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› SureLife Wrist Blood Pressure Monitor User Manual

SureLife WRS-35S

SureLife Premium Wrist Blood Pressure Monitor User Manual

Model: WRS-35S

INTRODUCTION

Thank you for choosing the SureLife Premium Wrist Blood Pressure Monitor. This device is designed for easy and accurate measurement of blood pressure and pulse rate at home. It features a large backlit display, voice readout, and memory for two users.

Please read this manual thoroughly before using the device to ensure correct operation and to understand all safety precautions.

KEY FEATURES

- **Talking Monitor:** Provides audio readings in English, Spanish, or French for enhanced accessibility.
- **Fully Automatic Operation:** One-touch measurement for quick and accurate results.
- **Irregular Heartbeat Detection:** Alerts the user to irregular heartbeats detected during measurement.
- **120 Reading Memory:** Stores up to 120 readings for two individual users, plus a guest mode with no memory storage.
- **Jumbo HD LED Display:** Large, clear, and backlit display for easy viewing of results.
- **Adjustable Wrist Cuff:** Accommodates wrist circumferences from 5.3 to 7.7 inches (13.5 to 19.5 cm).

Features & Benefits



Large
HD Screen



120 Memories
Per User
(Up to 2 Users)



"Cuff Worn"
Indicator



Irregular Heart
Beat Detection



Auto Shut-down



Backlit Display



Overview of the SureLife Premium Wrist Blood Pressure Monitor's key features and benefits, including large HD screen, 120 memories per user, cuff worn indicator, irregular heartbeat detection, auto shut-down, and backlit display.

SETUP AND PREPARATION

1. Unpacking and Battery Installation

Carefully remove the blood pressure monitor from its packaging. The device requires 2 AA batteries (included). Open the battery compartment cover on the back of the unit and insert the batteries, ensuring correct polarity (+/-). Close the cover securely.



The SureLife Premium Wrist Blood Pressure Monitor packaging, illustrating the three easy steps for accurate readings.

2. Setting Date and Time (Initial Setup)

Upon first use or after battery replacement, the device may prompt you to set the date and time. Refer to the detailed instructions in the full manual for specific button presses to navigate and set these parameters. Accurate date and time ensure proper record-keeping for your measurements.

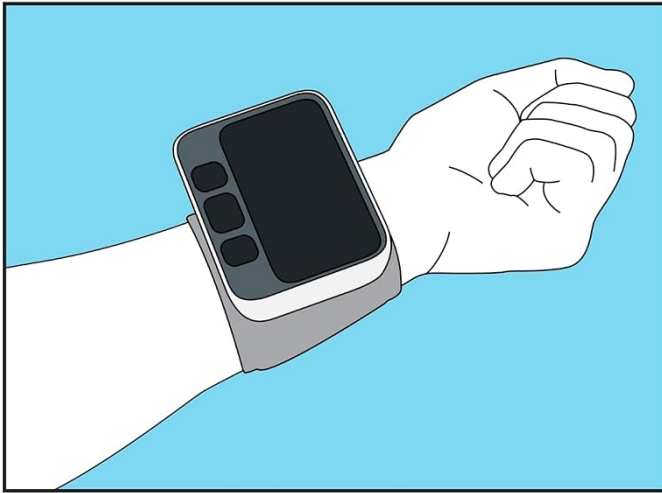
OPERATING INSTRUCTIONS

1. Applying the Wrist Cuff

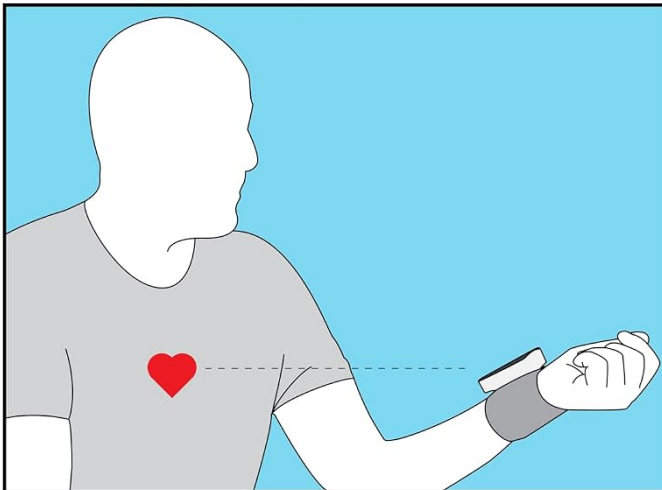
1. Sit comfortably with your feet flat on the floor and your arm supported.
2. Place the monitor on the **inside** of your left wrist, approximately 1/2 inch (1-2 cm) from your hand. The display should be facing upwards.
3. Tighten the cuff snugly around your wrist. It should be firm but not uncomfortably tight.

