

NORTHERN LIGHTS NLT-LUX

Northern Light Technologies Luxor 10000 Lux Light Therapy Lamp User Manual

1. INTRODUCTION

The Northern Light Technologies Luxor is a 10,000 Lux Light Therapy Lamp designed to enhance natural mood and energy. This full-spectrum, UV-free pyramid LED lightbox simulates natural daylight, making it suitable for addressing seasonal affective disorder (SAD), jet lag, shift work, circadian sleep disorders, and low energy during darker seasons. Its unique pyramid shape and robust metal construction ensure durability and a stylish addition to any environment.



Figure 1: Front view of the Luxor Light Therapy Lamp.

2. SETUP

2.1 Unboxing and Assembly

1. Carefully remove all components from the packaging.
2. Locate the E26 light bulb and screw it firmly into the socket inside the pyramid base.
3. Attach the front diffuser panel to the pyramid structure, ensuring it is securely fastened.

2.2 Placement

Position the Luxor lamp on a flat, stable surface where it can be comfortably used. For optimal light

therapy, place the lamp approximately 10 inches from your face. The large light surface ensures effective illumination. Avoid placing the lamp where it might be easily knocked over.

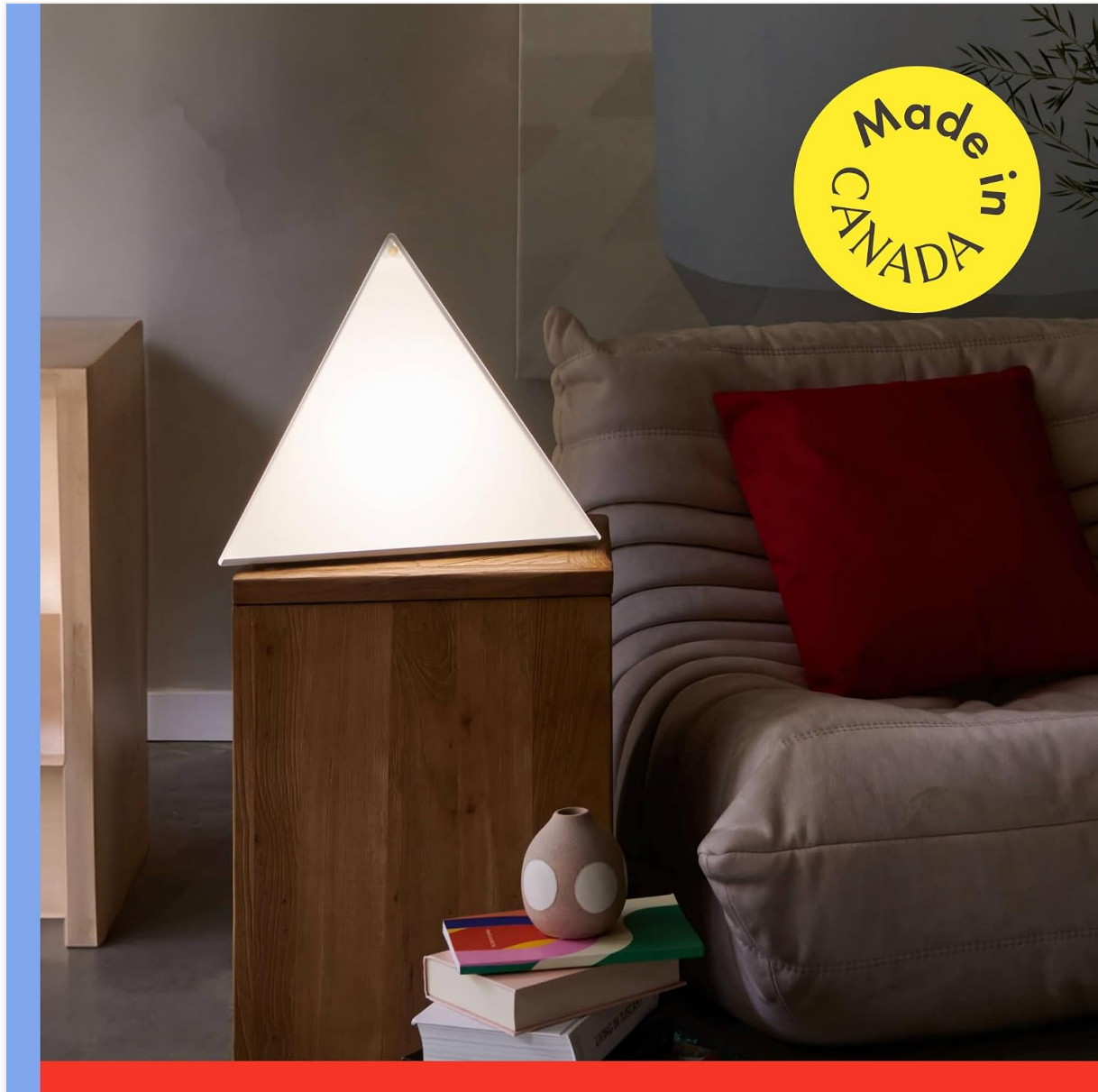


Figure 2: Luxor lamp in a typical usage setting.

2.3 Powering On

Connect the power cord to a suitable electrical outlet. The Luxor lamp features a simple physical on/off switch located on the side of the unit. Flip the switch to the 'On' position to activate the light. This physical switch design allows compatibility with smart switches for automated use.



Figure 3: Location of the physical on/off switch.



Video 1: The Northern Light Technologies LUXOR, Feel Brighter. This video demonstrates the Luxor lamp's design and how it illuminates, highlighting its aesthetic and functional aspects.

3. OPERATING INSTRUCTIONS

3.1 Recommended Usage

- For effective light therapy, use the Luxor lamp for approximately 20-30 minutes daily, preferably in the morning.
