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› Oreo Vanilla Cream Cookies - 137 gm Instruction Manual

Oreo 2724596938414

Oreo Vanilla Cream Cookies - 137 gm Instruction Manual

Brand: Oreo | **Model:** 2724596938414

1. PRODUCT OVERVIEW

Oreo Vanilla Cream cookies are a classic snack consisting of two chocolate-flavored wafers with a sweet vanilla cream filling. This product comes in a 137-gram package, designed for convenient consumption.



Image: Front view of an Oreo Vanilla Cream cookie package. Note: Packaging size may vary from image.



Image: Close-up of an Oreo Vanilla Cream cookie, showing the chocolate wafer and vanilla cream filling.

2. INGREDIENTS

The following ingredients are typically found in Oreo Vanilla Cream cookies. For the most accurate and up-to-date information, always refer to the product packaging.

NUTRITION INFORMATION

SERVING SIZE: 26.25g (3 Sandwiches)

SERVINGS PER PACK: 4

	PER SERVING	PER 100 G
ENERGY	126kcal	481kcal
ENERGY FROM FAT	50kcal	185kcal
TOTAL FAT	5.4g	20.6g
TRANS FAT	0g	0g
CHOLESTEROL	0mg	0g
MONOUNSATURATED FAT	1.5g	5.6g
POLYUNSATURATED FAT	0.5g	2.0g
SATURATED FAT	2.6g	9.9g
PROTEIN	1.2g	4.7g
TOTAL CARBOHYDRATES	18.2g	69.3g
DIETARY FIBER	0.5g	2.0g
SUGARS	10g	38.2g
SODIUM	137mg	520mg

* Percent Daily Values for population are based on a 2150 kcal diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS

WHEAT FLOUR, SUGAR, NON-HYDROGENATED VEGETABLE OIL (PALM-CONTAINS ANTIOXIDANT TBHQ (INS 319)), COCOA POWDER (4%), FRUCTOSE SYRUP, RAISING AGENTS (SODIUM BICARBONATE (INS 500(ii)), AMMONIUM BICARBONATE (INS 503(ii))), CORN STARCH, SALT, EMULSIFIER (SOY LECITHIN (INS 322(i))), NATURE IDENTICAL VANILLA FLAVOR. FOOD ADDITIVES ARE OF PLANT AND SYNTHETIC ORIGINS.

CONTAINS WHEAT, SOYA. MAY CONTAIN MILK, PEANUTS.

Image: Detailed nutrition information and ingredients list for Oreo Vanilla Cream cookies.

Primary Ingredients: Wheat Flour, Sugar, Non-Hydrogenated Vegetable Oil (Palm - contains antioxidant TBHQ (INS 319)), Cocoa Powder (4%), Fructose Syrup, Raising Agents (Sodium Bicarbonate (INS 500(ii)), Ammonium Bicarbonate (INS 503(ii))), Corn Starch, Salt, Emulsifier (Soy Lecithin (INS 322(i))), Nature Identical Vanilla Flavor. Food Additives are of Plant and Synthetic Origins.

3. NUTRITIONAL INFORMATION

The nutritional values per serving and per 100g are provided below. These values are based on the information available on the product packaging.

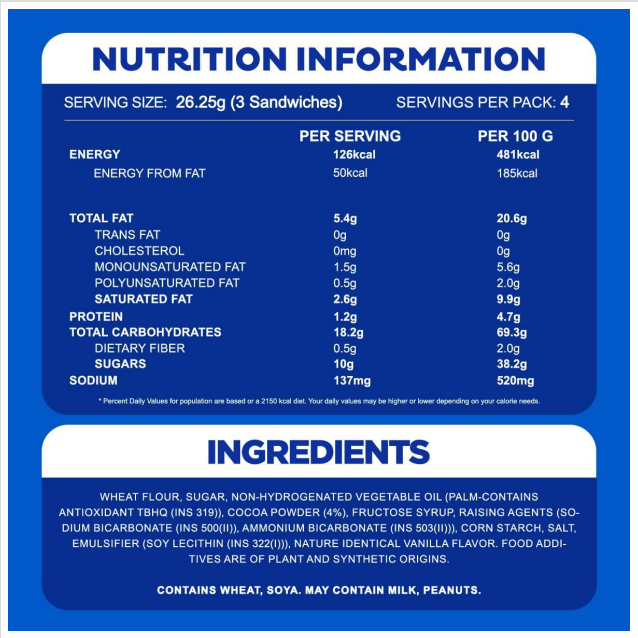


Image: Detailed nutrition information and ingredients list for Oreo Vanilla Cream cookies.

