



Manuals.plus /

- › WalkFit Platinum /
- › WalkFit Platinum Foot Orthotics User Manual

WalkFit Platinum Size I

WalkFit Platinum Foot Orthotics User Manual

Model: Size I
Brand: WalkFit Platinum

INTRODUCTION

The WalkFit Platinum Foot Orthotics are advanced insoles engineered to provide comprehensive support and alignment for your feet, aiming to alleviate pain in the feet, back, hips, legs, and knees. These orthotics are designed to restore natural foot function and improve overall body balance. This manual provides essential information on how to properly use and care for your WalkFit Platinum orthotics.

PRODUCT OVERVIEW

WalkFit Platinum orthotics feature a unique design with customizable arch inserts and a Bio-Lock heel cup for superior comfort and support. Each pair includes multiple arch inserts to tailor the support to your specific needs.



Image: A pair of WalkFit Platinum orthotics shown with two additional arch inserts, highlighting their customizable nature.

An advertisement for WalkFit Platinum. On the left, a woman in a light purple shirt and dark pants is helping a young child in a striped shirt and blue jeans ride a blue bicycle on a paved path. The background shows a beach with waves and a rocky shore. The WalkFit Platinum logo is in the top left. On the right, a blue and green gradient background contains the text 'RELIEVE YOUR BODY PAIN' and 'Over 25 million people have already improved the quality of their lives.' Below the text is a small image of the white orthotics.

Image: An illustration of the WalkFit Platinum insoles, demonstrating the different arch inserts (low, medium, high, and reflexology) that can be interchanged for personalized comfort and support.

The orthotics are made from durable thermoplastic and rubber materials, ensuring longevity and consistent performance. The Bio-Lock heel cup includes a gel pad for enhanced cushioning and shock absorption, providing

stability and reducing the risk of ankle twists.

SETUP & USAGE

To begin using your WalkFit Platinum orthotics, follow these steps:

1. **Select the Correct Size:** Ensure you have the correct size orthotics for your shoes. WalkFit Platinum orthotics come in various sizes for men and women.
2. **Choose Your Arch Insert:** The orthotics come with three customizable arch inserts (low, medium, and high) and a fourth reflexology acupressure massage insert. Start with the lowest arch insert to allow your feet to adjust.
3. **Insert into Shoes:** Remove any existing insoles from your shoes. Place the WalkFit Platinum orthotics into your shoes, ensuring they fit snugly and lie flat. They are suitable for sneakers, dress shoes, boots, tennis shoes, and flats.
4. **Gradual Adaptation:** It is crucial to gradually increase wear time. Begin by wearing the orthotics for one hour on the first day, two hours on the second day, and so on, until you can comfortably wear them all day long. This gradual approach helps your feet and body adapt to the new alignment.

Video: A user demonstrates how to insert the WalkFit Platinum orthotics into shoes, highlighting the ease of use and the immediate comfort experienced. This video also features a dog walker discussing how the orthotics have helped with foot and back pain during long hours on their feet.

KEY FEATURES & BENEFITS

- **Restores Natural Foot Function:** Designed to move your body back into proper alignment, addressing the root cause of various pains.
- **Customizable Arch Support:** Includes three interchangeable arch inserts (low, medium, high) and a reflexology insert, allowing you to personalize the level of support.
- **Bio-Lock Heel Cup:** Features a unique gel pad for advanced cushioning and shock absorption, providing stability and preventing ankle twists.
- **Advanced Cushioning & Shock Absorption:** Acts as a cushion as the foot strikes the ground, supporting arches and distributing weight evenly to prevent collapsing, pressure points, stress, and rubbing.
- **Durable Construction:** Made from virtually indestructible copolymer resin, ensuring long-lasting use. They are also washable for easy maintenance.

Video: This video explains how body misalignment, often starting from the feet, can lead to pain throughout the body. It illustrates how WalkFit Platinum orthotics help correct this alignment, reducing pain in the feet, back, hips, and knees.

"God bless your shoe inserts. I saw an infomercial about a year or two ago and figured I'd try it out. Here I am all this time later and I won't wear shoes without it. It's affordable, which is great b/c I don't have hundreds to pay for custom orthotics, and it's a great help and the cheap store-bought inserts can't even compare. I don't know how I ever lived without them. Please never stop making these. I just bought 4 more pairs just in case you do though! (but please don't lol)"

- Rosemarie



Image: A visual representation illustrating how WalkFit Platinum orthotics help align the body, from the feet and ankles up to the hips and shoulders, to relieve pain caused by misalignment.

Video: This video highlights the customizability of WalkFit Platinum orthotics, showcasing the different arch inserts and how they provide tailored support for various foot types and conditions.

SAFETY INFORMATION

Please observe the following safety guidelines:

- Gradually increase wear time to allow for proper adjustment.
- Use orthotics only in appropriate footwear.
- If you experience persistent discomfort or increased pain, discontinue use and consult a healthcare professional.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

TROUBLESHOOTING

While WalkFit Platinum orthotics are designed for comfort and support, some users may experience initial discomfort during the adaptation period. Here are some common issues and solutions:

- **Initial Discomfort:** It is normal to feel some discomfort as your feet and body adjust to the new alignment. Ensure you are following the gradual adaptation schedule (starting with 1-2 hours per day and increasing slowly).
- **Pain Persistence:** If pain persists or worsens after the adaptation period, re-evaluate your chosen arch insert. You may need to switch to a lower arch or consult a podiatrist for personalized advice.
- **Orthotics Shifting in Shoes:** Ensure the orthotics are placed correctly and snugly in your shoes. Remove any existing insoles to provide adequate space.

Video: A testimonial from a user who found freedom from foot pain after using WalkFit Platinum orthotics, emphasizing the long-term benefits and relief experienced.

SPECIFICATIONS

Feature	Detail
Product Dimensions	6.9 x 5 x 2.3 inches; 11.2 ounces
Item Model Number	Size I
Manufacturer	WalkFit Platinum LLC
Material	Rubber, Thermoplastic
Color	Silver

WARRANTY & SUPPORT

WalkFit Platinum orthotics are backed by a **30-Day Money Back Satisfaction Guarantee**. Additionally, the product comes with a **Lifetime Replacement Warranty**, allowing you to purchase with confidence. For any support inquiries or to claim your warranty, please contact WalkFit Platinum LLC directly through their official channels or the retailer where you purchased the product.

ABOUT WALKFIT PLATINUM

WalkFit Platinum is a brand dedicated to developing products that empower individuals to lead healthier, happier lives. With over 7 decades of combined experience, the founders, Peter Spiegel and Katie Williams, emphasize the importance of proper body alignment for pain-free movement. Their mission is to provide medical-grade relief as a quality alternative to expensive customized orthotics.



Image: The founders of WalkFit Platinum, Peter Spiegel and Katie Williams, are featured, emphasizing their commitment to health and well-being.

An independent study conducted by doctors on individuals using WalkFit Platinum reported significant pain relief:

- **99%** reported foot pain relief
- **98%** reported relief from back and/or hip pain
- **97%** reported relief from knee and/or leg pain

Over 25 million people worldwide have benefited from WalkFit products, a testament to their effectiveness in alleviating pain associated with walking and supporting easy mobility for everyday purposes.

Video: A testimonial from Penelope, a real estate agent, sharing her positive experience and relief from pain after using WalkFit Platinum orthotics, highlighting their benefit for professionals who spend long hours on their feet.

Video: Kerry, a mailman, shares his experience with WalkFit Platinum orthotics, emphasizing how they enable him to comfortably perform his job which involves extensive walking.