

Colgate 10035000680256

Colgate 360 Total Soft Toothbrush User Manual

Model: 10035000680256

1. INTRODUCTION

This manual provides essential information for the proper use and maintenance of your Colgate 360 Total Soft Toothbrush. Designed for comprehensive oral cleaning, this toothbrush features advanced bristle technology and an integrated tongue and cheek cleaner to help maintain a healthy mouth.

Please read these instructions carefully before first use and retain them for future reference.

2. PRODUCT FEATURES

The Colgate 360 Total Soft Toothbrush is engineered with multiple features for effective oral hygiene:

- **Surround Bristles:** Designed to clean both sides of the teeth simultaneously and reach effectively down to the gumline.
- **Polishing Cups:** Integrated cups help in removing surface stains from teeth, contributing to a brighter smile.
- **Cheek and Tongue Cleaner:** A unique textured surface on the back of the brush head comfortably removes odor-causing bacteria from the cheeks and tongue.
- **Ergonomic Handle:** Provides a comfortable grip for easy maneuvering during brushing.



Figure 2.1: Colgate 360 Total Soft Toothbrush in its retail packaging.



Figure 2.2: Detail of the surround bristles and polishing cups on the brush head.



Figure 2.3: The textured surface on the back of the brush head for tongue and cheek cleaning.

3. USAGE INSTRUCTIONS

Follow these steps for effective oral cleaning:

1. **Apply Toothpaste:** Place a pea-sized amount of toothpaste onto the bristles of the toothbrush.
2. **Brush Teeth:** Hold the toothbrush at a 45-degree angle to your gums. Gently move the brush back and forth in short, tooth-wide strokes. Brush the outer surfaces, inner surfaces, and chewing surfaces of the teeth. The surround bristles are designed to clean both sides of the teeth and reach the gumline.
3. **Clean Tongue and Cheeks:** Flip the brush head over and use the textured surface on the back

to gently scrub your tongue and the inside of your cheeks. This helps remove odor-causing bacteria.

4. **Rinse:** After brushing, rinse your mouth thoroughly with water.

4. CARE AND MAINTENANCE

Proper care extends the life of your toothbrush and ensures hygiene:

- **Rinsing:** After each use, rinse the toothbrush head thoroughly under running water to remove any remaining toothpaste and debris.
- **Drying:** Shake off excess water from the brush head.
- **Storage:** Store the toothbrush upright in a clean, dry area to allow it to air dry. Avoid covering the brush head or storing it in closed containers, which can promote bacterial growth.
- **Replacement:** Dentists and hygienists recommend replacing your toothbrush every 3 months, or sooner if the bristles become frayed or worn.

5. SAFETY INFORMATION

Please observe the following safety guidelines:

- This product is not intended for children under 3 years of age due to small parts.
- Do not chew on the toothbrush.
- If you experience any discomfort or bleeding gums, consult your dentist.

6. TROUBLESHOOTING

If you encounter any issues with your toothbrush, consider the following:

- **Bristles fraying quickly:** This may indicate brushing too hard. Apply less pressure during brushing.
- **Unsatisfactory cleaning:** Ensure you are following the recommended brushing technique and replacing your toothbrush every 3 months.

7. SPECIFICATIONS

Attribute	Detail
-----------	--------

Brand	Colgate
Model Number	10035000680256
UPC	035000680259
Product Dimensions	1.65 x 0.75 x 9.02 inches
Item Weight	0.63 ounces
Bristle Firmness	Soft
Power Source	Manual
Age Range	Adult

8. SUPPORT INFORMATION

For additional information, product inquiries, or support, please visit the official Colgate website or contact customer service.

You can also visit the [Colgate Store on Amazon](#) for more products and information.