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BestMassage BM-EC06

BestMassage Full Body Electric Shiatsu Massage Chair Recliner User Manual

Model: BM-EC06

1. Important Safety Information

Please read all instructions carefully before using the massage chair. Retain this manual for future reference.

WARNINGS:

- This product has a maximum height limit of 6'3" and a weight capacity of 265lbs.
- Improper use may result in injury.
- This product requires assembly; please follow all instructions carefully. Failure to assemble correctly may lead to product malfunction or injury.
- This product has adjustable features, including massage modes and airbag pressure. Misuse of these features may result in injury.
- Always follow manufacturer instructions for safe operation.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

2. Product Overview

The BestMassage Full Body Electric Shiatsu Massage Chair Recliner is designed to provide a comprehensive and relaxing massage experience. It features multiple massage modes, heat therapy, and an advanced airbag system.



Figure 2.1: BestMassage Full Body Electric Shiatsu Massage Chair Recliner.

Key Features:

- **Adjustable Massage Chair:** Customize angle, speed, width, and intensity with 3 levels for each. Air massage pressure has 4 levels.
- **Air Massage System with Heat Therapy:** 21 strategically located airbags in arms, hips, shoulders, thighs, calves, and feet. Heat therapy in the back and foot areas promotes blood circulation and muscle recovery.
- **Computerized Body Scanning:** Smart technology scans your body to detect size for a custom fit massage. Built-in sensors measure spine length and adjust massage intensity based on body weight.
- **Functional Diversity:** 7 massage modes (kneading, tapping, stretching, shiatsu, combo, air pressure, heating) and 9 preset auto massage programs. Manual control options are also available.

3. Setup and Assembly

The massage chair requires minimal assembly upon delivery. All necessary components are included in the packaging.

Assembly Steps:

1. Carefully unpack all components from the box. It is recommended to have two people for handling due to the chair's weight (approximately 300 lbs).
2. Attach the two armrests by connecting the air hoses for the arm airbags. Slide the armrests into place and secure them with the provided screws.
3. Mount the control pad to the right armrest side using the single bolt.
4. Ensure all connections are secure and the chair is stable before use.

Typical assembly time is approximately 30-35 minutes.

4. Operating Instructions

The control panel, conveniently located on the right armrest, allows for easy adjustment of all massage functions.



Figure 4.1: User operating the massage chair.

Control Panel Functions:

- **Power Button:** Turns the chair on/off.
- **Auto Programs:** Select from 9 preset massage programs for various needs (e.g., full body stretch, relaxation).
- **Manual Modes:** Choose specific massage techniques:
  - Kneading
  - Tapping
  - Stretching
  - Shiatsu
  - Combo (Kneading & Tapping)
- **Air Pressure Massage:** Adjust intensity (4 levels) for airbags in arms, hips, shoulders, calves, and feet.
- **Heat Therapy:** Activate heating function for the back and foot areas.
- **Recline/Incline:** Adjust the chair's recline angle, including the Zero Gravity position.
- **Speed/Width/Intensity:** Fine-tune massage settings with 3 levels for each.

Zero Gravity Position:

The Zero Gravity position elevates your legs above your heart, distributing your body weight evenly and reducing pressure on the spine for enhanced relaxation and massage effectiveness.



Figure 4.2: Zero Gravity position for ultimate relaxation.

Body Scanning Technology:

The chair utilizes smart body scan technology to detect your body size and shape, automatically adjusting the massage rollers and airbags to provide a personalized and effective massage experience along the L-track roller design.



Figure 4.3: SL Track Roller Design and Body Scanning.

Official Product Video:

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Video 4.1: An animated demonstration of the massage chair's features, including airbag system, L-track roller design, and various massage techniques. This video provides a visual guide to the chair's internal mechanisms and how they interact with the user's body.

5. Maintenance and Care

Proper maintenance ensures the longevity and optimal performance of your massage chair.

Cleaning:

- Wipe the chair's surface with a soft, damp cloth.

- Do not use abrasive cleaners or harsh chemicals, as they may damage the upholstery.
- For stubborn stains, use a mild soap solution and wipe thoroughly.

Storage:

- Store the chair in a cool, dry place away from direct sunlight and extreme temperatures.
- Avoid placing heavy objects on the chair when not in use.

6. Troubleshooting

If you encounter any issues with your massage chair, please refer to the common troubleshooting tips below. If the problem persists, contact customer support.

Common Issues:

- **Chair not powering on:** Ensure the power cord is securely plugged into both the chair and a working electrical outlet. Check the power switch on the chair.
- **Massage rollers not moving:** Verify that an automatic program or manual massage mode is selected. Ensure the body scan has completed successfully.
- **Airbags not inflating:** Check the air pressure intensity settings on the control panel. Ensure no hoses are kinked or disconnected.
- **Unusual noises:** Minor operational sounds are normal. If you hear loud or grinding noises, discontinue use and contact customer support.

7. Specifications

Feature	Detail
Product Dimensions	42"D x 55"W x 35"H (42 x 55 x 35 inches)
Weight	300 Pounds
Item Model Number	BM-EC06
Brand	BestMassage
Color	Black
Back Style	[POSSIBLE] Tufted
First Available	April 25, 2012



Figure 7.1: Massage Chair Dimensions.

8. Warranty and Support

For any questions, concerns, or warranty claims regarding your BestMassage chair, please contact our customer support team.

Contact information can typically be found on the product packaging or the manufacturer's official website.

We guarantee your satisfaction with this massage chair. If you are not satisfied, please contact us for assistance.

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