

[Manuals.plus](#) /

› [BestMassage](#) /

› BestMassage Portable Massage Table (28-inch, 2-Folding) Instruction Manual

BestMassage Massage Bed Portable Massage Table

BestMassage Portable Massage Table (28-inch, 2-Folding) Instruction Manual

1. INTRODUCTION

This manual provides comprehensive instructions for the setup, operation, maintenance, and troubleshooting of your BestMassage Portable Massage Table. Designed for portability and stability, this 28-inch, 2-folding massage bed is suitable for various professional and personal uses.



Image 1: The BestMassage Portable Massage Table shown both unfolded with its headrest and armrests, and folded into its compact carrying case.

2. SAFETY INFORMATION

WARNING: This product requires proper assembly to avoid injury. Always ensure stability when adjusting the height to prevent tip-over. Do not exceed the weight limit of 450 lbs. Keep small parts out of reach of children.

3. PRODUCT COMPONENTS

The BestMassage Portable Massage Table typically includes the following components:

- **Main Massage Table Unit:** The primary two-folding bed structure.
- **Adjustable Headrest/Face Cradle:** Provides comfortable head support.
- **Side Armrests:** Detachable padded supports for client comfort.
- **Carrying Bag:** Oxford fabric bag for transport and storage.
- **Adjustable Legs:** Wooden legs with height adjustment knobs.



Image 2: Detailed view of the headrest and armrest attachments.

4. SETUP INSTRUCTIONS

4.1 Unfolding the Massage Table

1. Place the folded massage table on its side on a flat, stable surface.
2. Unfasten the side latches that secure the two halves of the table.
3. Gently open the table, allowing the legs to unfold automatically. Ensure all support cables are taut.
4. Carefully flip the table upright, ensuring all four legs are firmly on the ground.

Folding massage table



01



02



03



04



Image 3: Step-by-step guide for unfolding the massage table.

4.2 Attaching the Headrest and Armrests

1. Locate the two insertion holes at one end of the massage table.
2. Insert the headrest support bars into these holes. Adjust the angle and secure it using the locking mechanism.
3. For the armrests, insert the metal rods into the designated holes on the sides of the table, near the headrest.

Your browser does not support the video tag.

Video 1: Demonstration of unfolding the massage table and installing the headrest and armrests.

5. OPERATING INSTRUCTIONS

5.1 Adjusting Table Height

The massage table features adjustable legs to customize the working height:

1. To adjust the height, locate the adjustment knobs on each leg.

2. Loosen the knob on one leg, pull out the pin, and slide the inner leg section to the desired height.
3. Ensure the pin snaps securely into one of the pre-drilled holes.
4. Tighten the knob firmly.
5. Repeat this process for all four legs, ensuring the table is level and stable before use.



Image 4: Detail of the adjustable leg mechanism.

6. MAINTENANCE

Proper maintenance ensures the longevity and hygiene of your massage table:

- **Cleaning:** Wipe the PU leather surface with a dry cloth after each use. For deeper cleaning, use a mild soap solution and a damp cloth, then dry thoroughly. Avoid harsh chemicals or abrasive cleaners.
- **Storage:** When not in use, fold the table and store it in its Oxford carrying bag in a cool, dry place away from direct sunlight and extreme temperatures.
- **Inspection:** Regularly check all nuts, bolts, and cables for tightness and wear. Tighten any loose fasteners and replace worn components as needed.

7. TROUBLESHOOTING

If you encounter issues with your massage table, consider the following common solutions:

- **Table feels unstable:** Ensure all leg adjustment pins are fully engaged and knobs are tightened. Verify the table is on a flat, even surface.
- **Difficulty folding/unfolding:** Check for any obstructions or misaligned parts. Ensure support cables are not tangled.
- **Squeaking noises:** Inspect all joints and fasteners. A small amount of lubricant on metal-to-metal contact points may help, but avoid getting it on the upholstery.

For persistent issues, please contact BestMassage customer support.

8. SPECIFICATIONS

Feature	Detail
Brand	BestMassage
Model Number	Massage Bed Portable Massage Table
Dimensions (L x W x H)	84 x 28 x 34 inches (unfolded)
Item Weight	Approximately 34 pounds
Material	Wood frame, PU Leather upholstery
Height Adjustment Range	24 to 34 inches
Weight Capacity	Up to 450 lbs (as per feature bullets)
Color	Burgundy
UPC	814836010054



Image 5: Product dimensions overview.

9. WARRANTY AND SUPPORT

For specific warranty details and customer support, please refer to the documentation included with your purchase or visit the official BestMassage website. Ensure you retain your proof of purchase for any warranty claims.

You can also visit the [BestMassage Store on Amazon](#) for additional product information and support resources.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question