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## Tempur-Pedic 15365215

# Tempur-Pedic TEMPUR-Body Pillow Instruction Manual

Model: 15365215

## INTRODUCTION

The Tempur-Pedic TEMPUR-Body Pillow is designed to provide personalized comfort and support. Crafted from TEMPUR material, this body pillow adapts to your unique shape, offering pressure relief for your hips, knees, and back. It is particularly beneficial for side sleepers and expectant mothers seeking enhanced comfort during sleep.



Image: Tempur-Pedic TEMPUR-Body Pillow, highlighting its medium-firm feel with a visual scale from firm to soft.

## GETTING STARTED & INITIAL SETUP

Your Tempur-Pedic TEMPUR-Body Pillow is assembled in the USA and ready for immediate use. Upon arrival, the pillow may feel firmer than traditional pillows. This is normal for TEMPUR material. It will gradually conform to your body's contours and soften over time, typically adapting fully within a few weeks.

### Tips for Faster Break-In:

1. **Gently Roll and Unroll:** Periodically roll and unroll the pillow to help loosen the TEMPUR material.
2. **Knead the Foam:** Use your hands to gently knead and compress the foam throughout the pillow.
3. **Use as Back Support:** Utilize the pillow for back support while sitting during the day. This consistent pressure can aid in the break-in process.

Your Tempur-Pedic® pillow may feel firmer than a traditional pillow at first. Over time, it will conform to your head and neck, feeling more natural. It may take a few weeks for the pillow to fully adapt to you.

## TIPS FOR FASTER BREAK-IN

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- ① Gently roll and unroll your pillow.
- ② Knead the foam with your hands.
- ③ Use it as back support while sitting.

Image: This graphic provides three tips for faster break-in: gently rolling and unrolling, kneading the foam, and using it as back support while sitting.

### USAGE GUIDELINES

The TEMPUR-Body Pillow is designed for versatile use to enhance your sleep comfort. Its adaptive support system ensures that it molds to your body, providing targeted pressure relief.

- **Side Sleepers:** Position the pillow between your knees and along your torso to align your spine and reduce pressure on hips and shoulders.
- **Expectant Mothers:** Use the pillow to support your growing belly and back, promoting a more comfortable sleeping position.
- **General Support:** The pillow can be used to elevate legs, support the back while sitting up in bed, or provide cushioning wherever needed.



**PERSONALIZED COMFORT**  
Pressure-relieving TEMPUR® Material  
in a longer shape, perfect for  
expectant mothers or side sleepers.

Image: A woman is shown sleeping comfortably on her side, embracing the body pillow. This illustrates how the pillow provides personalized comfort and pressure relief.



Image: This image shows a woman using the body pillow for adaptive support while sleeping on her side, emphasizing its ability to conform to the body's shape.

## CARE AND MAINTENANCE

Proper care ensures the longevity and hygiene of your Tempur-Pedic TEMPUR-Body Pillow. The pillow features a removable, machine-washable cover for easy cleaning.

### Cleaning Instructions for the Cover:

1. **Remove Cover:** Unzip and carefully remove the soft knit cover from the pillow.
2. **Machine Wash:** Machine wash the cover in cold water with a mild detergent on a gentle cycle.
3. **Tumble Dry:** Tumble dry on low heat or air dry. Ensure the cover is completely dry before placing it back on the pillow.
4. **Do Not Bleach:** Avoid using bleach or harsh chemicals, as these can damage the fabric.

**Note:** The TEMPUR material core itself should **not** be washed or submerged in water. Spot clean the core with a damp cloth and mild soap if necessary, and allow it to air dry completely.



Image: A detailed view of the pillow's soft knit cover, highlighting its texture and quality, which is removable for washing.

## TROUBLESHOOTING

Issue	Possible Cause	Solution
Pillow feels too firm initially	TEMPUR material requires a break-in period to adapt to body temperature and pressure.	Refer to the "Tips for Faster Break-In" section. Continued use will soften the pillow over time.
Pillow has a new product odor	This is a common and harmless characteristic of new memory foam products.	Allow the pillow to air out in a well-ventilated room for a few days. The odor will dissipate naturally.

## PRODUCT SPECIFICATIONS

**Model Name:** TEMPUR-Body Pillow

**Model Number:** 15365215

**Dimensions:** 48 inches (L) x 14 inches (W) x 5.75 inches (Thickness)

**Fill Material:** TEMPUR Memory Foam

**Cover Material:** Polyester (60% Cotton, 40% Polyester blend)

**Color:** White

**Firmness:** Medium

**Care Instructions (Cover):** Machine Washable

**Manufacturing:** Assembled in USA

**UPC:** 841230038094

## WARRANTY INFORMATION

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The Tempur-Pedic TEMPUR-Body Pillow is backed by a **5-year manufacturer's warranty**. This warranty covers defects in materials and workmanship. In the event of a covered defect, Tempur-Pedic will repair or replace your pillow at no charge.

For detailed information regarding warranty claims, exclusions, and the full terms and conditions, please refer to the official Tempur-Pedic warranty documentation provided with your purchase or visit the official Tempur-Pedic website.



Image: This graphic outlines the 5-year manufacturer warranty, ensuring repair or replacement for the Tempur-Pedic TEMPUR-Body Pillow.

## CUSTOMER SUPPORT

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Should you have any questions, require assistance with your Tempur-Pedic TEMPUR-Body Pillow, or need to initiate a warranty claim, please contact Tempur-Pedic customer service. You can typically find contact information on the official Tempur-Pedic website or on the product packaging.

For additional resources and product information, visit the [Tempur-Pedic Store on Amazon](#).