Nutrition Facts (Serving Size: 26.25g, 3 Sandwiches; Servings Per Pack: 4)

Nutrient	Per Serving	Per 100g
Energy	126 kcal	481 kcal
Energy from Fat	50 kcal	185 kcal
Total Fat	5.4g	20.6g
Trans Fat	0g	0g
Cholesterol	0mg	0g
Monounsaturated Fat	1.5g	5.6g
Polyunsaturated Fat	0.5g	2.0g
Saturated Fat	2.6g	9.9g
Protein	1.2g	4.7g
Total Carbohydrates	18.2g	69.3g
Dietary Fiber	0.5g	2.0g
Sugars	10g	38.2g
Sodium	137mg	520mg

*Percent Daily Values for population are based on a 2150 kcal diet. Your daily values may be higher or lower depending on your calorie needs.

4. Usage Instructions

Oreo cookies can be enjoyed in various ways. Here are common methods of consumption:

1. **Twist:** Gently twist the two chocolate wafers apart to separate them from the vanilla cream filling.



Image: Demonstrating the 'Twist' method of opening an Oreo cookie.

2. **Lick:** Once separated, lick the vanilla cream from one or both wafers.

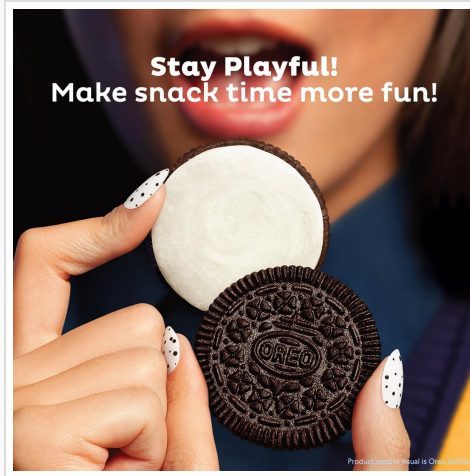


Image: Showing the vanilla cream filling after the top wafer has been removed, ready for licking.

3. **Dunk:** Dip the entire cookie or a separated wafer into a beverage, such as milk, for a softened texture and enhanced flavor.

5. STORAGE INSTRUCTIONS

To maintain the freshness and quality of your Oreo Vanilla Cream cookies, follow these storage guidelines:

- Store in a cool, dry place away from direct sunlight.
- Keep the package sealed tightly after opening to prevent exposure to air and moisture.
- Avoid storing near strong-smelling foods, as cookies can absorb odors.

6. SAFETY AND ALLERGEN INFORMATION

Allergen Statement: Contains Wheat, Soy. May contain Milk, Peanuts. Individuals with allergies to these ingredients should avoid consumption.

Important Disclaimer: Product packaging and materials may contain more and different information than what is shown here. We recommend that you do not rely solely on the information presented and always read labels, warnings, and directions before using or consuming the product.

7. PRODUCT SPECIFICATIONS

Feature	Detail
Brand Name	Oreo
Item Model Number	2724596938414
ASIN	B005A2QJLO
Manufacturer	OREO
Size	137 gm
Unit Count	137 grams
Item Weight	119.6 grams
Number of Pieces	1
Product Dimensions	18 x 4.2 x 4 cm

8. SUPPORT AND WARRANTY

For any inquiries regarding Oreo Vanilla Cream cookies, please refer to the contact information provided on the product packaging. Specific warranty information is not applicable for this food product.

You can also visit the official Oreo store for more information:[Oreo Official Store](#)