HOW TO USE

The *Talking Wrist Blood Pressure Monitor*



Place wrist blood pressure monitor on **inside** of wrist, 1/2 inch from hand.



Keep your wrist at heart level.

DO NOT move, talk or tighten muscles during the process.

Proper placement of the wrist blood pressure monitor on the inside of the wrist, 1/2 inch from the hand, and maintaining the wrist at heart level during measurement.

2. Positioning for Measurement

Raise your wrist so that the monitor is at the same level as your heart. This is crucial for accurate readings. Keep your body still and relaxed. Avoid talking or moving during the measurement process.

ADJUSTABLE WRIST

BLOOD PRESSURE CUFF

WRIST CIRCUMFERENCE

5.3~7.7in / 13.5~19.5cm



The adjustable wrist cuff of the SureLife monitor, designed to fit wrist circumferences between 5.3 and 7.7 inches (13.5 to 19.5 cm).

3. Taking a Measurement

1. Press the **START/STOP** button. The cuff will begin to inflate automatically.
2. Remain still and quiet until the measurement is complete. The monitor will deflate and display your systolic pressure, diastolic pressure, and pulse rate.
3. If the talking function is enabled, the results will be audibly announced.



VOICE READOUT



The SureLife Premium Wrist Blood Pressure Monitor features a voice readout function, making it accessible for users who prefer audio guidance or have visual impairments.

MEMORY AND USER PROFILES

The SureLife Premium Wrist Blood Pressure Monitor supports two individual user profiles, each capable of storing up to 120 readings. There is also a guest mode for single measurements that are not saved to memory.

Switching Users

To switch between User 1, User 2, or Guest mode, press the user selection button (often indicated by a person icon) before taking a measurement. The display will show the active user profile.

Viewing Stored Readings

Press the memory button (often indicated by a document or 'M' icon) to cycle through previously stored readings for the selected user. Readings are typically displayed with the most recent first.

CARE AND MAINTENANCE

- **Cleaning:** Wipe the monitor and cuff with a soft, dry cloth. If necessary, use a slightly damp cloth with mild soap, then wipe dry. Do not use abrasive cleaners or immerse the unit in water.
- **Storage:** Store the device in a cool, dry place, away from direct sunlight, extreme temperatures, and humidity.
- **Battery Replacement:** Replace batteries when the low battery indicator appears on the display. Remove batteries if the device will not be used for an extended period.
- **Avoid Dropping:** Handle the monitor with care to prevent damage from impacts.

TROUBLESHOOTING

Problem	Possible Cause	Solution
No display when powered on	Batteries are dead or incorrectly inserted.	Check battery polarity or replace with new batteries.
"Error" message displayed	Movement during measurement, improper cuff placement, or arm not at heart level.	Remain still, re-apply cuff correctly, and ensure wrist is at heart level. Wait a few minutes before re-measuring.
Inconsistent readings	Improper measurement technique, stress, or recent activity.	Ensure proper technique. Take measurements at the same time each day. Avoid caffeine, exercise, or smoking 30 minutes prior.
Irregular Heartbeat Indicator (heart icon)	An irregular heartbeat was detected during measurement.	This is an informational indicator. If it appears frequently, consult your physician.

For further assistance, please refer to the complete troubleshooting guide in the full product manual or contact SureLife customer support.

PRODUCT SPECIFICATIONS

Model Name: Premium Wrist Blood Pressure Monitor

Model Number: WRS-35S

Product Dimensions: 4.81"L x 3"W x 4.25"Th

Wrist Circumference: 5.3 - 7.7 inches (13.5 - 19.5 cm)

Power Source: 2 AA batteries (included)

Memory: 120 readings for 2 users + guest mode

Display: Jumbo HD LED Display with Backlight

Features: Talking function (English, Spanish, French), Irregular Heartbeat Detection, Automatic Shut-down

Manufacturer: Shenzhen AOJ Medical Technology Co

UPC: 810096160898

IMPORTANT SAFETY INFORMATION

This device is intended for home use and is not a substitute for professional medical advice or treatment. Always consult with a healthcare professional for diagnosis and treatment of any health condition.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Do not self-diagnose or self-medicate based on the measurement results. Always follow the advice of your physician.

WARRANTY AND SUPPORT

SureLife products are manufactured with a commitment to quality. For information regarding warranty coverage, technical support, or service, please refer to the warranty card included with your product or visit the official SureLife website. Keep your purchase receipt as proof of purchase for warranty claims.

For customer service inquiries, please contact the SureLife support team through the contact information provided in your product packaging or on the SureLife brand store page.