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#### **ZIPRO 5941329 L**

# **ZIPRO Treadmill User Manual**

Model: 5941329 L

## 1. Introduction

The ZIPRO Treadmill (Model 5941329 L) is a versatile and compact fitness machine designed for home use, offering a comprehensive range of features for effective cardiovascular training, jogging, and walking. Its foldable design makes it ideal for small spaces, allowing for easy storage when not in use.

This treadmill is equipped with a powerful 1.96 HP motor, providing a speed range of 1 to 16 km/h. It features 12 adjustable incline levels to increase workout intensity and engage different muscle groups. The integrated LED display and heart rate sensors provide real-time data on time, speed, distance, calories burned, and heart rate, helping you monitor your progress effectively.

For an enhanced training experience, the treadmill supports connectivity with compatible fitness applications like Kinomap and FitShow, allowing for interactive workouts and data tracking. It also includes a smartphone holder, MP3 function, and built-in speakers for entertainment during your exercise sessions. Designed with user comfort in mind, it features a spacious running surface (45 x 125 cm) and a joint-friendly cushioning system to minimize impact.

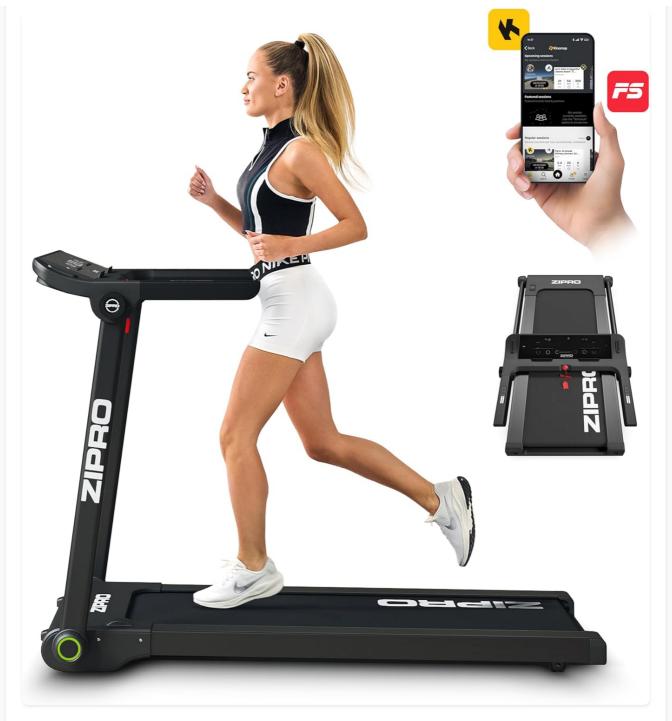


Image: The ZIPRO Treadmill in an unfolded state, with a user actively running on it. A smartphone with fitness app icons is shown in the background, highlighting the app connectivity feature.

## 2. SAFETY INFORMATION

Please read all instructions carefully before using the treadmill. Keep this manual for future reference.

- Maximum Weight Capacity: Do not exceed the maximum user weight of 130 kg (286 lbs). Exceeding this limit can cause damage to the treadmill and lead to injury.
- **Placement:** Place the treadmill on a flat, stable surface. Ensure there is at least 2 meters (6.5 feet) of clear space behind the treadmill and 0.6 meters (2 feet) on each side.
- Power Connection: Connect the treadmill to a grounded electrical outlet. Do not use extension cords or

adapters.

- Safety Key: Always attach the safety key clip to your clothing before starting the treadmill. In case of an emergency or if you fall, the safety key will detach, immediately stopping the machine.
- **Children and Pets:** Keep children and pets away from the treadmill, especially when it is in operation. This equipment is not a toy.
- **Medical Conditions:** Consult your physician before starting any exercise program, especially if you have pre-existing medical conditions.
- **Proper Attire:** Wear appropriate athletic footwear and clothing that will not get caught in the moving parts of the treadmill.
- **Maintenance:** Perform regular maintenance as described in this manual to ensure safe and optimal operation.



Image: A user exercising on the ZIPRO treadmill, illustrating the safe and versatile training environment provided by the machine, including its adjustable speed range.

## 3. PACKAGE CONTENTS

Upon unpacking, please verify that all the following components are included in your package:

- ZIPRO Treadmill (Main Unit)
- User Manual (this document)
- · Tool Kit for assembly and maintenance
- Lubricant for treadmill belt maintenance
- Safety Key
- Power Cord

If any parts are missing or damaged, please contact customer support immediately.

## 4. SETUP AND ASSEMBLY

The ZIPRO Treadmill is designed for minimal assembly. Follow these steps for initial setup:

## 4.1 Unfolding the Treadmill

- 1. Carefully remove the treadmill from its packaging.
- 2. Place the treadmill on a flat, level surface.
- 3. Lift the console/handlebar assembly until it locks into the upright position. Ensure it is securely locked before proceeding.
- 4. Lower the running deck gently until it rests flat on the floor.

