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## Burgmeister BM153-111

# Burgmeister Men's BM153-111 Dakar Automatic Watch User Manual

Model: BM153-111

### INTRODUCTION

This manual provides comprehensive instructions for the operation, maintenance, and care of your Burgmeister Men's BM153-111 Dakar Automatic Watch. Please read this manual thoroughly to ensure proper use and to maximize the lifespan of your timepiece. Your watch features an automatic movement, a stainless steel case and bracelet, a glass bottom, safety pushers, a rotating bezel, and displays for date, weekday, and month.



Front view of the Burgmeister BM153-111 Dakar Automatic Watch, showcasing its white dial, silver luminous hands and indexes, and the visible open balance wheel at the 6 o'clock position. The watch features a black rotating bezel and a stainless steel bracelet.

## SETUP

### Unboxing and Initial Inspection

Upon receiving your Burgmeister BM153-111 watch, carefully remove it from its packaging. Inspect the watch for any signs of damage. The package should include the watch, a user manual, and a warranty card, typically presented in a protective box.



The Burgmeister BM153-111 watch typically comes in a black presentation box, accompanied by a user manual and a warranty card, as shown here.

### Winding the Automatic Movement

Your Burgmeister BM153-111 is an automatic watch, meaning it is powered by the motion of your wrist. However, for initial setup or after a period of inactivity, it is recommended to manually wind the watch. To do this:

1. Ensure the crown is in position 1 (fully pushed in).
2. Turn the crown clockwise approximately 20-30 times. This will build up a power reserve.
3. The watch will start running. Wearing the watch regularly will keep it wound.

### Setting the Time

1. Pull the crown out to position 3 (farthest out).
2. Turn the crown to move the hands clockwise until the correct time is displayed. Pay attention to AM/PM for date change.

3. Once the time is set, push the crown back to position 1.

### **Setting the Date, Day, and Month**

The watch features separate subdials for day and month, and a date window. Avoid setting the date or day between 9 PM and 3 AM, as this is when the gears are engaged for automatic change, and manual adjustment can damage the movement.

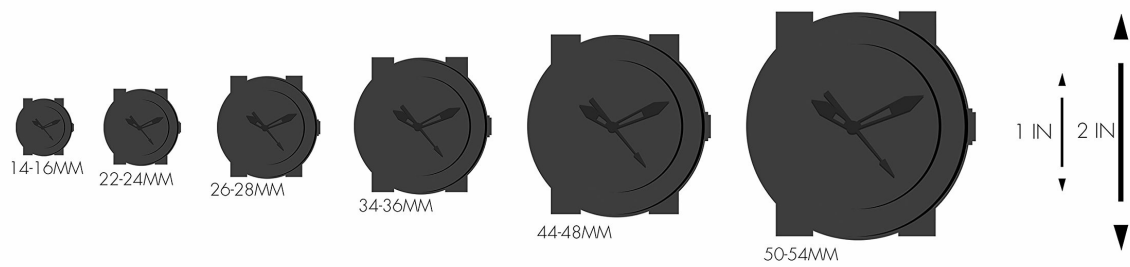
1. Pull the crown out to position 2 (middle position).
2. Turn the crown clockwise to adjust the date.
3. Turn the crown counter-clockwise to adjust the day of the week.
4. The month display is typically adjusted via a small recessed pusher on the side of the case, often near the 2 or 4 o'clock position. Use a small, non-sharp tool (like a toothpick) to gently press this pusher to advance the month.
5. Once all displays are set, push the crown back to position 1.



Angled view of the Burgmeister BM153-111 Dakar Automatic Watch, showing the crown and the two pushers on the right side of the case, which are used for setting various functions.

### **Adjusting the Bracelet**

The stainless steel bracelet can be adjusted by adding or removing links to achieve a comfortable fit. This procedure often requires specialized tools and is best performed by a qualified watchmaker or jeweler. The bracelet features a safety clasp with pushers for secure wearing.



