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› NOW Foods Potassium Citrate 99 mg Capsules User Manual

NOW Foods No Model

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Model: No Model

INTRODUCTION

This manual provides essential information for the safe and effective use of NOW Foods Potassium Citrate 99 mg Capsules. Please read this manual thoroughly before use and retain it for future reference.



Image: Front view of NOW Foods Potassium Citrate 99 mg capsules, showing two bottles.

PRODUCT OVERVIEW AND FEATURES

NOW Foods Potassium Citrate 99 mg is an essential mineral supplement designed to support various bodily functions. Key features include:

- Potassium is an essential mineral that is widely distributed among food sources, with especially high levels present in fruits and vegetables.
- Potassium is critical for the maintenance of normal whole-body and cellular fluid levels, as well as for the maintenance of acid-base balance.
- It is also necessary for proper muscle contraction, the maintenance of healthy heart function, and for the transmission of nerve impulses.
- Potassium citrate is a well absorbed and highly bioavailable form of potassium.



Image: Supplement Facts panel detailing potassium content and other ingredients.

SAFETY INFORMATION

Please read the following safety information carefully before using this product:

- **Caution:** Do not consume potassium supplements if you have kidney disease or are using a potassium-sparing diuretic.
- Store in a cool, dry place.
- The product is labeled to United States standards and may differ from similar products sold elsewhere in its ingredients, labeling, and allergen warnings.

- For adults only. Consult physician if pregnant/nursing, taking any medications (especially those that may affect kidney function or blood potassium levels), or have a medical condition (especially heart/kidney condition or diabetes). Keep out of reach of children.
- Natural color variation may occur in this product.



Image: Back label of the product bottle, displaying suggested usage and safety warnings.

Product Barcode: [0733739014481](#)

INGREDIENTS

Each capsule contains:

- Potassium (from 310 mg Potassium Citrate): 99 mg

Other ingredients:

- Cellulose
- Gelatin (capsule)
- Stearic acid (vegetable source)
- Silica

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

DIRECTIONS FOR USE (OPERATING)

For optimal results, follow these usage instructions:

- Take 1 capsule 1 to 5 times daily.
- Preferably take with food.

