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› Armitron Sport Men's Digital Chronograph Watch 40-8231 Instruction Manual

Armitron 40-8231

Armitron Sport Men's Digital Chronograph Watch

Model: 40-8231

Brand: Armitron

INTRODUCTION

This manual provides comprehensive instructions for the operation and maintenance of your Armitron Sport Men's Digital Chronograph Watch, model 40-8231. This timepiece is designed for durability and functionality, featuring a digital display with multiple functions including a chronograph, countdown timer, and alarm. Please read this manual thoroughly to ensure proper use and to maximize the lifespan of your watch.



Figure 1: Front view of the Armitron Sport Men's Digital Chronograph Watch.

SAFETY INFORMATION

To ensure safe and optimal performance of your watch, please observe the following:

- Avoid exposing the watch to extreme temperatures (hot or cold) for prolonged periods.
- Do not attempt to open the watch case or replace the battery yourself, as this may void the warranty and damage the watch.
- Keep the watch away from strong magnetic fields, which can affect its accuracy.
- Clean the watch with a soft, dry cloth. Avoid using chemical cleaners.
- While water resistant, avoid pressing buttons underwater to prevent water ingress.

PARTS IDENTIFICATION

Familiarize yourself with the various parts and buttons of your Armitron Sport watch:



Figure 2: Side view showing watch buttons.

- **Display:** Digital LCD screen showing time, date, and various function indicators.
- **Mode Button (Left-Bottom):** Cycles through different modes (Time, Chronograph, Alarm, Timer).
- **Set Button (Left-Top):** Used to enter and exit setting modes.
- **Adjust/Start Button (Right-Top):** Used to adjust values in setting mode or start/stop functions.

- **Light/Reset Button (Right-Bottom):** Activates backlight or resets functions.
- **Case:** The main body of the watch, made of resin.
- **Strap:** Durable resin band with a buckle closure.

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Video 1: A 360-degree view of the Armitron Sport watch, showcasing its design and features from all angles.

SETUP

Setting Time and Date

1. In Timekeeping Mode, press and hold the **Set** button until the seconds begin to flash. This indicates you are in setting mode.
2. Press the **Adjust/Start** button to advance the seconds. Hold to advance rapidly.
3. Press the **Mode** button to move the flashing selection to the next setting (e.g., minutes, hours, 12/24-hour format, month, date, day of week).
4. For each setting, use the **Adjust/Start** button to change the value.
5. Once all settings are adjusted, press the **Set** button again to exit the setting mode.

Battery Information

Your Armitron Sport watch uses 1 Lithium Metal battery (included). The battery is designed for long-lasting performance. When the display becomes dim or functions become erratic, it may be time for a battery replacement. It is recommended to have the battery replaced by a qualified watch technician to ensure proper sealing and water resistance.

OPERATING INSTRUCTIONS

Timekeeping Mode

This is the default mode, displaying the current time, day, and date. Press the **Light/Reset** button to activate the backlight for a few seconds in low-light conditions.

Chronograph (Stopwatch) Mode

To use the chronograph:

1. From Timekeeping Mode, press the **Mode** button until "CHRONO" or "STW" appears on the display.
2. Press the **Adjust/Start** button to start the stopwatch.
3. Press the **Adjust/Start** button again to stop the stopwatch.
4. Press the **Light/Reset** button to reset the stopwatch to zero.
5. To record lap times, press the **Light/Reset** button during timing to display the lap time. The stopwatch continues to run in the background. Press **Light/Reset** again to return to the running stopwatch.

Countdown Timer Mode

To use the countdown timer:

1. From Timekeeping Mode, press the **Mode** button until "TIMER" or "TMR" appears.
2. Press and hold the **Set** button to enter timer setting mode. The hours will flash.

