

Prorelax 39183

Prorelax 39183 Electrode Pads User Manual

Model: 39183

1. INTRODUCTION

This manual provides instructions for the proper use and maintenance of the Prorelax 39183 Electrode Pads. These high-quality, self-adhesive electrode pads are specifically designed as original replacement pads for the Prorelax TENS EMS DUO device. They are engineered for optimal conductivity and are soft, skin-friendly, and reusable.



Image 1: Four Prorelax 39183 electrode pads, each with a white wire connector, arranged in a diamond pattern. The pads are white with

the Prorelax logo printed on them.

2. PACKAGE CONTENTS

The package contains the following items:

- 4 x Prorelax 39183 Electrode Pads

3. SETUP AND APPLICATION

1. **Prepare the Skin:** Ensure the skin area where the pads will be applied is clean, dry, and free from lotions, oils, or hair. This helps maximize adhesion and conductivity.
2. **Connect to Device:** Carefully attach the electrode pad wires to the lead cables of your Prorelax TENS EMS DUO device. Ensure a secure connection.
3. **Apply Pads:** Remove the protective film from the adhesive side of the electrode pads. Apply the pads firmly to the desired skin area. Ensure the entire surface of the pad makes contact with the skin.

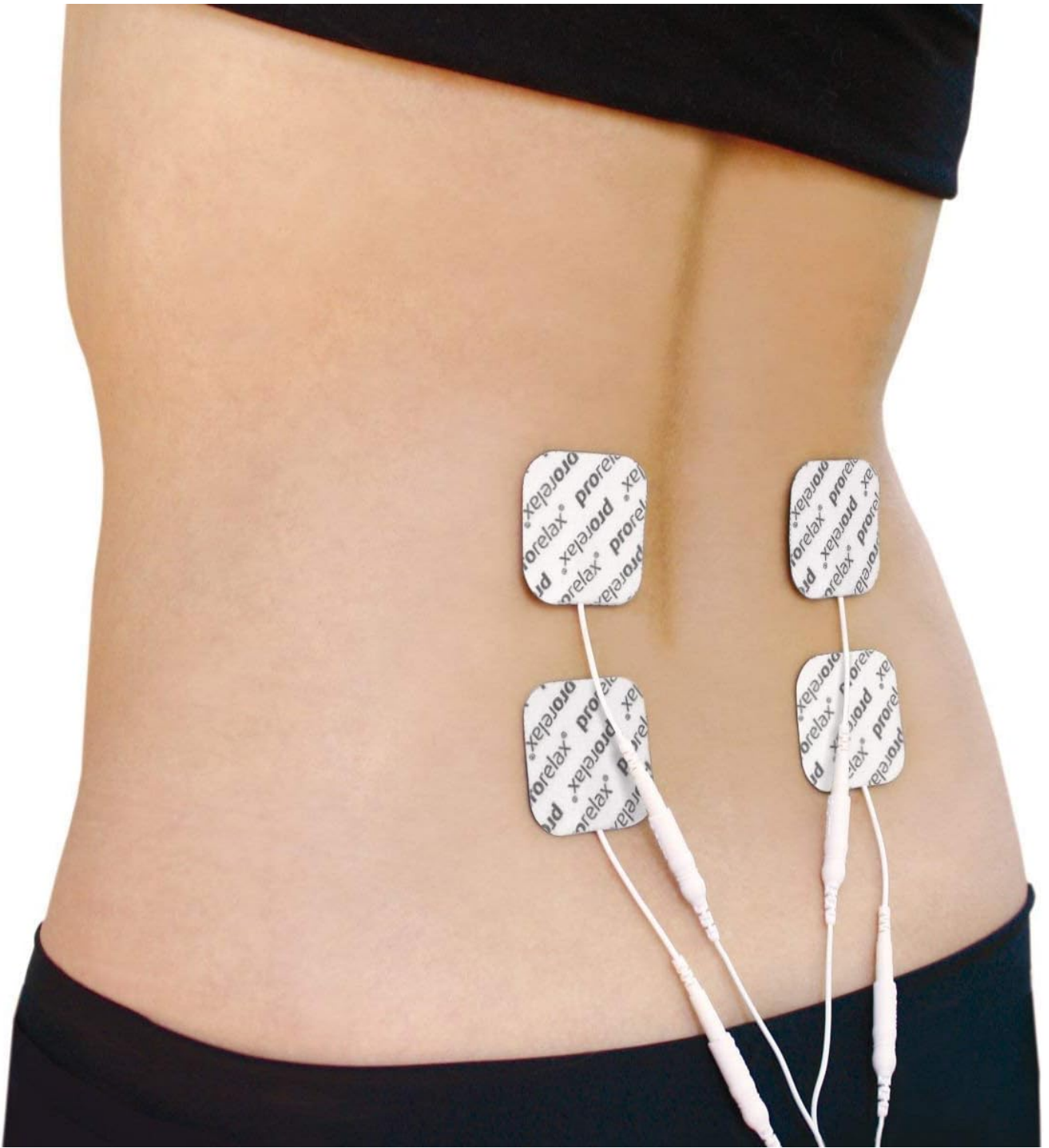


Image 2: Four Prorelax electrode pads applied to the lower back of a person, demonstrating typical placement for TENS/EMS therapy.

4. OPERATING INSTRUCTIONS

Once the electrode pads are securely applied and connected to your Prorelax TENS EMS DUO device, refer to your device's instruction manual for specific operating procedures. The pads facilitate the electrical impulses from the device to your body. Ensure the device is turned off before applying or removing pads.

- Always follow the instructions provided with your Prorelax TENS EMS DUO device for program selection, intensity adjustment, and treatment duration.
- Ensure the pads maintain full contact with the skin throughout the treatment session for effective and comfortable therapy.

5. CARE AND MAINTENANCE

Proper care extends the lifespan of your electrode pads:

- **Storage:** After each use, carefully remove the pads from your skin and re-apply them to their original protective film. Store them in a cool, dry place, preferably in their sealed bag, to prevent drying out.
- **Cleaning:** Do not wash the electrode pads with water or cleaning agents, as this can damage the adhesive and conductivity. The pads are designed to be self-adhesive and reusable.