## 4.2 Connecting to Power

Plug the power cord into the treadmill's power input, then into a grounded electrical outlet. Ensure the power switch (usually located near the power cord input) is in the 'ON' position.

## 4.3 Folding for Storage

To fold the treadmill for storage:

- 1. Ensure the treadmill is turned off and unplugged.
- 2. Carefully lift the running deck until it clicks into the vertical locked position.
- 3. The treadmill can then be moved using the transport wheels and stored vertically, requiring minimal space (approx. 31.5 cm high when folded flat, or 150 cm high when stored vertically).



Image: A user demonstrating the folding mechanism of the ZIPRO treadmill, highlighting its compact design and ease of vertical storage to save space.

# 5. OPERATING INSTRUCTIONS

## **5.1 Control Panel Overview**

The treadmill features an intuitive LED display and control buttons on the console and handlebars. The display shows key metrics such as time, speed, distance, calories, and heart rate.

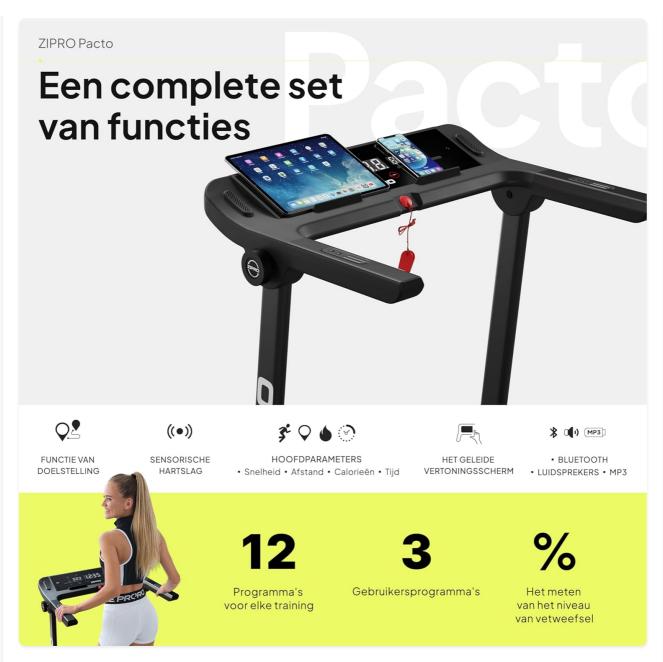


Image: A detailed view of the ZIPRO treadmill's control panel, featuring a tablet and smartphone in their respective holders, illustrating the comprehensive set of functions available.

## 5.2 Starting a Workout

- 1. Ensure the safety key is properly attached to the console and your clothing.
- 2. Press the 'START' button. The treadmill will typically begin with a short countdown before the belt starts moving at a low speed.

## 5.3 Adjusting Speed and Incline

- **Speed:** Use the '+' and '-' buttons on the console or handlebars to adjust the speed from 1 km/h to 16 km/h. Quick speed buttons (e.g., 3, 6, 9, 12 km/h) may also be available for rapid adjustments.
- Incline: Use the 'INCLINE +' and '-' buttons to adjust the incline level. The treadmill offers 12 adjustable incline levels to simulate uphill walking or running.

## 5.4 Using Pre-set Programs

The treadmill comes with 12 pre-set workout programs and 3 customizable user programs. Refer to the specific program section in your detailed manual for instructions on selecting and using these programs.

## 5.5 Heart Rate Monitoring

Grasp the heart rate sensors on the handlebars to display your current heart rate on the LED screen. For accurate readings, ensure your hands are clean and firmly placed on the sensors.

## 5.6 App Connectivity (Kinomap & FitShow)

Enhance your workout experience by connecting your smartphone or tablet to the treadmill via Bluetooth and using compatible fitness apps like Kinomap and FitShow. These apps offer interactive training, virtual routes, and detailed workout tracking.

- 1. Download the Kinomap or FitShow app from your device's app store.
- 2. Enable Bluetooth on your device.
- 3. Open the app and follow the on-screen instructions to connect to your ZIPRO treadmill.



Image: A smartphone displaying the logos for Kinomap and FitShow applications, illustrating the treadmill's compatibility with these popular fitness apps for interactive training.

## 5.7 MP3 Function and Speakers

Connect your audio device to the treadmill's MP3 input to play music through the built-in speakers, making your workouts more enjoyable.

## 5.8 Stopping a Workout

Press the 'STOP' button to gradually slow down and stop the treadmill belt. Alternatively, pulling the safety key will immediately stop the treadmill.

## 6. MAINTENANCE

Regular maintenance is crucial for the longevity and optimal performance of your ZIPRO treadmill.

## 6.1 Cleaning

- Wipe down the console and other surfaces with a soft, damp cloth after each use to remove sweat and dust.
- Do not use abrasive cleaners or solvents, as they may damage the finish.
- Vacuum underneath the treadmill regularly to prevent dust and debris from accumulating.

#### 6.2 Belt Lubrication

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Use the provided lubricant or a silicone-based treadmill lubricant.