- Maintain a distance of about 10 inches from the lamp to receive the full 10,000 lux output.

- You do not need to stare directly into the light; simply position it within your field of vision while engaging in other activities like reading, eating, or working.

3.2 Light Characteristics

- The Luxor lamp provides full-spectrum light, mimicking natural sunlight.
- It is designed to be 100% UV-free, ensuring safe usage without harmful UV radiation.
- The diffuse light output is comfortable and minimizes glare.

4. MAINTENANCE

4.1 Bulb Replacement

The Luxor lamp uses a standard E26 bulb, which can be easily replaced. If the bulb needs replacement, ensure the lamp is unplugged and cool before carefully unscrewing the old bulb and installing a new one. Refer to the product specifications for recommended bulb types.

4.2 Cleaning

To clean the lamp, ensure it is unplugged and cool. Wipe the exterior surfaces with a soft, dry cloth. For stubborn marks, a slightly damp cloth can be used, followed by immediate drying. Do not use abrasive cleaners or solvents, as these may damage the finish or diffuser panel.

5. TROUBLESHOOTING

Issue	Possible Cause	Solution
Lamp does not turn on	Power cord unplugged, faulty outlet, bulb not screwed in properly, bulb burnt out.	Check power connection, try a different outlet, ensure bulb is tight, replace bulb if necessary.
Light output seems dim	Dust accumulation on diffuser, aging bulb.	Clean the diffuser panel, consider replacing the bulb.
Unusual noise or smell	Internal component issue.	Immediately unplug the lamp and contact customer support. Do not attempt to repair.

6. SPECIFICATIONS

Feature	Detail
Model Number	NLT-LUX
Light Output	10,000 Lux at 10 inches
Bulb Type	E26 (45 Watt Fluorescent)
UV Filtered	Yes

Feature	Detail
Material	Metal (Powder Coated)
Product Dimensions	15"D x 15"W x 15"H
Item Weight	3.5 Pounds
Power Cord Length	8 feet (grounded)
Manufacturer	Northern Light Technologies

