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Woodway Desmo-S

Woodway Desmo S Treadmill User Manual

Model: Desmo-S | Brand: Woodway

INTRODUCTION

This manual provides comprehensive instructions for the safe and effective use of your Woodway Desmo S Treadmill. The Woodway Desmo S is a high-performance commercial-grade treadmill designed for rigorous exercise, featuring a unique slat-belt running surface for superior comfort and durability. Please read this manual thoroughly before assembly, operation, or maintenance to ensure proper function and user safety.

1. SETUP AND INSTALLATION

Proper setup is crucial for the performance and longevity of your Woodway Desmo S Treadmill.

1.1 Unpacking and Placement

Carefully remove all packaging materials. Due to its significant weight (450 Pounds), it is recommended that multiple individuals assist with moving and positioning the treadmill. Place the treadmill on a flat, stable surface with adequate clearance around it for safe operation and maintenance. Ensure there is at least 6 feet of clear space behind the treadmill and 2 feet on each side.



Image 1.1: The Woodway Desmo S Treadmill, showcasing its robust frame and distinctive slat-belt running surface. This commercial-grade unit is designed for high-intensity use and durability.

1.2 Assembly

The Woodway Desmo S Treadmill requires assembly. Refer to the separate detailed assembly guide included with your purchase for step-by-step instructions. Ensure all bolts and fasteners are securely tightened before initial use. It is recommended to have professional assistance for assembly due to the size and complexity of the unit.

1.3 Power Connection

Connect the provided power cord to the treadmill's power input and then to a grounded electrical outlet. The treadmill operates on standard household current. Do not use extension cords or adapters. Ensure the power source meets the treadmill's electrical requirements as specified in the [Specifications](#) section.

2. OPERATING INSTRUCTIONS

Familiarize yourself with the control panel and operating procedures before beginning your workout.

2.1 Control Panel Overview

The Woodway Desmo S features an LCD display (10 Inches) and various control buttons. The display shows key metrics such as speed, distance, time, calories burned, and heart rate. Buttons typically include START, STOP, SPEED UP/DOWN, INCLINE UP/DOWN, PROGRAM SELECTION, and QUICK SPEED/INCLINE keys.

2.2 Starting a Workout

1. Ensure the safety key is properly inserted into its designated slot on the control panel. The treadmill will not operate without the safety key.
2. Step onto the treadmill belt, placing your feet on the side rails.
3. Press the **START** button. The belt will begin to move at a slow speed.
4. Gradually increase the speed using the **SPEED UP** button to your desired pace. The maximum speed is 12.5 Miles per Hour.
5. Adjust the incline using the **INCLINE UP/DOWN** buttons. The maximum incline percentage is 15%.

2.3 Using Pre-set Programs

The treadmill comes with 10 pre-set programs designed for various fitness goals. To select a program:

1. From the main screen, press the **PROGRAM SELECTION** button.
2. Use the **SPEED UP/DOWN** or **INCLINE UP/DOWN** buttons to scroll through the available programs.
3. Press **ENTER** or **START** to confirm your selection and begin the program. The treadmill will automatically adjust speed and incline according to the program's profile.

2.4 Stopping a Workout

To stop your workout, press the **STOP** button. The belt will gradually slow down and come to a complete stop. Alternatively, pulling the safety key will immediately stop the treadmill for emergency situations.

3. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your Woodway Desmo S Treadmill.

3.1 Cleaning

- **Daily:** Wipe down the console and handrails with a soft, damp cloth after each use to remove sweat and dust. Avoid abrasive cleaners.
- **Weekly:** Vacuum around and under the treadmill to prevent dust and debris from accumulating in the motor compartment.
- **Monthly:** Clean the running belt with a mild soap and water solution. Ensure the belt is completely dry before operating the treadmill.

3.2 Professional Service

While the Woodway Desmo S is built for durability, annual professional servicing is highly recommended to maintain its

peak condition and address any potential wear and tear. Contact Woodway customer service or an authorized Woodway technician for scheduled maintenance.

4. TROUBLESHOOTING

This section addresses common issues you might encounter with your treadmill. For problems not listed here, contact Woodway customer support.

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not connected; circuit breaker tripped; safety key not inserted.	Ensure power cord is securely plugged in. Check household circuit breaker. Insert safety key fully.
Belt stops unexpectedly.	Safety key dislodged; motor overload; power interruption.	Re-insert safety key. Reduce load on treadmill. Check power connection.
Unusual noises during operation.	Loose components; debris under belt; worn parts.	Inspect for loose bolts and tighten. Clean under the belt. If noise persists, contact professional service.

5. SPECIFICATIONS

Key technical specifications for the Woodway Desmo S Treadmill:

Feature	Detail
Brand	Woodway
Model Name	Desmo-S
Product Dimensions (D x W x H)	58.5"D x 38"W x 58.5"H
Overall Item Dimensions (L x W x H)	77 x 38 x 63 inches
Item Weight	450 Pounds
Material	Alloy Steel, Rubber
Maximum Speed	12.5 Miles per Hour
Maximum Incline Percentage	15%
Maximum Horsepower	5 Horsepower
Maximum Weight Recommendation	450 Pounds
Display Type	LCD (10 Inches Screen Size)
Power Source	Corded Electric
Number of Programs	10
Metrics Measured	Heart Rate, Speed

Feature	Detail
Included Components	Power Cord, User Manual
Assembly Required	Yes

6. WARRANTY AND SUPPORT

For detailed information regarding the warranty coverage for your Woodway Desmo S Treadmill, please refer to the warranty card included with your purchase or visit the official Woodway website. Warranty terms and conditions may vary. For technical support, parts, or service inquiries, please contact Woodway customer service directly. Contact information can typically be found on the Woodway website or in your product documentation.

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