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› Salter 9141 WH3R Glass Body Fat Analyser Bathroom Scale User Manual

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Model: 9141WH3R

INTRODUCTION

This manual provides detailed instructions for the safe and effective use of your Salter 9141 WH3R Glass Body Fat Analyser Bathroom Scale. Please read this manual thoroughly before first use and retain it for future reference. This scale is designed to measure body weight, body fat percentage, body water percentage, and Body Mass Index (BMI).

SALTER®



Ultra Slim Glass Analyser Scale



Image: The Salter 9141 WH3R Glass Body Fat Analyser Bathroom Scale, showcasing its sleek design and digital display.

IMPORTANT SAFETY INFORMATION

- **Warning: This product contains a button/coin battery.** Swallowing a button/coin battery can cause severe internal injuries in as little as 2 hours and can lead to death. Keep new and used batteries away from children. If you think batteries may have been swallowed or placed inside any part of the body, seek immediate medical attention.

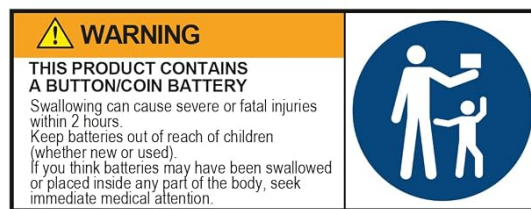


Image: A warning label indicating the presence of a button/coin battery and the associated hazards, emphasizing keeping it away from children.

- Do not use the body fat, body water, or BMI measurement functions if you have a pacemaker or any other implanted electronic medical device.
- Do not use the body fat, body water, or BMI measurement functions if you are pregnant.
- The body fat, body water, and BMI measurements are calibrated for individuals aged 20 and above. Weight measurements are suitable for individuals aged 16 and above.
- Always ensure the scale is placed on a firm, flat surface. Uneven surfaces can affect accuracy.
- The glass platform can be slippery when wet. Ensure the scale surface is dry before use.

SETUP

1. Battery Installation

Your Salter scale requires one CR2032 Lithium battery (included). Locate the battery compartment on the underside of the scale. Open the compartment, insert the battery with the correct polarity (+/-), and close the cover securely.



Image: The underside of the Salter scale, highlighting the CR2032 battery compartment.

2. Placing the Scale

Place the scale on a hard, flat, and level surface. For accurate readings, avoid placing it on soft surfaces like carpet. If you must use the scale on carpet, attach the provided carpet feet. These feet should be clipped into the existing rubber feet on the scale's base.

3. Unit Selection

On the underside of the scale, locate the unit switch. You can select between kilograms (kg), stones (st), and pounds (lb) for weight measurement. Ensure your preferred unit is selected before first use.



Image: Close-up of the scale's display, illustrating the option to switch between metric (KG) and imperial (ST/LB) units.

OPERATING INSTRUCTIONS

1. Basic Weight Measurement

1. Gently tap the center of the scale with your foot to activate it. The display will show "0.0" or "0.00".
2. Once "0.0" is displayed, step onto the scale with bare feet, standing still and centered.
3. Your weight will be displayed. The scale will automatically turn off after a few seconds.



Image: A person stepping onto the Salter scale, demonstrating how to obtain an instant weight reading.

2. Setting Up User Memory (Body Analysis)

The scale can store data for up to 4 users. This data includes gender, height, and age, which are used to calculate body fat, body water, and BMI. It does not store previous weight readings.



Image: The Salter scale displaying an icon indicating its 4-user memory capability.

1. Press the 'SET' button (usually located on the back edge of the scale) to enter setup mode.
2. Use the arrow buttons to select a user number (P1, P2, P3, P4). Press 'SET' to confirm.
3. Set your gender (male/female) using the arrow buttons and confirm with 'SET'.
4. Enter your height using the arrow buttons and confirm with 'SET'.
5. Enter your age using the arrow buttons and confirm with 'SET'.
6. The scale will then display "0.0" or "0.00", indicating it's ready for measurement.

3. Taking Body Analysis Measurements

1. Tap the scale to activate it.
2. Press the 'USER' button (or similar, typically on the back edge) to select your personal user number (P1-P4). The display will briefly show your stored height and age.
3. Wait for the display to show "0.0" or "0.00".

