's natural suckling. This manual pump is ideal for use at home or on the go, offering a lightweight and compact solution for mothers.

This manual will guide you through the proper use, assembly, cleaning, and maintenance of your breast pump to ensure optimal performance and hygiene.

IMPORTANT SAFETY INFORMATION

Please read all instructions before using the Philips Avent Manual Comfort Breast Pump. Keep this user manual for future reference.

- Always inspect the product before each use for any signs of damage. Discard if damaged.
- Ensure all parts are clean and sterilized before first use and after each subsequent use.
- Never leave the breast pump unattended with children.
- This product is intended for personal use only. Sharing breast pumps can pose health risks.
- Do not use abrasive cleaning agents or anti-bacterial cleaners on the pump parts.
- All components that come into contact with breast milk are BPA-free.



Image: A label indicating "BPA Free" materials, ensuring product safety.

PRODUCT COMPONENTS

The Philips Avent Manual Comfort Breast Pump consists of a few easily assembled parts:

- **Pump Body:** The main unit that connects to the breast shield and bottle.

- **Ergonomic Handle:** Designed for comfortable, one-handed operation.
- **Soft Massage Cushion:** A petal-textured silicone cushion that fits inside the breast shield for gentle stimulation.
- **Valve:** Ensures proper suction and milk flow.
- **Dust Cap:** For hygienic storage of the breast pump.
- **Natural Bottle (4 oz):** For collecting expressed milk.
- **Natural Newborn Nipple:** For feeding the baby directly from the collection bottle.
- **Cleaning Brush:** For thorough cleaning of pump components.



Image: An exploded view illustrating all the individual components of the manual breast pump for easy identification.

SETUP AND ASSEMBLY

Before first use, and after each subsequent use, disassemble all parts and clean them thoroughly. Sterilize all parts that come into contact with breast milk.

Sterilization

You can sterilize the pump components by:

- Using a Philips Avent steam sterilizer.
- Boiling in water for 5 minutes.

Assembly Steps

The breast pump is designed for straightforward assembly with only a few parts:

1. Insert the valve into the pump body.
2. Place the soft massage cushion into the breast shield, ensuring it fits snugly.
3. Attach the breast shield assembly to the pump body.
4. Connect the ergonomic handle to the pump body.
5. Screw the collection bottle onto the bottom of the pump body.



Image: The Philips Avent Manual Breast Pump shown assembled, ready for use.

OPERATING INSTRUCTIONS

Using your Philips Avent Manual Comfort Breast Pump is designed to be intuitive and comfortable.

Positioning for Comfort

- Sit comfortably in an upright position. The unique design of this pump allows milk to flow directly from your breast into the bottle even when sitting upright, eliminating the need to lean forward.
- Place the breast shield onto your breast, ensuring your nipple is centered and the cushion forms a good seal around your breast.



Image: A woman demonstrating the comfortable, upright pumping position with the breast pump, highlighting the adaptive

silicone cushion.

Expression Process

- Gently squeeze the ergonomic handle to create suction. Release the handle to allow the milk to flow.
- Repeat this action rhythmically, mimicking your baby's suckling pattern. The soft massage cushion will help stimulate milk flow.
- Adjust the rhythm and pressure as needed to find what is most comfortable and effective for you.
- Continue pumping until milk flow slows or your breast feels empty.



Image: A close-up of a hand operating the ergonomic handle of the breast pump, designed for comfortable expression.

Feeding with the Natural Bottle

The collection bottle can be directly used for feeding. Simply remove the pump body and attach the included Natural newborn nipple and cap to the bottle.

Your browser does not support the video tag.

Video: An official Philips Avent video demonstrating the features and ease of use of the Comfort breast pump range, including the manual pump, and how it facilitates combining breast and bottle feeding.

CLEANING AND MAINTENANCE

Proper cleaning and maintenance are crucial for hygiene and the longevity of your breast pump.

Cleaning

- Disassemble all parts immediately after use.
- Wash all parts in warm soapy water. Use the included cleaning brush for thorough cleaning.
- All parts are dishwasher safe (top rack only).
- Rinse thoroughly with clean water.

Sterilization

After cleaning, sterilize all parts that come into contact with breast milk using one of the following methods:

- Steam sterilization (e.g., Philips Avent steam sterilizer).
- Boiling in water for 5 minutes.



Image: A Philips Avent sterilizer with a bottle, illustrating the process of safe and easy sterilization for pump components.

Storage

Store clean and dry parts in a clean, covered container. Use the dust cap for the breast pump assembly when not in use.



Image: The compact design of the breast pump allows for easy storage and portability, as shown being placed into a bag.

TROUBLESHOOTING

If you encounter issues with your Philips Avent Manual Comfort Breast Pump, consider the following common solutions:

- **Low Suction:**

- Ensure all parts are correctly assembled and securely connected.
- Check the valve for any tears or damage. A damaged valve can significantly reduce suction.
- Verify the soft massage cushion is properly seated and forms a tight seal around your breast.

- **Milk Not Flowing:**

- Adjust your pumping rhythm and pressure.
- Ensure you are relaxed and in a comfortable position. Stress can inhibit milk flow.
- Check for any blockages in the milk path or valve.

- **Discomfort During Pumping:**

- Ensure your nipple is centered in the breast shield.
- Do not apply excessive pressure with the pump. Pumping should not be painful.
- Consider if a different size breast shield might be more comfortable (sold separately).

If problems persist, please refer to the support section for contact information.

SPECIFICATIONS

Feature	Detail
Model Number	SCF330/20
Product Dimensions	3.54 x 7.72 x 8.86 inches
Item Weight	10.6 ounces
Material Free	BPA Free
Pump Type	Manual
Dishwasher Safe	Yes (for all parts)
Included Components	One standard-sized cushion, one 4-ounce Natural bottle, one Natural newborn nipple, Cleaning Brush

WARRANTY AND SUPPORT

For specific warranty information regarding your Philips Avent Manual Comfort Breast Pump, please refer to the warranty card included in your product packaging or visit the official Philips Avent website. Philips Avent is committed to providing high-quality products and customer satisfaction.

For further assistance, product registration, or to find replacement parts, please visit the [Philips Avent official website](#) or contact Philips customer support directly.

