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Ossur B0040OFASO



Ossur Cold Rush Therapy Machine System User Manual

Model: B0040OFASO

INTRODUCTION

The Ossur Cold Rush Therapy Machine System is designed to provide effective cold therapy for various post-operative and injury recovery needs. This system delivers consistent cold temperatures to help reduce swelling, manage pain, and support rehabilitation. It is engineered for quiet operation, portability, and user-friendly setup.

IMPORTANT SAFETY INFORMATION

WARNING: Consult with a healthcare professional before using this device, especially if you have pre-existing medical conditions or are taking medications. Improper use of cold therapy can lead to adverse effects such as skin damage or frostbite.

- Do not apply cold therapy directly to skin for extended periods without a barrier.
- Monitor skin condition frequently during treatment.
- Discontinue use and consult a physician if you experience unusual pain, numbness, or skin discoloration.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

PRODUCT COMPONENTS

The Ossur Cold Rush Therapy Machine System includes the main unit, power adapter, and tubing. Therapy pads are typically sold separately to allow for customization based on treatment area.



Figure 1: Ossur Cold Rush Therapy Machine System, showing the main unit, power adapter, and coiled tubing.

Strong, Silent & Lightweight

- 1 Locking Lid to Help Prevent Spills
- 2 Carrying Handle
- 3 Insulated Walls for Improved Cooling
- 4 Flow Control Knob
- 5 Insulated Long Tubing



Figure 2: Key components of the Cold Rush unit, including the locking lid, carrying handle, insulated walls, flow control knob, and insulated tubing.

SETUP INSTRUCTIONS

1. **Prepare the Unit:** Place the Cold Rush unit on a stable, level surface.
2. **Add Water and Ice:** Open the lid and fill the reservoir with cold water up to the indicated fill line. Then, add ice. Using frozen water bottles instead of loose ice can help maintain colder temperatures for longer and simplify cleaning.

Cold Rush

Therapy Machine

Easy to flip lid to add ice
that seals for long lasting
cold temperature



Figure 3: Adding ice to the Cold Rush Therapy Machine reservoir.

3. **Connect Therapy Pad:** Attach the desired therapy pad (sold separately) to the insulated tubing connectors. Ensure a secure connection to prevent leaks.
4. **Position Therapy Pad:** Place the therapy pad on the affected body part. Use the provided straps or wraps to secure the pad in place, ensuring comfortable contact with the skin. A protective barrier (e.g., a thin cloth) between the pad and skin is recommended.
5. **Power On:** Connect the power adapter to the unit and then plug it into a standard electrical outlet. Turn the unit on using the power switch.

OPERATING INSTRUCTIONS

Once the unit is set up, it will begin circulating cold water through the therapy pad. The flow control knob allows for adjustment of the water flow rate.

- **Treatment Duration:** Follow your healthcare professional's recommendations for treatment duration. General cold therapy unit safety precautions suggest treatment durations of up to 6 hours.
- **Flow Control:** Adjust the flow control knob to achieve a comfortable and effective cold sensation. Higher settings increase water flow.
- **Monitoring:** Regularly check the skin under the therapy pad for any signs of irritation, excessive cold, or

discoloration.

Localized Body-Part Specific Pad for the Most Effective Treatment



Figure 4: Example of Cold Rush Therapy Machine in use with a shoulder pad.

Cold Rush

Therapy Machine



Figure 5: Examples of body-part specific therapy pads that can be used with the system.

Strong, Silent & Lightweight



Figure 6: Example of Cold Rush Therapy Machine in use with an ankle pad.

MAINTENANCE

- **Cleaning:** After each use, empty the water and ice from the reservoir. Clean the reservoir and tubing with mild soap and water. Rinse thoroughly.
- **Drying:** Allow all components to air dry completely before storage to prevent mold or mildew growth.
- **Storage:** Store the unit in a cool, dry place. If storing for an extended period, consider flushing the system with distilled water before storage to prevent mineral buildup in the pump.

TROUBLESHOOTING

| Problem | Possible Cause | Solution |
|---------|----------------|----------|
|---------|----------------|----------|

| Problem | Possible Cause | Solution |
|-----------------------------|--|---|
| Unit does not turn on. | Power cord not connected, power outlet malfunction, unit switch off. | Ensure power cord is securely plugged in. Check power outlet with another device. Verify power switch is in the 'ON' position. |
| No water flow or weak flow. | Insufficient water in reservoir, kinked tubing, air in system, pump obstruction. | Add more water. Check tubing for kinks. Lift and lower the therapy pad to help release air. Clean the system if mineral buildup is suspected. |
| Water is not cold enough. | Insufficient ice, too much water, prolonged use. | Add more ice or replace melted ice. Ensure proper water-to-ice ratio. Consider using frozen water bottles for longer-lasting cold. |
| Leaking from connections. | Loose connections, damaged O-rings. | Ensure all tubing and pad connections are securely fastened. Inspect O-rings for damage and replace if necessary. |

For further troubleshooting or issues not listed here, please refer to the official user manual PDF or contact Ossur customer support.

SPECIFICATIONS

- **Model Number:** B0040OFASO
- **Product Dimensions:** 18 x 12 x 10 inches
- **Item Weight:** 1 Pound
- **Manufacturer:** Ossur
- **Special Feature:** Lightweight
- **Unit Count:** 1.00 Count
- **Age Range (Description):** Adult

WARRANTY AND SUPPORT

For warranty information, product support, or to purchase replacement parts, please contact Ossur customer service directly. You can also find the official user manual in PDF format for detailed instructions and support: [Download Official User Manual \(PDF\)](#)



Related Documents - B0040OFASO



Instructions for Use

COLD RUSH® COMPACT

[Össur Cold Rush Compact: Instructions for Use and Operation](#)

Comprehensive guide to the Össur Cold Rush Compact mechanical circulation cold therapy system. Learn about setup, operation, indications, contraindications, safety precautions, and maintenance for effective pain and swelling management.



[Össur Cold Rush Cold Therapy System - Product Information and Pads](#)

Detailed information on the Össur Cold Rush and Cold Rush Compact cold therapy systems, including indications for use, features, benefits, ordering information, and available pads. This document provides a comprehensive overview of the product's capabilities and accessory options.

Technical Manual



Össur® Halo Ring

[Össur Halo Ring Technical Manual: Application and Use](#)

This technical manual from Össur details the Halo Ring system for cervical spine stabilization. It covers indications, contraindications, detailed application procedures for medical professionals, and essential aftercare guidelines, including sizing charts and product specifications.



Instructions for Use

UNLOADER ONE SMARTDOSING®
UNLOADER ONE CUSTOM
SMARTDOSING®

[Össur Unloader One SmartDosing® Knee Brace: Instructions for Use](#)

Comprehensive instructions for fitting, use, and care of the Össur Unloader One SmartDosing® and Unloader One Custom SmartDosing® knee braces, designed for unicompartmental knee unloading. Available in multiple languages.

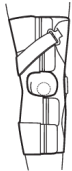


Instructions for Use

UNLOADER ONE® X
UNLOADER ONE® X CUSTOM

[Össur Unloader One X & X Custom Instructions for Use](#)

Comprehensive instructions for the Össur Unloader One X and Unloader One X Custom knee braces, detailing intended use, indications, fitting, care, and safety guidelines for managing knee conditions.



Instructions for Use

OA EASE

[Össur OA EASE Knee Brace: Instructions for Use](#)

Detailed instructions for fitting, using, cleaning, and disposing of the Össur OA EASE knee brace. This guide covers intended use, indications, warnings, safety, application steps, removal, and care for managing knee osteoarthritis and related conditions.