

Clinical Health Services, Inc. TheraRub Massager Percussion Massager

TheraRub Percussion Double Head Electric Massager Instruction Manual

Model: TheraRub Massager Percussion Massager

INTRODUCTION

Thank you for choosing the TheraRub Percussion Double Head Electric Massager. This manual provides essential information for the safe and effective operation, maintenance, and care of your massager. Please read it thoroughly before first use and retain it for future reference.

The TheraRub Massager is designed for personal and professional use, offering a powerful percussion massage experience with its dual heads and interchangeable attachments. Its robust design and extra-long power cord provide convenience and flexibility during use.

IMPORTANT SAFETY INFORMATION

WARNING: To reduce the risk of electric shock, burns, fire, or injury, read all instructions before using this appliance.

- Consult your physician or medical professional before beginning any therapeutic program, especially if you have pre-existing medical conditions. This product is not a substitute for professional medical advice.
- This massager is intended for adult use only. Children under 18 years of age should only use the device under strict adult supervision.
- Always inspect the equipment thoroughly before each use for any signs of damage, such as cracks, breaks, or frayed cords. Discontinue use immediately if any defects are found.
- Do not use the massager near water or in excessively damp environments.
- Do not operate the massager if it has a damaged cord or plug, if it is not working properly, or if it has been dropped or damaged.
- Keep the power cord away from heated surfaces.
- Never block the air openings of the appliance or place it on a soft surface where the air openings may be blocked. Keep air openings free of lint, hair, and similar materials.
- Do not use the massager on sensitive skin areas, open wounds, swollen areas, or areas with skin disorders.

- Discontinue use and seek medical attention if you experience a rash, injury, pain, or discomfort during or after use.
- The manufacturer and distributor assume no liability or responsibility for accidents or injury to persons or property resulting from improper use of this massager.

PRODUCT OVERVIEW

The TheraRub Percussion Double Head Electric Massager is designed to deliver a deep tissue massage. Key features include:

- **Dual Head Percussion Design:** Provides effective and broad coverage for muscle relief.
- **Variable Slide Speed Control:** Allows for customized massage intensity.
- **Interchangeable Massage Heads:** Includes three pairs of different massage heads for varied sensations and targeted relief.
- **Extra-Long 14-Foot Power Cord:** Offers extended reach and flexibility.
- **Comfortable Rubberized Grip:** Ensures secure and comfortable handling during use.



Image 1: Top view of the TheraRub Percussion Double Head Electric Massager, showing the main body, handle with rubberized grip, and speed control switch.

SETUP

1. **Unpacking:** Carefully remove the massager and all accessories from the packaging. Retain packaging for storage or future transport.
2. **Inspect Components:** Check the massager, power cord, and massage heads for any visible damage. Do not use if damaged.
3. **Attach Massage Heads:**



Image 2: The three pairs of interchangeable massage heads included with the TheraRub massager, offering different textures and shapes for varied massage experiences.

- Select the desired pair of massage heads.
 - Align the base of each head with the two percussion points on the massager.
 - Gently push and twist until the heads are securely in place. Ensure both heads are firmly attached before use.
4. **Power Connection:** Ensure the massager's speed control is in the "OFF" position. Plug the 14-foot power cord into a standard electrical outlet.

OPERATING INSTRUCTIONS

1. **Positioning:** Hold the massager by its rubberized grip. Position the massage heads on the desired muscle area.
2. **Power On:** Slide the speed control switch from "OFF" to "ON".
3. **Adjust Intensity:** Use the variable slide speed control to increase or decrease the percussion intensity to your comfort level. Start with a lower setting and gradually increase as needed.
4. **Massage Application:** Gently move the massager over the muscle groups. Avoid applying excessive pressure, especially on bony areas or joints.
5. **Duration:** Limit each massage session to 15-20 minutes per area to prevent over-stimulation.
6. **Power Off:** After use, slide the speed control switch back to the "OFF" position. Unplug the massager from the electrical outlet.



Image 3: Underside view of the TheraRub massager, highlighting the two percussion heads where interchangeable attachments are secured.

CARE AND MAINTENANCE

- **Cleaning:** Always unplug the massager before cleaning. Wipe the unit with a soft, slightly damp cloth. Do not use abrasive cleaners, solvents, or immerse the unit in water.
- **Storage:** Store the massager in a cool, dry place, away from direct sunlight and out of reach of children. Avoid wrapping the power cord tightly around the unit, as this can damage the cord.
- **Cord Care:** Regularly inspect the power cord for any signs of damage. If the cord becomes damaged, do not use the massager and contact customer support.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Massager does not turn on.	<p>Not plugged in.</p> <p>Power outlet not functioning.</p> <p>Speed control switch is OFF.</p> <p>Damaged power cord or unit.</p>	<p>Ensure the power cord is securely plugged into a working electrical outlet.</p> <p>Test the outlet with another appliance.</p> <p>Slide the speed control switch to "ON".</p> <p>If cord or unit is damaged, discontinue use and contact customer support.</p>

Problem	Possible Cause	Solution
Weak or inconsistent massage.	Speed setting too low. Massage heads not securely attached.	Adjust the variable speed control to a higher setting. Ensure both massage heads are firmly attached to the percussion points.
Unusual noise or vibration.	Loose massage heads. Internal malfunction.	Check and re-secure massage heads. Discontinue use and contact customer support if the issue persists.

SPECIFICATIONS

- **Model:** TheraRub Massager Percussion Massager
- **Brand:** Clinical Health Services, Inc.
- **Power Source:** Corded Electric
- **Special Feature:** Variable Slide Speed Control
- **Product Dimensions:** 14 x 7 x 4 inches
- **Item Weight:** Approximately 3.17 Pounds
- **Cord Length:** 14 Feet (Extra Long)
- **Included Accessories:** 3 pairs of interchangeable massage heads

LEGAL DISCLAIMER

As with any therapeutic program, consult your physician or medical professional before beginning physical therapy. This manual and product are not meant to be a substitute for advice provided by a physician or medical professional. Therapeutic Massagers are to be used only by adult consumers. Anyone under the age of 18 should have adult supervision. We reserve the right to modify product content without any notice. Therapeutic programs of any kind pose an inherent danger to the participant. Serious or fatal injury can occur. Use proper techniques and common sense when using the product. Check your equipment thoroughly and inspect for cracks, breaks, etc. If any defects are found, discontinue use of the product. The manufacturer and distributor assume no liability or responsibility for accidents or injury to persons or property that result in connection with the use of this Massager. Please read the instructions before use.