

## G-SHOCK GW-M5600A-7ER

# Casio G-Shock GW-M5600A-7ER Radio-Controlled Solar Digital Watch User Manual

Model: GW-M5600A-7ER

## INTRODUCTION

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Thank you for choosing the Casio G-Shock GW-M5600A-7ER. This watch combines robust G-Shock durability with advanced radio-controlled timekeeping and solar power technology. This manual provides essential information for proper setup, operation, and maintenance of your watch. Please read it carefully to ensure optimal performance and longevity.

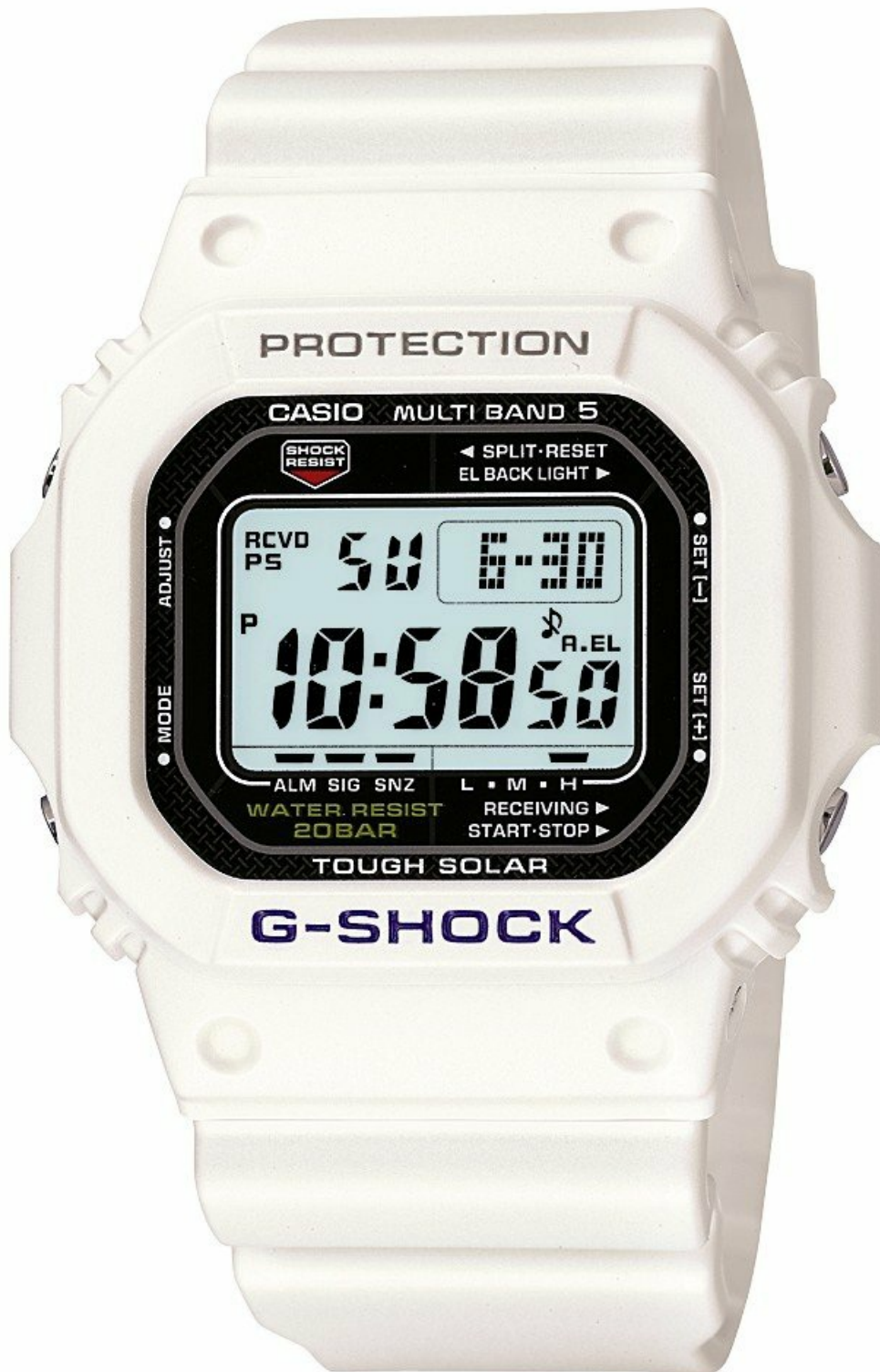


Image: Front view of the Casio G-Shock GW-M5600A-7ER watch, showcasing its digital display and resin strap.

## KEY FEATURES

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- **Radio-Controlled Timekeeping:** Automatically receives time calibration signals for accurate timekeeping.
- **Solar Powered:** Equipped with a solar panel that converts light into electrical power, eliminating the need for battery replacement.

- **200-Meter Water Resistance:** Suitable for swimming, snorkeling, and diving (excluding saturation diving).
- **Shock Resistance:** Designed to withstand impacts and vibrations.
- **Digital Display:** Clear and easy-to-read digital time and function display.
- **Stopwatch Function:** Measures elapsed time, split time, and 1st-2nd place times.
- **Alarm Function:** Multiple daily alarms and an hourly time signal.
- **World Time:** Displays current time in major cities and specific areas around the world.
- **Mineral Glass:** Protective, scratch-resistant hard mineral lens.
- **Durable Resin Construction:** High-performance and durable resin case and strap.

