

Domyos Pack-Mt-240

Domyos Pack-Mt-240 Adult Trampoline User Manual

Model: Pack-Mt-240

INTRODUCTION

This manual provides essential information for the safe assembly, operation, and maintenance of your Domyos Pack-Mt-240 Adult Trampoline. Please read this manual thoroughly before using the product and retain it for future reference. This trampoline is designed for recreational jumping and physiotherapy, ideal for developing coordination and strengthening leg muscles.

IMPORTANT SAFETY INSTRUCTIONS

Failure to follow these safety instructions may result in serious injury.

- Ensure the trampoline is assembled correctly and all parts are securely fastened before use.
- Place the trampoline on a flat, level surface. Ensure adequate clearance around the trampoline (at least 2 meters on all sides and above).
- Only one person should use the trampoline at a time.
- Do not exceed the maximum user weight of 80 kg.
- Always supervise children using the trampoline.
- Do not attempt somersaults or other dangerous maneuvers without proper training and supervision.
- Remove all jewelry, watches, and sharp objects before using the trampoline.
- Do not use the trampoline when wet or in windy conditions.
- Regularly inspect the trampoline for damaged, worn, or missing parts. Replace any damaged components immediately.
- Keep pets and unauthorized persons away from the trampoline during use.

PRODUCT OVERVIEW

The Domyos Pack-Mt-240 Adult Trampoline is designed for durability and safety, featuring a robust frame and a protective enclosure net.



An assembled Domyos Pack-Mt-240 Adult Trampoline, featuring a round jumping mat, a yellow spring protection cover, and a black safety enclosure net supported by white poles. The trampoline stands on four U-shaped legs.

Components:

- Jumping Mat (Round)
- Frame (Metal, supporting the mat)
- Spring Protection Cover (Yellow)
- Safety Enclosure Net (Black)
- Support Poles for Safety Net (White)
- U-shaped Legs (4 for stability)
- Springs (connecting mat to frame)

SETUP GUIDE

Follow these steps carefully for proper assembly. It is recommended that two adults assemble this trampoline.

1. **Unpack Components:** Carefully remove all parts from the packaging and lay them out. Verify that all components listed in the product overview are present.
2. **Assemble the Frame:** Connect the frame sections according to the diagrams provided in the separate assembly sheet (not included in this manual). Ensure all connections are secure.
3. **Attach the Legs:** Securely attach the four U-shaped legs to the assembled frame. Ensure they are stable and evenly distributed.
4. **Install the Jumping Mat and Springs:** Carefully attach the springs to the jumping mat and then to the

frame. Distribute the springs evenly to ensure proper tension. Refer to the assembly sheet for the correct spring installation pattern.

5. **Place Spring Protection Cover:** Position the yellow spring protection cover over the springs and frame, ensuring it completely covers all springs and the frame edge to prevent contact during use.
6. **Assemble Safety Enclosure Poles:** Connect the white support poles for the safety net.
7. **Attach Safety Enclosure Net:** Secure the black safety enclosure net to the support poles and the trampoline frame. Ensure the net is taut and the entrance zipper/closure mechanism functions correctly.
8. **Final Inspection:** Before first use, perform a thorough inspection to ensure all bolts are tightened, all parts are correctly assembled, and the trampoline is stable on a level surface.

OPERATING INSTRUCTIONS

Using your Domyos Pack-Mt-240 Trampoline safely and effectively.

- **Entering and Exiting:** Always enter and exit the trampoline carefully, preferably through the designated opening in the safety net. Do not jump on or off the trampoline.
- **Jumping Technique:** Begin with small, controlled bounces. Keep your head up, look straight ahead, and land on the balls of your feet. Avoid landing on your head or neck.
- **Control:** To stop jumping, flex your knees as you land. This will absorb the bounce and allow you to regain control.
- **Supervision:** Always ensure adequate supervision, especially for younger or inexperienced users.
- **Environment:** Ensure the area around the trampoline is clear of obstacles and other people.

MAINTENANCE

Regular maintenance will extend the life of your trampoline and ensure continued safe operation.

- **Daily/Before Each Use:** Inspect the trampoline for any loose or missing parts, tears in the net or mat, or damage to the frame or springs. Do not use if any damage is found.
- **Weekly/Bi-Weekly:** Check all bolts and connections for tightness. Re-tighten as necessary. Inspect the spring protection cover for wear and tear.
- **Cleaning:** Clean the jumping mat and frame with a damp cloth and mild soap. Rinse thoroughly and allow to air dry. Do not use abrasive cleaners.
- **Storage:** If possible, store the trampoline indoors during harsh weather conditions (heavy rain, snow, strong winds) to prevent damage and prolong its lifespan.
- **Replacement Parts:** Use only genuine Domyos replacement parts. Contact customer support for assistance with obtaining parts.

TROUBLESHOOTING

Common issues and their potential solutions.

Problem	Possible Cause	Solution
Trampoline feels unstable or wobbly.	Uneven ground; loose leg connections; damaged frame.	Move to a level surface; tighten all leg bolts; inspect frame for damage and replace if necessary.
Jumping mat feels too loose or too tight.	Incorrect spring installation; damaged springs.	Verify spring installation pattern; replace any stretched or broken springs.
Safety net is sagging or torn.	Loose net attachments; damaged net material.	Re-secure net to poles and frame; replace the safety net if torn or significantly damaged.
Squeaking noises during use.	Friction between metal parts; dry springs.	Apply a silicone-based lubricant to connection points; check springs for rust or damage.

SPECIFICATIONS

Attribute	Value
Brand	Domyos
Model	Pack-Mt-240
Shape	Round
Dimensions (L x W x H)	125 cm x 45 cm x 19 cm
Maximum User Weight	80 Kilograms
Legs	4 U-shaped feet
Spring Protection	Included (Yellow cover)
Safety Net	Included (Black, hardwearing)

WARRANTY AND SUPPORT

Domyos products are designed for durability and performance. For specific warranty details, please refer to the warranty card included with your purchase or visit the official Domyos website.

For technical support, replacement parts, or any inquiries regarding your Domyos Pack-Mt-240 Adult Trampoline, please contact Domyos customer service through their official channels. Have your product model number (Pack-Mt-240) and purchase information ready when contacting support.

Please note: Warranty terms may vary by region and retailer.