- **Lifespan:** The reusability and durability of the pads depend on skin preparation, storage, and frequency of use. Replace pads when they no longer adhere effectively or when conductivity diminishes.



Image 3: Packaging for Prorelax self-adhesive electrodes, highlighting features such as reusability and hypo-allergenic material in multiple languages.

6. TROUBLESHOOTING

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Pads do not adhere well to skin.	Skin is oily, dirty, or hairy; adhesive is worn out.	Clean and dry skin thoroughly before application. If pads are old, replace them with new ones.
Weak or inconsistent electrical sensation.	Poor pad-to-skin contact; pads are dry or worn out; loose connection to device.	Ensure full pad contact. Check wire connections. Replace pads if they are no longer conductive.

7. PRODUCT SPECIFICATIONS

Brand: Prorelax
Model Number: 39183
Type: Electrode Pads
Compatibility: Prorelax TENS EMS DUO devices
Quantity: 4 Pieces
Color: White
Product Dimensions: Approximately 18 x 12.5 x 0.8 cm (packaging)
Weight: Approximately 27 g (total package)
Features: Self-adhesive, reusable, skin-friendly, high conductivity

8. IMPORTANT SAFETY INFORMATION

Please read and adhere to the following safety guidelines:

- Do not apply electrode pads over open wounds, irritated skin, or areas with skin conditions.
- Consult a healthcare professional before using TENS/EMS therapy, especially if you have a pacemaker, heart condition, epilepsy, or are pregnant.
- Keep out of reach of children.
- Do not use while driving or operating heavy machinery.
- If you experience any skin irritation or discomfort, discontinue use immediately and consult a doctor.
- These pads are for external use only.

9. WARRANTY INFORMATION

As consumable items, electrode pads typically do not come with an extended warranty due to their limited lifespan based on usage and care. For specific warranty details regarding manufacturing defects, please refer to the information provided by Prorelax or contact their customer support directly.

10. CUSTOMER SUPPORT

For further assistance, questions, or to purchase additional replacement pads, please contact Prorelax customer support or visit their official website. Contact details are usually available on the product packaging or the Prorelax official website.
Manufacturer: Prorelax

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question