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Procare MaxTrax Air Ankle Walker Boot

Procare MaxTrax Air Ankle Walker Boot Instruction Manual

Model: MaxTrax Air Ankle Walker Boot

Brand: Procare



INTRODUCTION

This manual provides comprehensive instructions for the proper use, fitting, and care of your Procare MaxTrax Air Ankle Walker Boot. Please read all instructions carefully before use to ensure optimal performance and safety. This specific model is the Medium size.

SAFETY INFORMATION

Important Warnings

- Consult your healthcare professional before using this device.
- Do not overtighten straps, as this may restrict circulation.
- Regularly inspect the boot for wear and tear. Discontinue use if damage is observed.
- Use caution when walking on uneven surfaces or stairs.
- This device is intended for single patient use.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

COMPONENTS OF YOUR MAXTRAX AIR ANKLE WALKER BOOT

The Procare MaxTrax Air Ankle Walker Boot consists of the following main components:

- Rigid outer shell with uprights
- Integrated air bladder system
- Soft foam liner

- Adjustable hook-and-loop straps
- Rocker bottom sole
- Inflation pump and deflation valve

SETUP AND FITTING INSTRUCTIONS

Follow these steps to properly fit your MaxTrax Air Ankle Walker Boot:

1. **Prepare the Boot:** Open all hook-and-loop straps on the boot. Ensure the soft foam liner is properly seated within the rigid shell.
2. **Position Your Foot:** While seated, carefully place your injured foot and lower leg into the boot. Ensure your heel is seated firmly at the back of the boot.
3. **Secure the Liner:** Wrap the soft foam liner snugly around your foot and lower leg. Ensure there are no wrinkles.
4. **Fasten Straps:** Starting from the bottom (foot) and working your way up to the top (calf), fasten each hook-and-loop strap. Pull each strap firmly but comfortably to secure the boot. Do not overtighten.
5. **Inflate Air Bladder:** Locate the inflation pump (a small grey button on the upper front of the boot). Pump air into the bladder until you feel comfortable compression. Do not overinflate. The air bladder provides additional support and compression. To deflate, locate the small white button next to the grey inflation button and press it.
6. **Check Fit:** Stand up and walk a few steps. The boot should feel secure and supportive, but not painful or restrictive. If needed, adjust the straps or air pressure.



Image: The Procare MaxTrax Air Ankle Walker Boot fitted on a leg. The boot features a black rigid outer shell, a soft inner liner, and multiple adjustable hook-and-loop straps. The toe area is open, and a grey air bladder inflation button is visible on the upper front portion of the boot.

OPERATING AND USAGE GUIDELINES

The rocker bottom sole of the MaxTrax Air Ankle Walker Boot is designed to promote a natural gait. When walking,

try to roll through your foot from heel to toe, similar to a normal walking pattern. Use crutches or other walking aids as recommended by your healthcare professional, especially during the initial stages of recovery.

Daily Use

- Wear the boot as prescribed by your doctor.
- Periodically check the fit and adjust straps or air pressure as needed throughout the day.
- Ensure the boot is clean and dry before each use.

MAINTENANCE AND CARE

Cleaning Instructions

- **Liner:** The soft foam liner can be hand washed in cold water with mild soap. Air dry completely before reinserting into the boot. Do not machine wash or tumble dry.
- **Shell:** Wipe the rigid outer shell with a damp cloth and mild soap. Do not immerse the shell in water.
- Do not use bleach or harsh detergents.

Storage

- Store the boot in a cool, dry place away from direct sunlight and extreme temperatures.
- Ensure the boot is clean and dry before storing for extended periods.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Boot feels too loose or shifts	Straps are not tight enough; air bladder under-inflated.	Tighten straps, ensuring they are snug but not restrictive. Inflate air bladder if applicable.
Boot feels too tight or causes discomfort	Straps are too tight; air bladder over-inflated; incorrect size.	Loosen straps. Deflate air bladder slightly. Consult healthcare professional if discomfort persists or if boot size seems incorrect.
Squeaking noise when walking	Friction between components or liner.	Ensure liner is properly seated and straps are evenly tightened. A small amount of talcum powder can sometimes help.
Air bladder not holding pressure	Leak in bladder or valve.	Inspect for visible damage. Contact customer support or your supplier for replacement if a leak is confirmed.

PRODUCT SPECIFICATIONS

Brand: Procare

Model: MaxTrax Air Ankle Walker Boot

Size: Medium

Use for: Ankle

Age Range: Adult

Number of Items: 1

Package Dimensions: 12 x 6 x 2 inches

ASIN: B006IUTXAE

Date First Available: November 18, 2011

WARRANTY AND SUPPORT

For warranty information or technical support, please contact your point of purchase or visit the official Procare website. Keep your purchase receipt as proof of purchase.

Legal Disclaimer: *Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.*



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