

Medisana MM 825

Medisana MM 825 Electric Massage Mat User Manual

Model: MM 825 | Brand: Medisana

1. INTRODUCTION

This manual provides essential information for the safe and effective operation of your Medisana MM 825 Electric Massage Mat. Please read these instructions carefully before first use and keep them for future reference. The Medisana MM 825 is designed to provide a relaxing vibration massage for the entire body, featuring multiple massage zones, intensity levels, and an optional heat function.



Image: A user relaxing on the massage mat positioned on a sofa, with graphical overlays highlighting key features such as high-definition vibration, two intensity levels, heat function, and five massage programs.

2. SAFETY INSTRUCTIONS

Observe the following safety precautions to prevent injury or damage to the device:

- **General Use:** Do not use the massage mat while driving a vehicle or in a position where it could obstruct movement or cause a hazard.
- **Before First Use:** Ensure all transport locks or packaging materials are removed from the device before plugging it in or operating it.
- **Power Supply:** Only connect the device to a power outlet with the specified voltage. Do not use if the power cord or plug is damaged.
- **Water and Moisture:** Do not use the device in damp environments or near water. Avoid contact with liquids.
- **Children and Individuals with Reduced Capabilities:** This appliance can be used by children aged 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
- **Medical Conditions:** Consult a physician before use if you have a pacemaker, are pregnant, have diabetes, or

any other medical condition.

- **Heat Function:** Use the heat function with caution. Prolonged exposure to heat may cause burns. Do not use on insensitive skin areas or in the presence of poor circulation.
- **Storage:** Store the device in a dry place, away from direct sunlight and extreme temperatures.

3. PRODUCT FEATURES

The Medisana MM 825 Electric Massage Mat offers a comprehensive massage experience with the following features:

- **Vibration Massage:** Pleasant vibration massage covering the entire body, from head to feet.
- **Massage Programs:** 5 selectable massage programs to customize your experience.
- **Intensity Levels:** 2 intensity levels for each massage zone.
- **Massage Zones:** 4 selectable massage zones: neck, back, thighs, and feet.
- **Heat Function:** Additional smooth heat function in the back area for enhanced relaxation.
- **Comfortable Design:** Covered with an extra-soft fleece cover for comfort.
- **Remote Control:** Convenient remote control for adjusting all settings while lying down. The remote can be stored in a practical side pocket.



Image: Close-up view of the massage mat's soft fleece cover, highlighting the comfortable texture and indicating the vibration and heat zones.

4. SETUP

1. **Unpack:** Carefully remove the massage mat from its packaging.
2. **Inspect:** Check the device for any signs of damage. Do not use if damaged.
3. **Placement:** Lay the massage mat flat on a comfortable surface such as a bed, sofa, or floor. Ensure there is enough space around the mat for safe use.
4. **Power Connection:** Connect the power adapter to the mat and then plug it into a suitable electrical outlet.
5. **Remote Control:** Ensure the remote control is accessible. It can be stored in the side pocket of the mat.



Image: The Medisana MM 825 Electric Massage Mat in its full length, showcasing its design and readiness for setup.

5. OPERATING INSTRUCTIONS

The Medisana MM 825 is operated using the wired remote control. Familiarize yourself with the remote's functions:

4 selectable
massage zones:
upper and lower
back, upper and
lower leg

2 intensity levels
for each massage
zone

5 selectable
massage
programmes



Additional heat
function

Image: Detailed diagram of the remote control, illustrating buttons for power, massage zones (neck, back, thighs, feet), heat function, intensity levels, and massage programs.

1. **Power On/Off:** Press the **Power button** (usually marked with a circle and a vertical line) to turn the mat on or off.
2. **Select Massage Zones:** Use the dedicated buttons for **Neck, Back, Thighs,** and **Feet** to activate or deactivate specific massage areas.
3. **Adjust Intensity:** For each active massage zone, you can select between 2 intensity levels. Press the respective zone button repeatedly to cycle through the intensity options.
4. **Choose Massage Program:** The **Mode button** allows you to cycle through the 5 pre-set massage programs. Each program offers a different vibration pattern.
5. **Activate Heat Function:** Press the **Heat button** to turn on the soothing heat function in the back area. Press again to turn it off.
6. **Automatic Shut-off:** The device may have an automatic shut-off feature for safety and energy saving. Refer to the full product manual for specific timings.



Image: A user demonstrating relaxation on the massage mat, holding the remote control to adjust settings.

6. MAINTENANCE AND CARE

- **Cleaning:** Before cleaning, always unplug the device from the power outlet. Wipe the mat with a soft, slightly damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** When not in use, store the massage mat in a clean, dry place. Avoid placing heavy objects on top of it.
- **Avoid Sharp Objects:** Keep sharp objects away from the mat's surface to prevent damage to the fabric.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Mat does not turn on.	Power cord not properly connected. No power from outlet.	Check power cord connection. Test outlet with another device.

Problem	Possible Cause	Solution
Massage function is weak or inconsistent.	Incorrect program or intensity selected. Device malfunction.	Adjust program and intensity settings via remote. If problem persists, contact customer support.
Heat function not working.	Heat function not activated. Device malfunction.	Ensure the Heat button is pressed. Allow a few minutes for heat to build. If problem persists, contact customer support.

8. SPECIFICATIONS

- **Model:** Medisana MM 825
- **Product Name:** Massage Mat
- **Dimensions (L x W x H):** Approximately 180 cm x 62 cm x 10 cm (70.87 in x 24.41 in x 3.94 in)
- **Weight:** Approximately 2.3 kg (5.07 lbs)
- **Power Source:** Electric Cable
- **Material:** Fabric (Fleece cover)
- **Color:** Dark Grey and Yellow
- **Special Feature:** Remote Control
- **Manufacturer Model Number:** 4015588889554
- **Country of Origin:** China





Image: Visual representation of the massage mat's dimensions, indicating a length of 180 cm and a width of 62 cm.

9. WARRANTY AND SUPPORT

Medisana products are manufactured to high-quality standards. In the event of a defect or issue, please refer to your purchase documentation for warranty details. For technical support, spare parts, or further assistance, please contact Medisana customer service. Contact information can typically be found on the official Medisana website or in your product packaging.

For more information, visit the official [Medisana website](#).