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Artsana 1939

Artsana PIC Classic Check Arm Blood Pressure Monitor User Manual

Model: 1939

INTRODUCTION

Thank you for choosing the Artsana PIC Classic Check Arm Blood Pressure Monitor. This device is designed to provide accurate and convenient blood pressure measurements for home use. Please read this manual thoroughly before using the device to ensure proper operation and to understand all safety precautions.



Image: The Artsana PIC Classic Check Arm Blood Pressure Monitor, showing the main unit with a large digital display and the attached arm cuff.

IMPORTANT SAFETY INFORMATION

- Consult your physician before using this device if you have any medical conditions.
- Do not use this device for purposes other than measuring blood pressure.
- Keep the device out of reach of children.
- Do not disassemble or attempt to repair the device yourself.
- Avoid strong electromagnetic fields near the device.

COMPONENTS

The Artsana PIC Classic Check Blood Pressure Monitor typically includes the following components:

- Main Unit (monitor)
- Arm Cuff
- Instruction Manual
- Storage Bag (may vary by package)
- Batteries (may be included)

SETUP

1. **Install Batteries:** Open the battery compartment on the back of the main unit. Insert the required batteries (e.g., 4 x AA) according to the polarity indicators (+/-). Close the compartment securely.
2. **Connect Cuff:** Insert the air tube connector from the arm cuff firmly into the air jack on the side of the main unit. Ensure a secure connection to prevent air leakage during measurement.

OPERATING INSTRUCTIONS

Before Measurement:

- Avoid eating, drinking alcohol, smoking, exercising, and bathing for 30 minutes before measurement.
- Rest for at least 5 minutes before taking a measurement.
- Sit in a comfortable position with your back supported and feet flat on the floor.
- Place your arm on a table so the cuff is at heart level.

Applying the Arm Cuff:

1. Slide your arm through the cuff loop. The air tube should run down the inside of your arm.
2. Position the cuff approximately 1-2 cm above your elbow joint, directly over your brachial artery.
3. Wrap the cuff snugly around your arm, ensuring it is not too tight or too loose. The index line on the cuff should fall within the range indicated.

Taking a Measurement:

1. Once the cuff is correctly positioned, press the red button (Start/Stop button) on the main unit.
2. The cuff will automatically inflate. Remain still and silent during the measurement.
3. After inflation, the cuff will slowly deflate, and your blood pressure readings (systolic and diastolic) and pulse rate will be displayed on the large screen.
4. The device may also indicate if the values are too high according to European Society of Hypertension standards.
5. To turn off the device, press the red button again. The device will automatically shut off after a period of inactivity.

MAINTENANCE AND STORAGE

- **Cleaning:** Wipe the main unit and cuff with a soft, dry cloth. Do not use abrasive cleaners or immerse the

device in water.

- **Storage:** Store the device in a cool, dry place, away from direct sunlight and extreme temperatures. If not in use for an extended period, remove the batteries.
- **Cuff Care:** Ensure the cuff is clean and free from damage. Do not fold the air tube sharply.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Batteries are low or incorrectly inserted.	Replace batteries or check polarity.
Cuff does not inflate or inflates weakly.	Cuff not connected properly; air leakage.	Ensure cuff tube is securely connected to the main unit. Check cuff for damage.
Inaccurate readings.	Incorrect cuff placement; movement during measurement.	Re-read "Operating Instructions" section. Ensure proper cuff placement and remain still.

SPECIFICATIONS

- **Model:** 1939
- **Brand:** Artsana
- **Measurement Method:** Oscillometric
- **Power Source:** Batteries (e.g., AA)
- **Weight:** Approximately 1.5 kg (3.31 lbs) (Main unit and cuff)
- **ASIN:** B005CVGDIA
- **Manufacturer:** ARTSANA

WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the warranty card included with your product or visit the official Artsana website. Keep your purchase receipt as proof of purchase.

For further assistance, you may contact the retailer where the product was purchased or the manufacturer directly.

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This manual is for informational purposes only. Specifications are subject to change without notice.