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# Casio GA-100

# Casio G-Shock GA-100 Series Watch Instruction Manual

Model: GA-100

# Introduction

This manual provides comprehensive instructions for the operation and maintenance of your Casio G-Shock GA-100 Series Watch. Designed for durability and precision, this watch features a robust construction with shock and magnetic resistance, 200-meter water resistance, and a range of advanced functions to support various activities.



Figure 1: Front view of the Casio G-Shock GA-100 Series Watch, highlighting its robust design and multi-function display.

# SETUP GUIDE

Before using your watch, it is essential to set the correct time, date, and other basic configurations. The GA-100 series combines analog and digital displays, requiring specific steps for synchronization.

# 1. Setting Time and Date

1. Ensure the watch is in Timekeeping Mode. If not, press the **MODE** button repeatedly until the current time and date are displayed.

- 2. Press and hold the **ADJUST** button (top left) for approximately 3 seconds until the city code starts flashing. This indicates the setting mode.
- 3. Use the FORWARD (bottom right) and REVERSE (top right) buttons to select your desired city code (Home City).
- 4. Press the **MODE** button to cycle through the settings: DST (Daylight Saving Time), 12/24-hour format, Seconds, Hour, Minute, Year, Month, Day, and Light Duration (LT).
- 5. For each setting, use the **FORWARD** and **REVERSE** buttons to change the values.
- 6. After setting the time and date, press the **ADJUST** button to exit the setting mode. The watch hands will automatically adjust to the digital time.

Video 1: Detailed guide on how to adjust the time and date settings on a Casio G-Shock watch, demonstrating button presses and display changes.

# **OPERATING INSTRUCTIONS**

Your G-Shock GA-100 watch is equipped with multiple modes and functions. Use the **MODE** button to navigate between them.

# 1. Stopwatch Function

- From Timekeeping Mode, press MODE until "STW" (Stopwatch) appears.
- Press **START/STOP** (bottom right) to start and stop the stopwatch.
- Press SPLIT/RESET (bottom left) to record split times or reset the stopwatch when stopped.
- The watch features a 1/1000-second stopwatch with speed measurement capabilities.

# 2. Countdown Timer

- From Timekeeping Mode, press MODE until "TMR" (Timer) appears.
- To set the countdown time, hold ADJUST until the hour setting flashes. Use FORWARD/REVERSE to set.
- Press MODE to move between hour and minute settings.
- Press ADJUST to confirm.
- Press START/STOP to start and stop the countdown.

#### 3. Alarm Function

- From Timekeeping Mode, press MODE until "ALM" (Alarm) appears. The GA-100 supports up to five daily alarms.
- Use FORWARD to cycle through AL1 to AL5 and SNZ (Snooze Alarm).
- To set an alarm, hold ADJUST until the hour setting flashes. Use FORWARD/REVERSE to set the hour and minute.
- Press ADJUST to confirm.
- To turn an alarm ON/OFF, select the alarm number and press START/STOP.

#### 4. World Time

- From Timekeeping Mode, press MODE until "WT" (World Time) appears.
- Use **FORWARD** and **REVERSE** to view the current time in 48 cities (29 time zones).

# 5. Backlight (Auto LED)

- The watch features an Auto LED light. To activate it manually, press the A.LIGHT button (top right).
- To enable Auto Light, hold the **A.LIGHT** button for several seconds until "A.LIGHT" appears on the digital display. When enabled, tilting your wrist towards you in a dark environment will automatically illuminate the display.

#### MAINTENANCE

Proper care ensures the longevity and performance of your G-Shock watch.

- **Cleaning:** Wipe the watch with a soft, dry cloth. For stubborn dirt, use a mild soap solution and rinse thoroughly under running water. Ensure all buttons are not pressed while submerged.
- Water Resistance: The watch is water resistant to 200 meters. This means it is suitable for showering, swimming, and snorkeling. Avoid operating buttons underwater to prevent water intrusion.
- **Temperature Exposure:** Avoid exposing the watch to extreme temperatures, both hot and cold, as this can affect battery life and accuracy.
- **Battery Replacement:** The watch is powered by a 2-year CR1220 battery. When the display dims or functions become erratic, it's time for a battery replacement. It is recommended to have this done by a qualified technician to maintain water resistance.

# **T**ROUBLESHOOTING

If you encounter issues with your watch, refer to the following common problems and solutions:

- Digital Display is Blank or Dim: The battery may be low. Replace the CR1220 battery.
- Analog Hands Do Not Match Digital Time: Perform a manual hand alignment. In Timekeeping Mode, hold ADJUST
  until the city code flashes, then press MODE repeatedly until you reach the hand alignment screen (usually indicated by
  "H.SET"). Use FORWARD/REVERSE to align the hands to 12:00, then press ADJUST.
- Buttons Are Unresponsive: Ensure the watch is not in a locked mode (if applicable) or that it is not submerged in water. If the issue persists, a reset may be required (refer to the full manual for advanced reset procedures).
- Inaccurate Time: Check your Home City setting and DST (Daylight Saving Time) settings. Ensure they are correctly configured for your region.

# **SPECIFICATIONS**

Brand	Casio
Model Series	GA-100 XL Series G-Shock
Item Model Number	GBA900SM-7A9
Movement	Quartz
Water Resistance	200 Meters (20 BAR)
Shock Resistance	Yes
Magnetic Resistance	Yes
Case Material	Resin
Battery Type	1 Lithium Metal battery (CR1220)
Battery Life	Approx. 2 years

Accuracy	±15 seconds per month
Product Dimensions	3.94 x 4.33 x 3.94 inches; 2.47 ounces

# WARRANTY AND SUPPORT

Your Casio G-Shock GA-100 Series Watch comes with an International Warranty Card. Please refer to this card for detailed information regarding warranty coverage, terms, and conditions.

For further assistance, technical support, or service inquiries, please visit the official Casio website or contact their customer service department. Keep your purchase receipt and warranty card in a safe place.

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#### **Related Documents - GA-100**



# Casio G-Shock Database: Durability and Specifications

Explore the Casio G-Shock Database for comprehensive details on shock-resistant and water-resistant watches. Find specifications, features, and heritage of the iconic G-Shock line.



# Casio G-Shock Watch Guide: History, Models, and Time Setting

Explore the history and evolution of Casio G-Shock watches, discover key models like the Gravitymaster and Rangeman, and learn how to set the time on your digital or analog G-Shock timepiece.



# Casio G-SHOCK International Warranty and User Manual

Comprehensive guide to the Casio G-SHOCK international warranty, including service center information, water resistance ratings, care instructions, operational guides, and technical specifications for Casio G-SHOCK watches.

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CABIO S-SUCCE  The state of the	CASIO G-SHOCK GA-400 Watch Instruction Manual Comprehensive instruction manual for the CASIO G-SHOCK GA-400 watch, module 5398, covering features, operation, and maintenance. Includes details on timekeeping, alarms, stopwatch, world time, and water resistance.
CASIO S-SHOCK  CASIO S-SHOCK  TO THE	Casio G-SHOCK GLS-6900 Watch User Manual and Specifications Comprehensive guide to the Casio G-SHOCK GLS-6900 digital watch, covering timekeeping, alarms, stopwatch, timer, world time, water resistance, and international distributor information.