Close-up view of the stainless steel bracelet and the safety clasp with pushers, designed for secure and comfortable wear of the Burgmeister BM153-111 watch.

## OPERATING YOUR WATCH

### Automatic Movement Operation

The BM153-111 watch is powered by an automatic mechanical movement. This means it winds itself through the natural motion of your arm. When fully wound, it has a power reserve that allows it to run for a certain period (typically 36-40 hours) even when not worn. If the watch stops, simply wear it or manually wind it as described in the Setup section.



Rear view of the Burgmeister BM153-111 watch, featuring a transparent case back that allows visibility of the intricate automatic mechanical movement inside.

### **Using the Rotating Bezel**

The watch features a unidirectional rotating bezel, typically used for timing events. To use it, align the zero marker on the bezel with the minute hand at the start of an event. As time passes, the minute hand will point to the elapsed time on the bezel. The bezel rotates in one direction to prevent accidental shortening of timed intervals.

### **Water Resistance**

Your Burgmeister BM153-111 watch is water resistant to 50 meters (165 feet). This rating makes it suitable for short periods of recreational swimming and showering. It is **not** suitable for diving, snorkeling, or high-impact water sports. Always ensure the crown is fully pushed in before any contact with water. Avoid operating the crown or pushers when the watch is wet or submerged.

## MAINTENANCE

### Cleaning Your Watch

To maintain the appearance of your watch, wipe the case and bracelet regularly with a soft, dry cloth. For stainless steel, a slightly damp cloth can be used, followed by a dry cloth. Avoid using harsh chemicals, solvents, or abrasive cleaners, as these can damage the watch's finish and seals.

### Storage

When not wearing your watch for extended periods, store it in a cool, dry place away from direct sunlight, extreme temperatures, and strong magnetic fields. A watch box or a soft pouch is ideal to prevent scratches.

### Service Intervals

Like all mechanical watches, your Burgmeister BM153-111 requires periodic servicing to ensure optimal performance and longevity. It is generally recommended to have the watch serviced by a professional watchmaker every 3-5 years. This service typically includes cleaning, lubrication, and adjustment of the movement, as well as checking and replacing seals to maintain water resistance.

## TROUBLESHOOTING

Problem	Possible Cause	Solution
Watch has stopped or is running slow.	Insufficient power reserve.	Manually wind the watch by turning the crown 20-30 times. Wear the watch regularly to keep it wound.
Date/Day/Month not changing or incorrect.	Incorrect setting or set during restricted hours.	Adjust the time past 3 AM, then reset the date/day/month. Ensure the crown is fully pushed in after setting.
Condensation under the crystal.	Moisture ingress due to damaged seal or crown not fully pushed in.	Immediately take the watch to a professional watchmaker for inspection and repair to prevent internal damage.
Watch is losing or gaining significant time.	Magnetization, need for service, or impact.	Consult a professional watchmaker for demagnetization or servicing. Avoid strong magnetic fields.

## SPECIFICATIONS

Feature	Detail
Model Number	BM153-111
Movement Type	Automatic

Feature	Detail
Case Material	Stainless Steel
Case Diameter	44 Millimetres
Case Thickness	14 Millimetres
Band Material Type	Stainless Steel
Band Colour	Silver
Dial Colour	White
Water Resistance Depth	50 Meters (165 Feet)
Special Features	Date, Day, Month Display, Open Balance Wheel, Rotating Bezel
Item Weight	640 g
Manufacturer	Burgmeister

## WARRANTY AND SUPPORT

### Warranty Information

For warranty-related inquiries and claims, please **contact the Seller of Record** from whom you purchased your Burgmeister BM153-111 watch. Warranty terms and conditions may vary based on the point of purchase.

### Customer Support

For any questions regarding the operation, maintenance, or troubleshooting of your watch that are not covered in this manual, please refer to the contact information provided by your retailer or the official Burgmeister website for further assistance.