4. Step onto the scale with bare feet, ensuring your feet are positioned on the metal electrodes. Stand still.
5. The scale will first display your weight. Then, it will show four small 'o's as it performs the body analysis (this takes approximately 3-4 seconds).
6. The scale will then cycle through your weight, BMI, body fat percentage, and body water percentage.
7. If your feet are too dry, the scale may only display your weight. Lightly dampen your feet if you encounter this issue.



Image: A person standing barefoot on the Salter scale, positioned correctly for body analysis measurements.

MAINTENANCE

- Clean the scale with a damp cloth and mild detergent. Do not use abrasive cleaners or immerse the scale in water.
- Avoid exposing the scale to extreme temperatures, direct sunlight, or high humidity.
- If the scale will not be used for an extended period, it is recommended to remove the battery.

TROUBLESHOOTING

Problem	Solution
"Lo" or "Err" on display	Indicates low battery. Replace the CR2032 battery.
Inaccurate readings	Ensure the scale is on a hard, flat, level surface. If on carpet, ensure carpet feet are installed correctly. Step onto the scale gently and stand still. Ensure feet are bare and slightly damp for body analysis. Recalibrate by stepping on, waiting for "0.0", then stepping off. Repeat if necessary.
No body analysis readings (only weight)	Ensure you have selected your user profile before weighing. Ensure your feet are bare and making good contact with the metal electrodes. Lightly dampen your feet if they are too dry. Verify your age is set correctly (body analysis is for ages 20+).
Scale does not turn on	Check battery installation and replace if necessary.

SPECIFICATIONS

- **Model:** Salter 9141 WH3R
- **Capacity:** 160 kg / 350 lb / 25 st
- **Graduation:** 0.1 kg / 0.2 lb
- **Display Type:** LCD with Backlit Display
- **Power:** 1 x CR2032 Lithium battery (included)
- **Dimensions (HWD):** 30 x 30 x 2.5 cm
- **Platform:** Toughened Glass
- **User Memory:** 4 users



Image: Diagram showing the dimensions of the Salter scale: 30cm width, 30cm depth, and 2.5cm height.

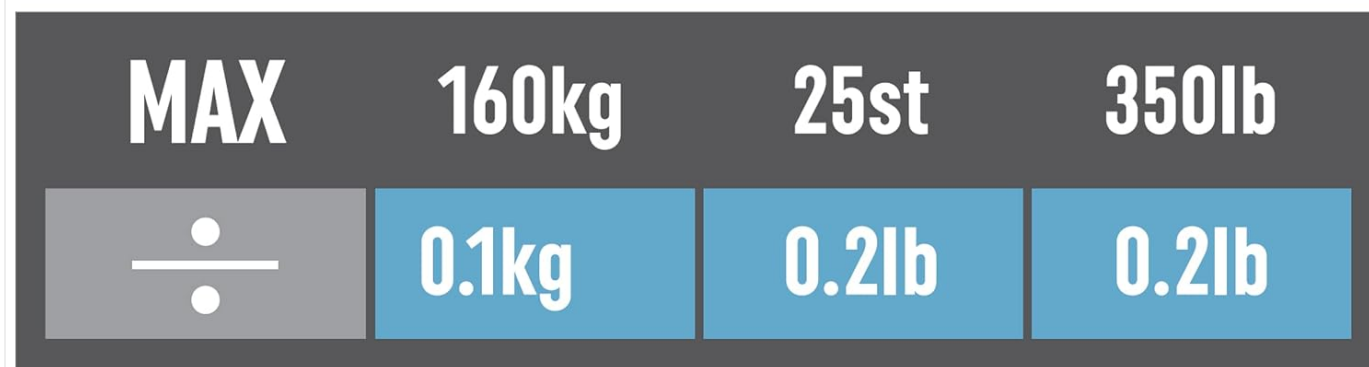


Image: Chart detailing the maximum weight capacity (160kg, 25st, 350lb) and measurement division (0.1kg, 0.2lb) for the Salter scale.

WARRANTY

This Salter product comes with a 15-year guarantee from the date of purchase. Please retain your proof of purchase for warranty claims. The guarantee covers defects in materials or workmanship under normal use. It does not cover damage caused by misuse, accident, unauthorized alteration, or lack of reasonable care. For full terms and conditions, please refer to the official Salter website or contact customer support.

SUPPORT

For further assistance, product registration, or to view frequently asked questions, please visit the official Salter website or contact their customer service department. Contact details can typically be found on the product packaging or the manufacturer's website.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question