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HALO 10006

HALO 100% Cotton 3-Way Adjustable Sleepsack Swaddle Instruction Manual

Model: 10006 | Brand: HALO

INTRODUCTION

The HALO 100% Cotton 3-Way Adjustable Sleepsack Swaddle is designed to provide a safe and comfortable sleep environment for infants. This wearable blanket replaces loose blankets in the crib, promoting safer sleep practices. It features a versatile design that adapts to your baby's sleep preferences and developmental stages.

KEY FEATURES

- Safe Sleep Solution: Replaces loose blankets, endorsed by hospitals nationwide.
- Soft & Breathable Fabric: Made from 100% cotton with a double-knit construction for comfort.
- Optimal TOG Rating: TOG 1.5, suitable for room temperatures between 68°F and 72°F (20°C 22°C).
- 3-Way Adjustable Swaddle: Allows for arms-in, one-arm-out, or two-arms-out positioning to suit baby's needs.
- Convenient Diaper Access: Features an inverted zipper for easy diaper changes without fully unswaddling.
- Sleeveless Design: Minimizes the risk of overheating.
- Hip-Healthy Design: Roomy sack design promotes proper hip development.



Image: Key features of the HALO Sleepsack Swaddle, highlighting breathable fabric, adjustable wings, and a two-way zipper.

IMPORTANT SAFETY INFORMATION

WARNING: SUFFOCATION HAZARD

- ALWAYS place your baby on their back to sleep.
- STOP swaddling when your baby shows signs of rolling over or breaking out of the swaddle.
- NEVER place anything in with your baby in their sleep space. (No pillows, bumpers, toys, or blankets).
- ALWAYS use a crib/cot with a firm mattress and tight-fitting sheet. Baby should have their own, separate sleep space.
- Visit the HALO Sleep website to learn more about safe sleep.

SETUP AND USAGE

The HALO Sleepsack Swaddle is designed for ease of use, ensuring your baby is snug and secure.

Step-by-Step Swaddling

- 1. **Place Baby:** Lay your baby on their back inside the Sleepsack Swaddle. Ensure their shoulders are below the top of the swaddle.
- 2. **Secure Inner Zipper:** Zip the main zipper from bottom to top, ensuring it is fully closed and the fabric is smooth.
- 3. Choose Swaddle Style:
 - Arms-In: Position both of your baby's arms down at their sides. Wrap the left wing snugly across your baby's torso and tuck it under their right arm. Secure the Velcro. Repeat with the right wing, wrapping it over the left and securing the Velcro. This helps reduce the startle reflex.
 - One-Arm-Out: Position one arm inside the swaddle as described above, and leave the other arm free. Wrap the wings accordingly. This allows for self-soothing.
 - **Two-Arms-Out (Transition):** Leave both arms free. Wrap the wings around your baby's torso, securing them under the arms or around the waist. This is ideal for transitioning your baby out of swaddling.



Image: Infant comfortably swaddled with arms inside the HALO Sleepsack.

Swaddle 3 different ways







ARMS IN

HAND-TO-FACE

ARMS OUT

Image: Visual guide for the three adjustable swaddling methods: Arms In, Hand-to-Face, and Arms Out.

Diaper Changes

The inverted zipper allows for quick and easy diaper changes without fully removing the swaddle. Simply unzip from the bottom up to access the diaper area, then zip back down when finished.



Image: The convenient bottom-up zipper design for hassle-free diaper changes.

Official Product Video: How to Swaddle

Your browser does not support the video tag.

Video: A demonstration by HALO Dream Inc. on how to use the 3-way adjustable swaddle for infants.

CARE AND MAINTENANCE

To ensure the longevity and hygiene of your HALO Sleepsack Swaddle, please follow these care instructions:

- Washing: Machine wash with like colors.
- Drying: Tumble dry low.
- Avoid: Do not bleach, iron, or dry clean.
- Velcro Care: Close all Velcro tabs before washing to prevent snagging other items.

SIZING GUIDE

The HALO Sleepsack Swaddle is available in various sizes to accommodate your growing baby. Ensure you select the correct size based on your baby's weight and height for optimal safety and comfort.

HALO Sleepsack Swaddle Sizing Chart

Size	Age Range	Weight Range	Height Range
Preemie	Birth	Up to 5 lbs	14 - 19 inches
Newborn (NB)	0-3 months	6 - 12 lbs	19 - 23 inches
Small (S)	3-6 months	13 - 18 lbs	23 - 26 inches

SleepSack Swaddle

Preemie	Р	14 - 19 in birth - 5 lb
0-3 months	NB	19 - 23 in 6 - 12 lb
3-6 months	S	23 - 26 in 13 - 18 lb

Image: Detailed sizing information for the Sleepsack Swaddle.

• Model Number: 10006

• Product Dimensions: 9.45 x 0.1 x 25.98 inches

• Item Weight: 10.4 ounces

• Material Composition: 100% Cotton

• Material Free From: BPA Free, Latex Free, Lead Free, Phthalate Free

• TOG Rating: 1.5

• Target Gender: Unisex

TROUBLESHOOTING

If you encounter any issues with your HALO Sleepsack Swaddle, please consider the following:

- **Baby Escaping Swaddle:** Ensure the swaddle wings are wrapped snugly and securely. If your baby consistently breaks out, they may be ready to transition to arms-out swaddling or a wearable blanket. Discontinue use if baby can escape.
- Overheating: Check the room temperature and your baby's clothing underneath the swaddle. The TOG 1.5 rating is suitable for 68°F-72°F. Adjust clothing layers as needed.
- Velcro Not Holding: Ensure Velcro tabs are clean and free of lint. Close tabs before washing to maintain their effectiveness.

For further assistance, please contact HALO customer support.

WARRANTY AND SUPPORT

For information regarding product warranty, returns, or additional support, please refer to the product packaging or visit the official HALO website. You can also contact HALO customer service directly for personalized assistance.

HALO Official Website: www.halosleep.com

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Related Documents - 10006



Halo 3 Collar Owner's Manual

Comprehensive owner's manual for the Halo 3 Collar, detailing setup, features, training, specifications, and troubleshooting. Learn how to use the Halo Collar for pet containment and training.



HALO Bassinest Hospital Series Model 3957 Instruction Manual

Official instruction manual for the HALO Bassinest Hospital Series, Model 3957. Provides detailed information on setup, operation, safety precautions, cleaning, disinfecting, maintenance, and warranty.



HALO BassiNest Smart Swivel Sleeper: Instruction Manual & Safety Guide

Comprehensive instruction manual for the HALO BassiNest Smart Swivel Sleeper. Learn about assembly, operation, safety warnings, cleaning, and warranty information.



HALO 2.11 Release Notes: Software Updates and New Features

Discover the latest software updates for HALO devices with version 2.11. This document details new features, improvements, and bug fixes for HALO 2.11.0.6, 2.10.0.8, and earlier versions, including enhanced security, language support, and detection capabilities.



HALO BassiNest Swivel Sleeper Instruction Manual

Comprehensive instruction manual for the HALO BassiNest Swivel Sleeper, covering assembly, safety warnings, usage guidelines, and care instructions. Learn how to safely use and maintain your HALO BassiNest for your infant.



HALO BassiNest Flex Sleeper - Instruction Manual and Safety Guide

Comprehensive instruction manual and safety guide for the HALO BassiNest Flex Sleeper, covering assembly, usage, care, and important safety warnings. Includes multilingual support.