#### Manuals+

Q & A | Deep Search | Upload

#### manuals.plus /

- MAJOR /
- » MAJOR Prenatal Tablets for Pregnant and Lactating Women Dietary Supplement 100 Count User Manual

#### MAJOR 00904-5313-60

# **MAJOR Prenatal Tablets User Manual**

Dietary Supplement for Pregnant and Lactating Women

Brand: MAJOR | Model: 00904-5313-60

## 1. PRODUCT OVERVIEW

MAJOR Prenatal Tablets are a dietary supplement specifically formulated for pregnant and lactating women. This supplement is designed to provide essential vitamins and minerals to support maternal health and fetal development. Each tablet delivers a comprehensive blend of nutrients, including vitamins A, C, D, E, B6, and B12, along with thiamin, riboflavin, niacin, folate, calcium, iron, and zinc.





Image 1.1: Front view of the MAJOR Prenatal Tablets bottle, indicating 100 tablets per container. Product identifier: 0309045313602.

#### 2. INGREDIENTS

Each MAJOR Prenatal Tablet contains the following active ingredients and their respective daily values for pregnant and lactating women:

- Vitamin A (as Acetate and 4% Beta Carotene): 1200 mcg (92% Daily Value)
- Vitamin C (as Ascorbic Acid): 100 mg (83% Daily Value)
- Vitamin D (as Cholecalciferol): 10 mcg (400 IU) (67% Daily Value)
- Vitamin E (as Alpha Tocopheryl Acetate): 5 mg (26% Daily Value)
- Thiamin (as Thiamine Mononitrate): 1.5 mg (107% Daily Value)
- Riboflavin: 1.7 mg (106% Daily Value)
- Niacin (as Niacinamide): 18 mg (100% Daily Value)
- Vitamin B6 (as Pyridoxine HCl): 2.6 mg (130% Daily Value)

- Folate: 1360 mcg DFE (800 mcg Folic Acid) (227% Daily Value)
- Vitamin B12 (as Cyanocobalamin): 4 mcg (143% Daily Value)
- Calcium (as Calcium Carbonate): 200 mg (15% Daily Value)
- Iron (as Ferrous Fumarate): 27 mg (100% Daily Value)
- Zinc (as Zinc Oxide): 25 mg (192% Daily Value)



Image 2.1: Visual representation of key vitamin daily values (A, C, D) provided by MAJOR Prenatal Tablets. Product identifier: 0309045313602.

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Hypromellose, Gelatin, Acacia, Maltodextrin, Polydextrose, Titanium Dioxide, Starch, Magnesium Stearate, Dicalcium Phosphate, Talc, Sucrose, Triglycerides, Mineral Oil, Triacetin, Silicon Dioxide, Sodium Ascorbate, BHT, FD&C Red #40 Lake, Tocopherols, FD&C Yellow #6 Lake, Sodium Benzoate, Tricalcium Phosphate, Sorbic Acid and Ascorbyl Palmitate.

Amount Per Serving		% Daily Value*
Vitamin A (as Acetate and 4% Beta Carotene)	1200 mcg	92%
Vitamin C (as Ascorbic Acid)	100 mg	83%
Vitamin D (as Cholecalciferol)	10 mcg (400 IU)	67%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	5 mg	26%
Thiamin (as Thiamine Mononitrate)	1.5 mg	107%
Riboflavin	1.7 mg	106%
Niacin (as Niacinamide)	18 mg	100%
Vitamin B6 (as Pyridoxine HCI)	2.6 mg	130%
Folate (8	1360 mcg DFE 300 mcg Folic Acid)	227%
Vitamin B12 (as Cyanocobalamin)	4 mcg	143%
Calcium (as Calcium Carbonate and Calcium Sulfate)	200 mg	15%
Iron (as Ferrous Fumarate)	27 mg	100%
Zinc (as Zinc Oxide)	25 mg	192%

Image 2.2: Detailed Supplement Facts panel showing nutrient content per serving.

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Hypromellose, Gelatin, Acacia, Maltodextrin, Polydextrose, Titanium Dioxide, Starch, Magnesium Stearate, Dicalcium Phosphate, Talc, Sucrose, Triglycerides, Mineral Oil, Triacetin, Silicon Dioxide, Sodium Ascorbate, BHT, FD&C Red #40 Lake, Tocopherols, FD&C Yellow #6 Lake, Sodium Benzoate, Tricalcium Phosphate, Sorbic Acid and Ascorbyl Palmitate.

Image 2.3: List of inactive ingredients found in MAJOR Prenatal Tablets.

## 3. USAGE INSTRUCTIONS

For optimal results, follow these instructions:

- Dosage: Adults should take one (1) tablet daily.
- **Timing:** It is preferable to take the tablet with a meal.



Image 3.1: Visual reminder of the recommended daily dosage and timing for MAJOR Prenatal Tablets. Product identifier: 0309045313602.

## 4. SAFETY INFORMATION

Before using this dietary supplement, please observe the following precautions:

- If you are pregnant, nursing, currently taking any medications, or planning any medical procedure, it is essential to consult your doctor before use.
- Discontinue use immediately and consult your doctor if you experience any adverse reactions.

#### 5. PRODUCT SPECIFICATIONS

Specification	Detail
Brand	MAJOR

Specification	Detail
Item Form	Tablet
Primary Supplement Type	Vitamin A, Vitamin B12, Vitamin B6, Vitamin C, Vitamin E
Diet Type	Gluten Free
Flavor	Unflavored
Item Model Number	00904-5313-60
Product Dimensions	2 x 2 x 5 inches; 5.29 ounces
Manufacturer	Major Pharmaceuticals
Date First Available	March 31, 2010

## 6. LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the Food and Drug Administration (FDA) and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

## 7. MANUFACTURER INFORMATION

MAJOR Pharmaceuticals is dedicated to providing high-quality medications and supplements. With a legacy spanning over 60 years, the company is committed to making wellness accessible through carefully formulated, effective over-the-counter (OTC) and vitamin supplements.



Image 7.1: Emblem highlighting MAJOR's 60-year legacy in delivering quality OTC and vitamin supplements. Product identifier: 0309045313602.

© 2025 MAJOR Pharmaceuticals. All rights reserved.

For further assistance, please refer to the product packaging or contact MAJOR Pharmaceuticals directly.

Related Documents - 00904-5313-60

