

SEIKO SNZG15

SEIKO Men's SNZG15 SEIKO 5 Automatic Stainless Steel Watch

MODEL: SNZG15

Introduction

This manual provides instructions for the SEIKO Men's SNZG15 SEIKO 5 Automatic Stainless Steel Watch. This timepiece features an automatic self-wind movement, meaning it is powered by the motion of your wrist and does not require a battery. It includes a day/date display and luminous elements for visibility in low light conditions.



Image: SEIKO Men's SNZG15 Automatic Watch with black dial and nylon strap.

Setup

- 1. Initial Activation:** As an automatic watch, the SNZG15 is powered by the natural motion of your wrist. If the watch has stopped, gently shake it side-to-side for approximately 30 seconds to initiate the movement. This will start the second hand.
- 2. Setting Time and Date:**
 - Pull the crown (the knob on the side of the watch) out to the first click position to adjust the date and day. Rotate the crown to set the desired day and date.
 - Pull the crown out to the second click position to adjust the time. Rotate the crown to move the hands to the correct time. Push the crown back in to the normal position to start the watch.

Operating the Watch

- **Day/Date Display:** The watch features a day and date window at the 3 o'clock position. The day display may show in multiple languages; refer to the setting instructions to select your preferred language.
- **Luminous Elements:** The watch hands and hour markers are treated with luminous material to provide visibility in dark conditions after exposure to light.

Maintenance

- **Cleaning:** To maintain the appearance of your watch, wipe the case and crystal with a soft, dry cloth. For the nylon strap, gentle cleaning with mild soap and water may be performed, ensuring it is thoroughly dried afterward.
- **Water Resistance:** This watch is water resistant to 100 meters (330 feet). It is suitable for swimming and snorkeling. It is not recommended for scuba diving. Ensure the crown is fully pushed in before any water exposure.
- **Strap Care:** The original nylon strap may absorb sweat and dirt over time. Regular cleaning or replacement with a new strap (e.g., silicone or another material) can enhance comfort and hygiene.

Troubleshooting

- **Watch Not Running:** If the watch stops, it indicates that the mainspring has unwound due to lack of motion. Gently shake the watch for approximately 30 seconds to restart it, then wear it regularly to keep it wound.
- **Inaccurate Timekeeping:** Automatic watches may exhibit slight variations in accuracy. If the watch consistently gains or loses significant time, it may require professional adjustment.

Specifications

Feature	Detail
Model Number	SNZG15
Movement	Automatic Self-Wind
Case Material	Stainless Steel
Case Diameter	42 mm
Dial Window Material	Hardlex

Band Material	Nylon (original)
Water Resistance Depth	100 meters (330 feet)
Features	Day/Date display, Luminous hands and Arabic numeral indices

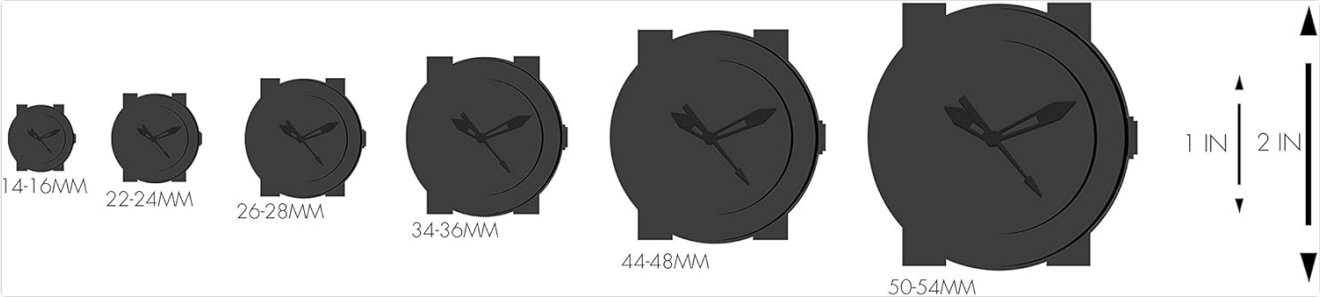


Image: Watch size guide illustrating various watch diameters.

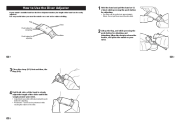

Warranty and Support

For information regarding warranty coverage or to obtain service for your SEIKO watch, please contact SEIKO customer support directly or visit their official website. Keep your purchase receipt as proof of purchase.



Related Documents - SNZG15

	<p>SEIKO 4R35/4R36/4R37/4R38/4R39/4R71/4R72 Mechanical Watch Instruction Manual</p> <p>Comprehensive user manual for SEIKO mechanical watches with calibers 4R35, 4R36, 4R37, 4R38, 4R39, 4R71, and 4R72, covering operation, maintenance, care, and troubleshooting.</p>
	<p>Seiko Prospex Diver's Watch 8L35/8L55 Instruction Manual</p> <p>Detailed instructions for the Seiko Prospex 8L35/8L55 diver's watch, covering usage, care, maintenance, and troubleshooting for air diving.</p>
	<p>SEIKO Diving Watch 8L35/8L55 User Manual</p> <p>Comprehensive user manual for SEIKO 8L35/8L55 diving watches, covering operation, safety precautions, maintenance, and technical specifications for proper and safe use.</p>
	<p>How to Adjust a Seiko Mesh Watch Band (TLG39J)</p> <p>Detailed instructions for adjusting the size of a Seiko mesh watch band (model TLG39J). Learn how to release, slide, and lock the clasp for a perfect fit.</p>

	<p>How to Use the Seiko Diver Adjuster Watch Band</p> <p>Detailed instructions on how to use the Seiko Diver Adjuster function to easily adjust your watch band length. Learn to extend, attach, detach, and fine-tune the fit for comfort, especially over clothing.</p>
	<p>Seiko 6R15 Automatic Mechanical Watch User Manual and Specifications</p> <p>Comprehensive guide to the Seiko 6R15 automatic mechanical watch, covering its features, operation, care, maintenance, troubleshooting, and technical specifications.</p>