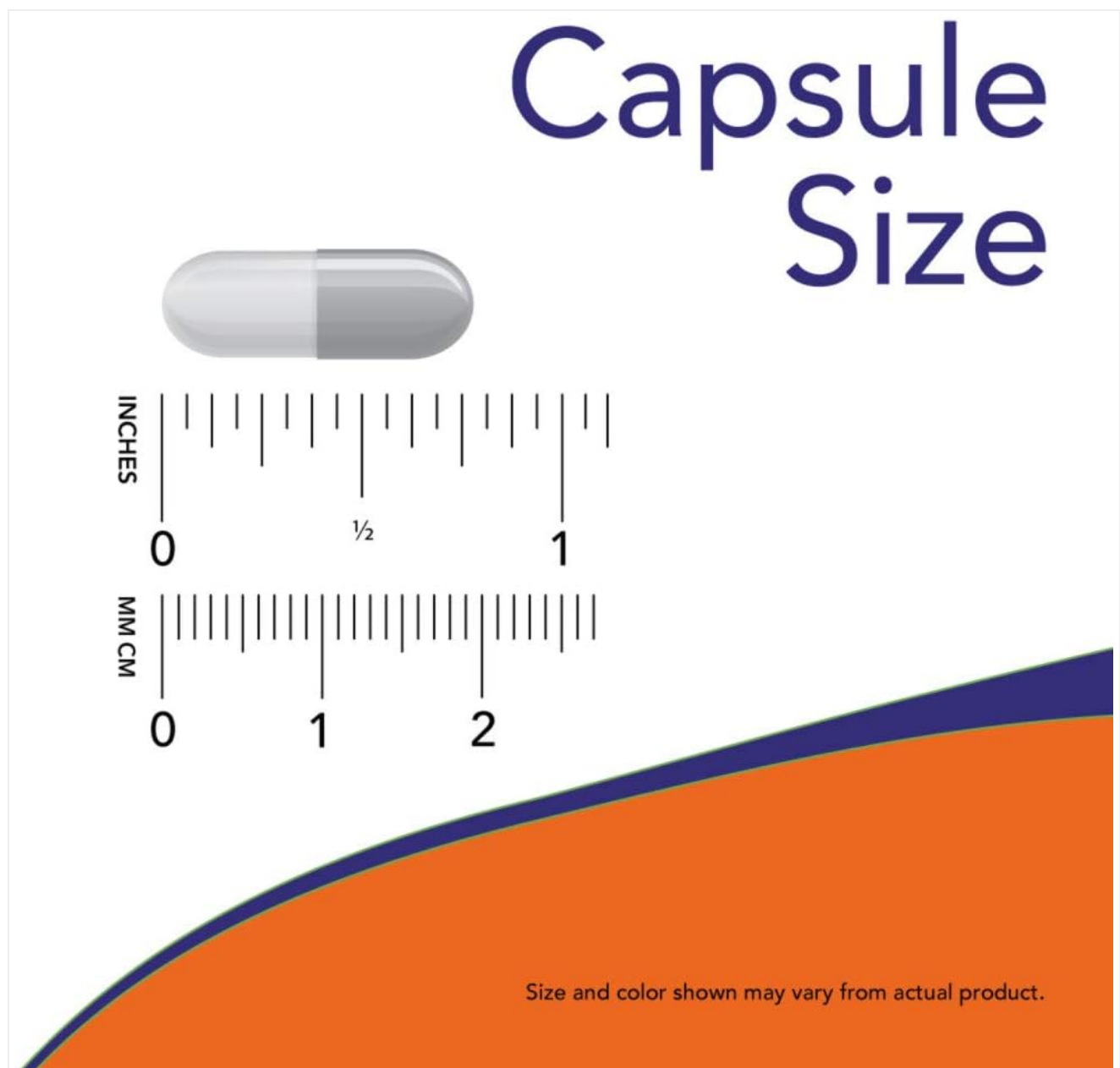


Image: Visual representation of the capsule size for reference.

STORAGE AND MAINTENANCE

Proper storage ensures product integrity and effectiveness:

- Store in a cool, dry place after opening.



Image: Visual reminder for proper storage conditions.

TROUBLESHOOTING AND IMPORTANT CONSIDERATIONS

While this product is generally well-tolerated, consider the following:

- If you experience any adverse reactions, discontinue use and consult a healthcare professional immediately.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.
- Potassium is required for normal muscle/nerve function and helps to regulate blood pressure in conjunction with the mineral sodium.

Potassium

Required for normal muscle/nerve function and helps to regulate blood pressure in conjunction with the mineral sodium*

* This statement has not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Image: Information on the role of Potassium in the body.

SPECIFICATIONS

Attribute	Detail
Brand	NOW Foods
Item Form	Capsule
Primary Supplement Type	Potassium
Unit Count	360 Count (Pack of 2 x 180 capsules)
Flavor	Unflavored
Product Dimensions	2.5 x 2.5 x 4.5 inches; 4.8 ounces
Item Model Number	No Model

Attribute	Detail
Manufacturer	NOW Foods
ASIN	B0041U2PTY
Date First Available	September 3, 2010

WARRANTY AND SUPPORT

For any questions, concerns, or support regarding your NOW Foods Potassium Citrate capsules, please contact NOW Foods directly through their official website or customer service channels. Specific warranty information for dietary supplements is typically not provided in the same manner as electronic devices, but product quality and satisfaction are generally guaranteed by the manufacturer.

Visit the official NOW Foods website for more information:www.nowfoods.com

Since the beginning...
**NOW® has believed
in the mission of
Vitamin Angels.**

 **vitamin
angels®**

FOUNDING  PARTNER

Image: Information about NOW Foods' partnership with Vitamin Angels.

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This manual is for informational purposes only. Always consult with a healthcare professional before starting any new supplement regimen.