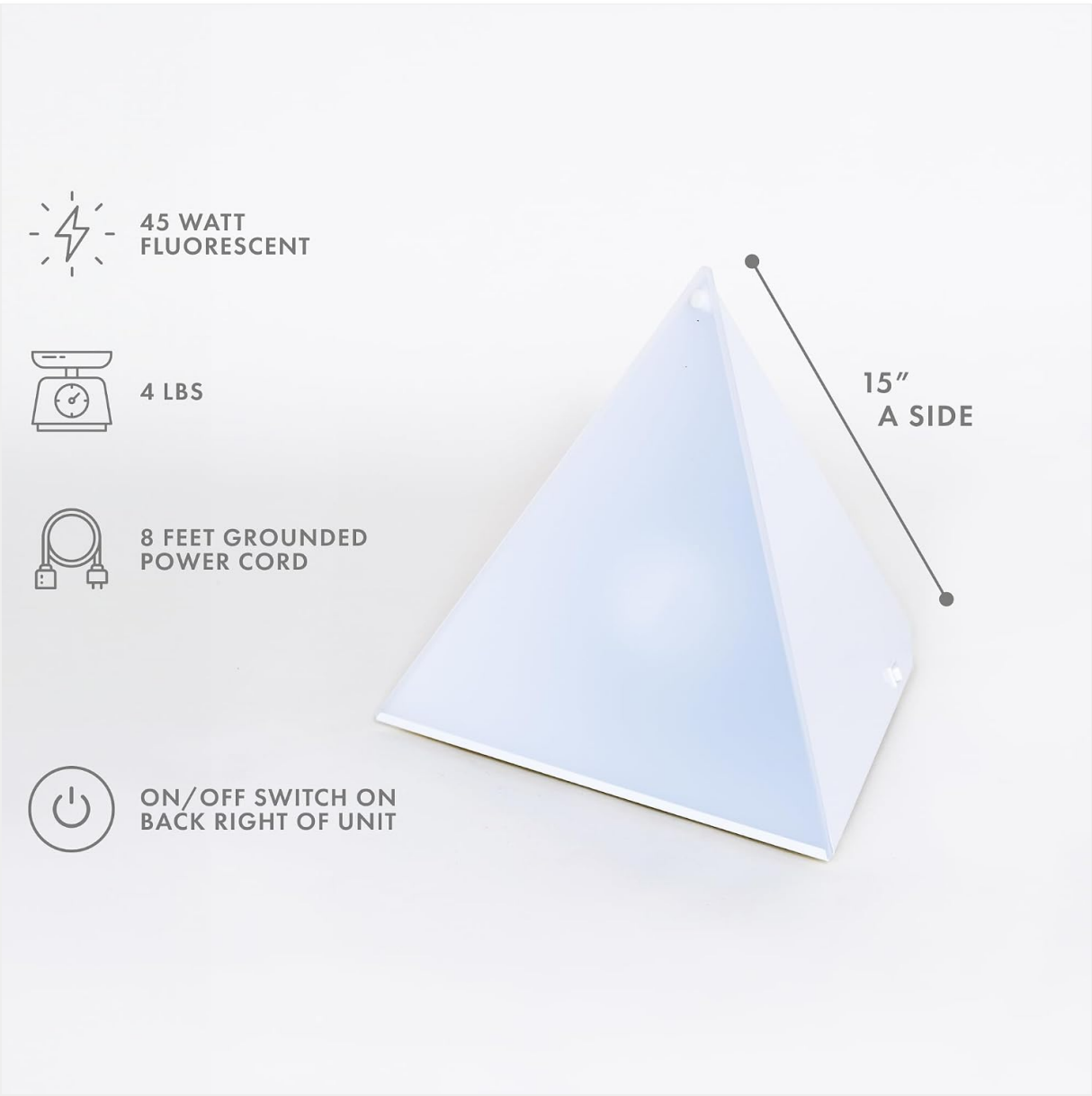


Figure 4: Luxor lamp specifications diagram.

7. WARRANTY AND SUPPORT

The Northern Light Technologies Luxor lamp comes with an impressive 7-year warranty, reflecting the manufacturer's confidence in its quality and durability. For warranty claims, technical support, or any inquiries regarding your product, please contact Northern Light Technologies customer service directly. Contact information can typically be found on the manufacturer's website or included in your product packaging.

