

## Imetec CM1-200

# Imetec Sensuij CM1-200 Massaging Cushion User Manual

Model: CM1-200

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## 1. INTRODUCTION

Thank you for choosing the Imetec Sensuij CM1-200 Massaging Cushion. This device is designed to provide targeted massage and relaxation for various parts of your body, including the neck, back, legs, and feet. Featuring rotating massage nodes and an optional heating function, it aims to alleviate muscle tension and promote overall well-being. Please read this manual thoroughly before first use to ensure safe and effective operation.



**Figure 1.1:** The Imetec Sensuij CM1-200 Massaging Cushion. This image shows the beige massaging cushion with a mesh center and red piping, highlighting its compact and ergonomic design.

## 2. IMPORTANT SAFETY INFORMATION

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**Please read all safety instructions carefully before using the appliance. Failure to follow these instructions may result in electric shock, fire, or serious injury.**

- Always disconnect the appliance from the power supply after use and before cleaning.
- Do not use the appliance near water or in damp environments.
- Keep the appliance away from heat sources.
- Do not use if the power cord or plug is damaged. Contact qualified service personnel for repair.
- This appliance is not intended for use by persons with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- Do not use the appliance for more than 15 minutes at a time to prevent overheating. Allow a cool-down period between uses.
- Consult a doctor before use if you have any medical conditions, including but not limited to pregnancy, heart disease, pacemakers, diabetes, or acute injuries.
- Do not use on swollen, inflamed, or injured skin areas.
- Avoid using the appliance while driving or operating heavy machinery.

- Do not insert any objects into the appliance openings.

### 3. SETUP

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1. **Unpack the Device:** Carefully remove the massaging cushion from its packaging. Retain the packaging for future storage or transport.
2. **Inspect for Damage:** Before first use, visually inspect the cushion and power cord for any signs of damage. Do not use if damaged.
3. **Positioning:** Place the massaging cushion on a stable surface, such as a chair, sofa, or floor, depending on the body area you wish to massage. Ensure the cushion is securely positioned and will not slip during use.
4. **Connect Power:** Plug the power adapter into the cushion's power input port, then plug the adapter into a suitable electrical outlet. The device is designed for use with a wired electrical connection.

### 4. OPERATING INSTRUCTIONS

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The Imetec Sensuij CM1-200 features an integrated control panel for easy operation.

#### 4.1 Basic Operation

1. **Power On/Off:** Press the **Power button** once to turn on the device. The massage nodes will begin rotating. Press again to turn off.
2. **Massage Direction:** The massage nodes typically rotate in one direction. Press the **Direction button** to reverse the rotation direction. This can be useful for targeting different muscle groups or for personal preference.
3. **Heat Function:** Press the **Heat button** to activate the soothing heat function. The heat will gradually warm up the massage area. Press again to turn off the heat.
4. **Automatic Shut-off:** For safety and to prevent overheating, the device is equipped with an automatic shut-off feature, typically after 15 minutes of continuous use.

#### 4.2 Recommended Usage Areas

##### Neck and Head Massage



**Figure 4.1:** A person lying down with the Imetec Sensuij CM1-200 positioned under their neck and head for a relaxing massage. This illustrates proper

placement for cervical and head area relief.

Position the cushion comfortably under your neck or the base of your head. Adjust your posture to allow the massage nodes to target the desired area. The gentle kneading action can help relieve tension in the cervical region.

### Back Massage



**Figure 4.2:** A person seated, using the Imetec Sensuij CM1-200 as a lumbar support and massager against a chair. This demonstrates its versatility for back relief.

Place the cushion against the back of a chair or sofa, positioning it to target your upper, middle, or lower back. The ergonomic design allows it to conform to the natural curve of your spine, providing relief to tired back muscles.