3. Use the **Adjust/Start** button to set the desired hours, then press **Mode** to move to minutes, and then seconds.
4. Press **Set** to confirm the timer setting.
5. Press **Adjust/Start** to start the countdown.
6. Press **Adjust/Start** again to pause/resume the countdown.
7. Press **Light/Reset** to reset the timer to its initial set value.

Alarm Mode

To set and activate the alarm:

1. From Timekeeping Mode, press the **Mode** button until "ALARM" or "ALM" appears.
2. Press and hold the **Set** button to enter alarm setting mode. The alarm hours will flash.
3. Use the **Adjust/Start** button to set the desired alarm hour, then press **Mode** to move to minutes.
4. Press **Set** to confirm the alarm time.
5. Press the **Adjust/Start** button (while in Alarm Mode, not setting mode) to toggle the alarm ON/OFF. An alarm icon will appear/disappear on the display.
6. When the alarm sounds, press any button to stop it.

Hourly Chime

To activate or deactivate the hourly chime:

- In Timekeeping Mode, press the **Mode** button until the hourly chime indicator (often a bell icon) is visible.
- Press the **Adjust/Start** button to toggle the hourly chime ON/OFF.

MAINTENANCE

Cleaning Your Watch

Regular cleaning helps maintain the appearance and longevity of your watch:

- Wipe the watch case and strap with a soft, lint-free cloth.
- For resin straps, a mild soap solution and water can be used, followed by thorough rinsing and drying.
- Avoid abrasive materials or harsh chemicals, which can damage the watch's finish.

Water Resistance

Your Armitron Sport watch is water resistant to 100 meters (330 feet). This means it is generally suitable for swimming and snorkeling, but not for scuba diving. Refer to the chart below for detailed water resistance guidelines:

WATER RESISTANT CHART

 NOT WATER RESISTANT	NOT WATER RESISTANT
 ACCIDENTAL SPLASHES	WATER RESISTANT TO 30M (100FT): In general, withstands splashes or brief immersion in water, but not suitable for swimming or bathing
 SWIMMING	WATER RESISTANT TO 50M (165FT): In general, suitable for short periods of recreational swimming, but not diving or snorkeling
 SNORKELING	WATER RESISTANT TO 100 M (330 FT): In general, suitable for swimming and snorkeling, but not scuba diving

Figure 3: Water Resistance Chart.

- **Important:** Do not operate any buttons while the watch is submerged in water.
- After exposure to saltwater, rinse the watch with fresh water and dry it thoroughly.



Figure 4: Armitron Sport watch worn on a wrist.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Display is blank or dim.	Low battery.	Replace the battery. Contact a qualified watch technician.
Time is inaccurate.	Incorrect time setting or exposure to strong magnetic fields.	Reset the time according to the "Setting Time and Date" section. Keep watch away from magnets.
Buttons are unresponsive.	Watch may be in a locked mode or battery is low.	Try pressing the Mode button to cycle through modes. If still unresponsive, replace battery.
Condensation inside the display.	Water ingress due to damaged seal or extreme temperature change.	Stop using the watch immediately and take it to a watch repair specialist.

SPECIFICATIONS

- **Model Number:** 40/8231RDGY
- **Display Type:** Digital
- **Case Material:** Resin
- **Band Material:** Resin
- **Movement:** Japanese Quartz
- **Water Resistance:** 100 meters (330 feet)
- **Battery:** 1 Lithium Metal battery (included)
- **Features:** Chronograph, Countdown Timer, Alarm, Military Time, Hourly Chime, LCD Screen
- **Product Dimensions:** 7 x 27 x 11 inches; 4.96 ounces
- **Manufacturer:** Armitron Sport



Figure 5: Back view of the watch.

WARRANTY AND SUPPORT

Armitron watches are manufactured to high standards and are backed by a limited warranty. For specific warranty details, service, or support, please refer to the warranty card included with your purchase or visit the official Armitron website. Keep your proof of purchase for warranty claims.

For further assistance, you may contact Armitron customer service through their official channels. Please have your model number (40-8231) ready when contacting support.