## SETUP

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### 1. Initial Charging

Your watch is powered by a solar cell. Before initial use, expose the watch face to bright light for several hours to ensure it is sufficiently charged. The watch may arrive with a low charge, indicated by a flashing 'CHG' or 'LOW' indicator on the display. Avoid prolonged storage in dark places.

### 2. Setting Your Home City

The Home City setting is crucial for correct time calibration and World Time functionality. Refer to the detailed instructions in the full manual for specific button operations to set your Home City. This setting determines which time calibration signal the watch attempts to receive.

### 3. Time Calibration Signal Reception

The watch automatically attempts to receive a time calibration signal up to six times a day (or five times a day for the Chinese calibration signal). For optimal reception, place the watch near a window at night, away from metal objects and electronic devices. Manual reception can also be initiated:

1. In Timekeeping Mode, hold down the 'A' button (top left) for several seconds until the current time calibration status appears.
2. Press the 'D' button (bottom right) to initiate manual reception.
3. The watch will display 'RCVD' upon successful reception.

## OPERATING INSTRUCTIONS

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### Mode Navigation

Press the 'C' button (bottom left) to cycle through the different modes:

- **Timekeeping Mode:** Displays current time and date.
- **World Time Mode:** Displays current time in various time zones.
- **Alarm Mode:** Set and activate daily alarms.
- **Stopwatch Mode:** Measure elapsed time.
- **Countdown Timer Mode:** Set a countdown from a specified time.

### Using the Stopwatch

1. Navigate to Stopwatch Mode using the 'C' button.

2. Press the 'D' button (bottom right) to start/stop the stopwatch.
3. Press the 'B' button (top right) to record split times or reset the stopwatch when stopped.

## Setting Alarms

1. Navigate to Alarm Mode using the 'C' button.
2. Hold down the 'A' button (top left) until the alarm time starts flashing.
3. Use the 'B' and 'D' buttons to adjust the hour and minute settings.
4. Press 'A' to confirm and exit the setting screen.
5. Press 'D' to toggle the alarm ON/OFF.

## Illumination

Press the 'B' button (top right) to illuminate the display for easy viewing in low light conditions. The duration of illumination can be adjusted in the watch settings.

## MAINTENANCE

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### Charging the Watch

To maintain optimal performance, ensure your watch is regularly exposed to light. The power indicator on the display shows the current charge level. If the charge level is low, expose the watch to direct sunlight or strong artificial light. Avoid covering the watch face when charging.

### Cleaning

Wipe the watch with a soft, dry cloth to remove dirt and moisture. For stubborn dirt, use a soft cloth dampened with water and a mild neutral detergent, then wipe dry. Avoid using volatile agents like thinner or benzene, as they may damage the resin components.

### Water Resistance Precautions

While your watch is water-resistant to 200 meters, it is important to observe the following:

- Do not operate buttons while the watch is wet or submerged.
- Avoid exposing the watch to hot water or steam (e.g., in showers, saunas) as this can compromise seals.
- After exposure to saltwater, rinse the watch thoroughly with fresh water and wipe dry.

## TROUBLESHOOTING

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### Time Not Syncing

- **Check Home City Setting:** Ensure your Home City is correctly set to a region that receives time calibration signals.
- **Reception Environment:** Move the watch to a location with better signal reception, ideally near a window, away from electronic interference.
- **Manual Reception:** Attempt a manual time calibration signal reception (refer to Setup section).
- **Charge Level:** Ensure the watch has sufficient charge. Low power can affect signal reception.

### Display is Blank or Dim

- **Charge Level:** The watch may be in power-saving mode or have a very low charge. Expose it to bright light for an extended period.
- **Power Saving:** The watch enters power-saving mode when left in the dark for a certain period. Press any button or expose it to light to reactivate the display.

## Buttons Not Responding

- **Reset:** In rare cases, a full reset might be necessary. Consult the full Casio manual for your specific module number (usually found on the watch's case back) for detailed reset procedures.
- **Water:** Ensure the watch is completely dry if it has been exposed to water.

## SPECIFICATIONS

<b>Model Number</b>	GW-M5600A-7ER
<b>Manufacturer</b>	G-SHOCK
<b>Display Type</b>	Digital
<b>Movement</b>	Quartz
<b>Power Source</b>	Solar Powered
<b>Water Resistance Depth</b>	200 Meters
<b>Case Material Type</b>	Resin
<b>Band Material Type</b>	Resin
<b>Dial Window Material Type</b>	Mineral
<b>Case Diameter</b>	49 mm
<b>Case Thickness</b>	17 mm
<b>Band Width</b>	25 mm
<b>Clasp Type</b>	Tang Buckle
<b>Item Shape</b>	Square
<b>Band Color</b>	White
<b>Dial Color</b>	Grey

## WARRANTY AND SUPPORT

Your Casio G-Shock GW-M5600A-7ER watch comes with a **2-year manufacturer's warranty**. This warranty covers defects in materials and workmanship under normal use. Please retain your proof of purchase for warranty claims.

For detailed warranty terms, service, or technical support, please refer to the official Casio website or contact your local authorized Casio service center. Contact information can typically be found in the full product manual or on the manufacturer's website.