### Foot Massage





**Figure 4.3:** A person resting their bare feet on the Imetec Sensuij CM1-200 for a foot massage. The image highlights the cushion's use for foot relaxation. For a revitalizing foot massage, place the cushion on the floor and rest your feet on top of the massage nodes. The removable padded cover can be used for a softer foot massage experience.

### Leg Massage



**Figure 4.4:** A person resting their thighs/buttocks on the Imetec Sensuij CM1-200 for a leg massage. This demonstrates how the cushion can be used to soothe tired leg muscles.

Place the cushion under your calves or thighs while seated or lying down. The massage action can help improve circulation and relieve muscle fatigue in your legs.

## 5. MAINTENANCE AND CARE

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Proper care ensures the longevity and optimal performance of your massaging cushion.

- **Cleaning:** Always unplug the device before cleaning. Wipe the surface of the cushion with a soft, slightly damp cloth. Do not use abrasive cleaners, solvents, or harsh chemicals.
- **Removable Cover:** The padded cover for foot massage is removable. It can be hand-washed with mild soap and water, then air-dried completely before reattaching.
- **Storage:** When not in use, store the massaging cushion in a cool, dry place, away from direct sunlight and extreme temperatures. Avoid placing heavy objects on top of the cushion.
- **Power Cord:** Do not wrap the power cord tightly around the device. Avoid kinking or stretching the cord.

## 6. TROUBLESHOOTING

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If you encounter any issues with your Imetec Sensuij CM1-200, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Not plugged in correctly; power outlet issue; damaged power cord.	Ensure the power adapter is securely plugged into both the cushion and a working electrical outlet. Test the outlet with another device. If the cord is damaged, do not use and contact support.
Massage nodes stop working during use.	Automatic shut-off activated; overheating.	The device has an automatic 15-minute shut-off. Allow the device to cool down for at least 30 minutes before resuming use.
Heat function is not working.	Heat function not activated; internal malfunction.	Ensure the Heat button has been pressed. Note that heat may take a few minutes to become noticeable. If still not working, contact support.
Unusual noises or smells.	Internal malfunction.	Immediately turn off and unplug the device. Do not use. Contact customer support for assistance.

## 7. PRODUCT SPECIFICATIONS

Feature	Detail
Brand	Imetec
Model Number	CM1-200
Dimensions (L x W x H)	13.9 x 42.2 x 30 cm (approximately 5.5 x 16.6 x 11.8 inches)
Item Weight	2 kg (approximately 4.4 lbs)
Power Source	Wired Electric
Special Features	Removable padded cover for foot massage, simple fastening system, heat function, massage direction reversal.
Color	Beige
Intended Use	Back, Neck, Legs, Feet

## 8. WARRANTY AND SUPPORT

Imetec products are manufactured to high-quality standards. For information regarding the warranty period and terms, please refer to the warranty card included with your product or visit the official Imetec website. If you require technical assistance, have questions about your product, or need to report a malfunction, please contact Imetec Customer Support. Contact details can typically be found on the official Imetec website or in the product packaging.

**Manufacturer:** Tenacta Group S.p.A.

**Website:** [www.imetec.com](http://www.imetec.com)



Istruzioni per l'uso  
Instrukcje dla użycia  
Mode d'emploi  
Bedienungsanleitung  
Instrucciones de uso  
Ölléírás  
Ölléírás

Návod k použití  
Návod k používání  
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TYPE Q8602

**IMETEC**

## [IMETEC Q8602 Piastra per Capelli - Manuale d'Uso](#)

Manuale d'uso completo per la piastra per capelli IMETEC Q8602, con istruzioni dettagliate su sicurezza, utilizzo, manutenzione e garanzia.

## [Imetec Ferro a Vapore P8401/P8402: Manuale d'Uso e Sicurezza](#)

Manuale completo per il ferro da stiro a vapore Imetec P8401/P8402. Include istruzioni dettagliate per l'uso, avvertenze di sicurezza, manutenzione e risoluzione dei problemi per garantire un'esperienza di stiratura ottimale.