- 1. Turn off and unplug the treadmill.
- 2. Loosen the rear roller bolts slightly to lift the belt.
- 3. Apply a thin line of lubricant evenly under the center of the belt.
- 4. Tighten the rear roller bolts.
- 5. Run the treadmill at a low speed (e.g., 3 km/h) for a few minutes to distribute the lubricant.

Frequency of lubrication depends on usage: every 3-6 months for moderate use, or more frequently for heavy use.

## 6.3 Belt Tension and Alignment

Check the belt tension and alignment periodically. If the belt slips or drifts to one side, adjust the rear roller bolts using the tool kit provided. Refer to the detailed manual for precise adjustment instructions.

## 7. TROUBLESHOOTING

This section addresses common issues you might encounter with your treadmill. If the problem persists, please contact customer support.

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not plugged in; power switch off; circuit breaker tripped.	Ensure power cord is securely plugged in. Check if the power switch is ON. Reset the circuit breaker if necessary.
Belt does not move.	Safety key not in place; motor overload; loose belt.	Ensure the safety key is correctly inserted. Reduce user weight if exceeding capacity. Check belt tension and adjust if loose.
Display not working correctly.	Loose cable connection; software glitch.	Check all cable connections to the console. Try turning the treadmill off and on again.
Unusual noise during operation.	Lack of lubrication; loose parts; foreign object.	Lubricate the running belt. Inspect for any loose screws or foreign objects under the belt.
Belt slips or hesitates.	Belt too loose; lack of lubrication.	Adjust belt tension. Lubricate the running belt.

# 8. SPECIFICATIONS

Feature	Detail
Brand	ZIPRO
Model Number	5941329
Color	Pacto
Size	Ļ
Display Type	LED
Display Size	2.4 inches
Motor Horsepower	1.96 HP
Maximum Speed	16 km/h
Maximum Weight Capacity	130 kg
Running Surface Dimensions	45 x 125 cm

Feature	Detail
Unfolded Dimensions (L x W x H)	154 x 77.4 x 114 cm
Folded Height	31.5 cm (when folded flat)
Item Weight	41.9 kg
Pre-set Programs	12
Customizable Programs	3
Adjustable Incline Levels	12
Power Source	Corded Electric
Key Features	Touchscreen, Adjustable Height, Bottle Holder, Timer, Heart Rate Monitor
Material Type	Alloy Steel, Plastic, Aluminum
Included Components	User Manual, Tool Kit, Lubricant, Safety Key, Power Cord



Image: A visual representation of the ZIPRO treadmill's dimensions when unfolded and folded, accompanied by key specifications such as belt length, width, maximum user weight, motor power, and item weight.

# Comfort zonder schokken



De fiets is uitgerust met een systeem van amortisatiepads, die schokken verminderen en blessures voorkomen.

Image: A detailed view of the ZIPRO treadmill's cushioning system, highlighting the shock absorbers designed to provide a comfortable and joint-friendly workout experience.

## 9. WARRANTY AND SUPPORT

Your ZIPRO Treadmill is covered by a manufacturer's warranty against defects in materials and workmanship. Please refer to the warranty card included in your package for specific terms and conditions, including the warranty period and coverage details.

For technical assistance, troubleshooting beyond this manual, or to inquire about warranty claims, please contact ZIPRO customer support. Contact information can typically be found on the product packaging, the warranty card, or the official ZIPRO website.

When contacting support, please have your model number (5941329 L) and proof of purchase readily available to expedite the service process.

#### Related Documents - 5941329 L



#### ZIPRO Luma Treadmill User Manual

Comprehensive user manual for the ZIPRO Luma treadmill, covering assembly, operation, safety guidelines, maintenance, and troubleshooting.



## ZIPRO Notus Bieżnia Treningowa - Instrukcja Obsługi i Montażu

Kompletna instrukcja obsługi i montażu bieżni treningowej ZIPRO Notus. Zawiera szczegółowe informacje o bezpieczeństwie, użytkowaniu, konserwacji i rozwiązywaniu problemów.



#### ZIPRO Ramble Treadmill User Manual

Comprehensive user manual for the ZIPRO Ramble treadmill, covering assembly, operation, maintenance, and troubleshooting. Learn how to safely and effectively use your treadmill for home workouts.



#### **ZIPRO Ramble Treadmill User Manual**

User manual for the ZIPRO Ramble treadmill. Includes assembly, safety, computer operation, maintenance, and troubleshooting information.



## Instrukcja obsługi bieżni treningowej ZIPRO Iluzion

Kompleksowa instrukcja obsługi bieżni treningowej ZIPRO Iluzion, zawierająca szczegółowe informacje dotyczące montażu, bezpiecznego użytkowania, konserwacji oraz rozwiązywania problemów technicznych.



## ZIPRO Pacto Treadmill User Manual

Comprehensive user manual for the ZIPRO Pacto Treadmill, covering assembly, operation, safety guidelines, maintenance, and troubleshooting. Includes technical specifications and parts list.