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› NOW Foods Zinc Gluconate 50 mg Supplements User Manual

NOW Foods 1520

NOW Foods Zinc Gluconate 50 mg Supplements User Manual

Model: 1520 | **Brand:** NOW Foods

1. INTRODUCTION

This manual provides essential information for the proper use and understanding of NOW Foods Zinc Gluconate 50 mg supplements. Zinc is a vital mineral that supports numerous bodily functions, including immune health, enzyme activity, and skin integrity. This product is designed to supplement dietary intake of zinc.



Image 1: NOW Foods Zinc Gluconate 50 mg bottle. This image displays the product packaging, a white bottle with an orange and green label, indicating 'Zinc 50 mg Immune Support' and '100 Tablets'.

2. KEY BENEFITS

NOW Foods Zinc Gluconate 50 mg offers several key benefits:

- **Supports Enzyme Functions:** Zinc is crucial for the normal function of many organs and systems, including skeletal, immune, neurological, and endocrine systems.
- **Immune Support:** It acts as a necessary mineral co-factor for hundreds of enzymatic reactions involved in protein and carbohydrate metabolism, RNA/DNA synthesis, and intercellular signaling, contributing to a healthy immune response.
- **Promotes Healthy Skin:** Zinc plays a critical role in the body's free radical neutralizing activities and is especially helpful for maintaining healthy aging and skin health.

3. USAGE INSTRUCTIONS (OPERATING)

3.1. Dosage

Take **1 tablet daily** with a meal.

3.2. Administration

It is recommended to take the tablet with food to minimize potential stomach upset. The tablets are small and easy to swallow.



Image 2: Zinc tablet size comparison. This image shows a ruler in inches and centimeters next to a small white tablet, illustrating its compact size for easy swallowing.

Your browser does not support the video tag.

Video 1: Small size tablets. This video demonstrates the small size of the NOW Foods Zinc tablets, highlighting their ease of consumption.

4. INGREDIENTS

4.1. Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 100

Description	Amount per Serving	% Daily Value
Zinc (elemental) (from 403 mg Zinc Gluconate)	50 mg	455%

4.2. Other Ingredients

Microcrystalline Cellulose, Vegetarian Coating, Magnesium Stearate (vegetable source), and Silicon Dioxide.

4.3. Allergen Information

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.





Image 3: Supplement Facts label. This image provides a clear view of the Supplement Facts panel on the NOW Foods Zinc bottle, detailing zinc content and other ingredients.

5. WARNINGS AND PRECAUTIONS

- For adults only.
- This product is not intended for long-term use; use only as directed.
- Do not use if pregnant or nursing.
- Consult a physician if taking medication or if you have a medical condition.
- Keep out of reach of children.
- Natural color variation may occur in this product.

6. STORAGE (MAINTENANCE)

Store in a cool, dry place after opening.

7. CERTIFICATIONS

NOW Foods Zinc Gluconate 50 mg adheres to high quality standards and holds the following certifications:

- **GMP Quality Assured:** NPA A-rated GMP certification ensures that every aspect of the NOW

manufacturing process has been examined, including laboratory/testing methods for stability, potency, and product formulation.

- **Vegan:** Suitable for vegan diets.
- **Soy Free:** Free from soy ingredients.
- **Kosher:** Certified Kosher.
- **Non-GMO:** Made without genetically modified organisms.
- **Halal:** Certified Halal.
- **Sugar Free:** Contains no sugar.

Certifications Matter

Intertek GMP certification means that every aspect of the NOW® supplement manufacturing process has been audited, including our laboratory/testing methods (for stability, potency, and product formulation).



Image 4: Certifications Matter. This graphic highlights the Intertek GMP certification, emphasizing NOW's commitment to quality in supplement manufacturing.

8. PRODUCT SPECIFICATIONS

Specification	Detail
Item Form	Tablet

Specification	Detail
Primary Supplement Type	Zinc
Flavor	Unflavored
Product Benefits	Immune Support
Diet Type	Halal, Kosher, Vegan
Unit Count	100 Count
Number of Items	1
Item Weight	45 Grams
Age Range Description	Adult
Material Type Free	GMO Free, Soy Free
Product Dimensions	1.88 x 1.88 x 3.44 inches
Item Model Number	1520
UPC	733739015204

9. MANUFACTURER INFORMATION

Manufacturer: NOW Sports - Nutrition and Wellness

Address: NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA

Website: nowfoods.com

NOW Foods is a family-owned and operated company since 1968, committed to providing high-quality, natural products.

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Video 2: Exclusive Tour Inside NOW. This video provides an exclusive look into NOW Foods' facilities, showcasing their commitment to quality and manufacturing processes.



High-Quality Nutritional Supplements



Feel good spending less with NOW®.

Our supplements are an affordable and effective way to get the daily recommended intake of vitamins, minerals, and nutrients for optimal health. Now transitioning to 100% post-consumer recycled supplement bottles!



Image 5: Information on NOW quality. This image details NOW Foods' quality assurance processes, including the number of tests performed monthly and the expertise of their scientists.

10. DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease or health condition.