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Ergohuman ME7ERG-BLACK

Ergohuman Eurotech ME7ERG GEN2 High Back Mesh Office Chair User Manual

Model: ME7ERG-BLACK
Brand: Ergohuman

1. Introduction

This manual provides comprehensive instructions for the assembly, operation, maintenance, and troubleshooting of your Ergohuman Eurotech ME7ERG GEN2 High Back Mesh Office Chair. Designed for ergonomic comfort and tailored for modern workspaces, this chair offers advanced features to enhance your sitting experience. Please read this manual thoroughly before assembly and use to ensure proper function and longevity of your chair.





Figure 1.1: The Ergohuman Eurotech ME7ERG GEN2 High Back Mesh Office Chair in black. This chair features a high back, mesh material for breathability, and a sturdy base with casters.



Figure 1.2: The Ergohuman chair positioned in a modern office environment, demonstrating its suitability for various workspace setups.

2. Safety Information

Please observe the following safety guidelines to prevent injury or damage to the chair.

- **Weight Capacity:** Do not exceed the maximum weight recommendation of 275 pounds.
- **Assembly:** Ensure all components are securely fastened before use. Refer to the assembly instructions carefully.
- **Stability:** Avoid standing on the chair or using it as a step stool.
- **Movement:** Exercise caution when moving the chair, especially on uneven surfaces.
- **Children:** Keep children away from the chair during assembly and supervise them when they are near the chair.
- **Maintenance:** Only use recommended cleaning methods and products.

3. Parts List

Before beginning assembly, verify that all parts are present and undamaged.

- Chair Base with Casters (1)
- Gas Lift Cylinder (1)
- Seat Assembly (1)
- Backrest Assembly (1)
- Headrest (1)
- Armrests (2)
- Assembly Hardware (Bolts, Washers, Allen Key)

4. Assembly Instructions

Follow these steps to assemble your Ergohuman chair. Clear instructions and assembly tools are included with the product.

1. **Attach Casters to Base:** Insert the casters into the holes at the end of each leg of the chair base. Push firmly until they click into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the center hole of the assembled chair base.
3. **Attach Seat Assembly:** Carefully place the seat assembly onto the top of the gas lift cylinder. Ensure it is centered and stable.
4. **Attach Armrests:** Secure the armrests to the seat assembly using the provided bolts and Allen key. Ensure they are firmly attached.
5. **Attach Backrest:** Connect the backrest assembly to the seat mechanism using the designated bolts. Tighten all connections securely.
6. **Attach Headrest:** Slide the headrest into the top of the backrest assembly.
7. **Final Check:** Verify that all bolts are tightened and the chair is stable before use.

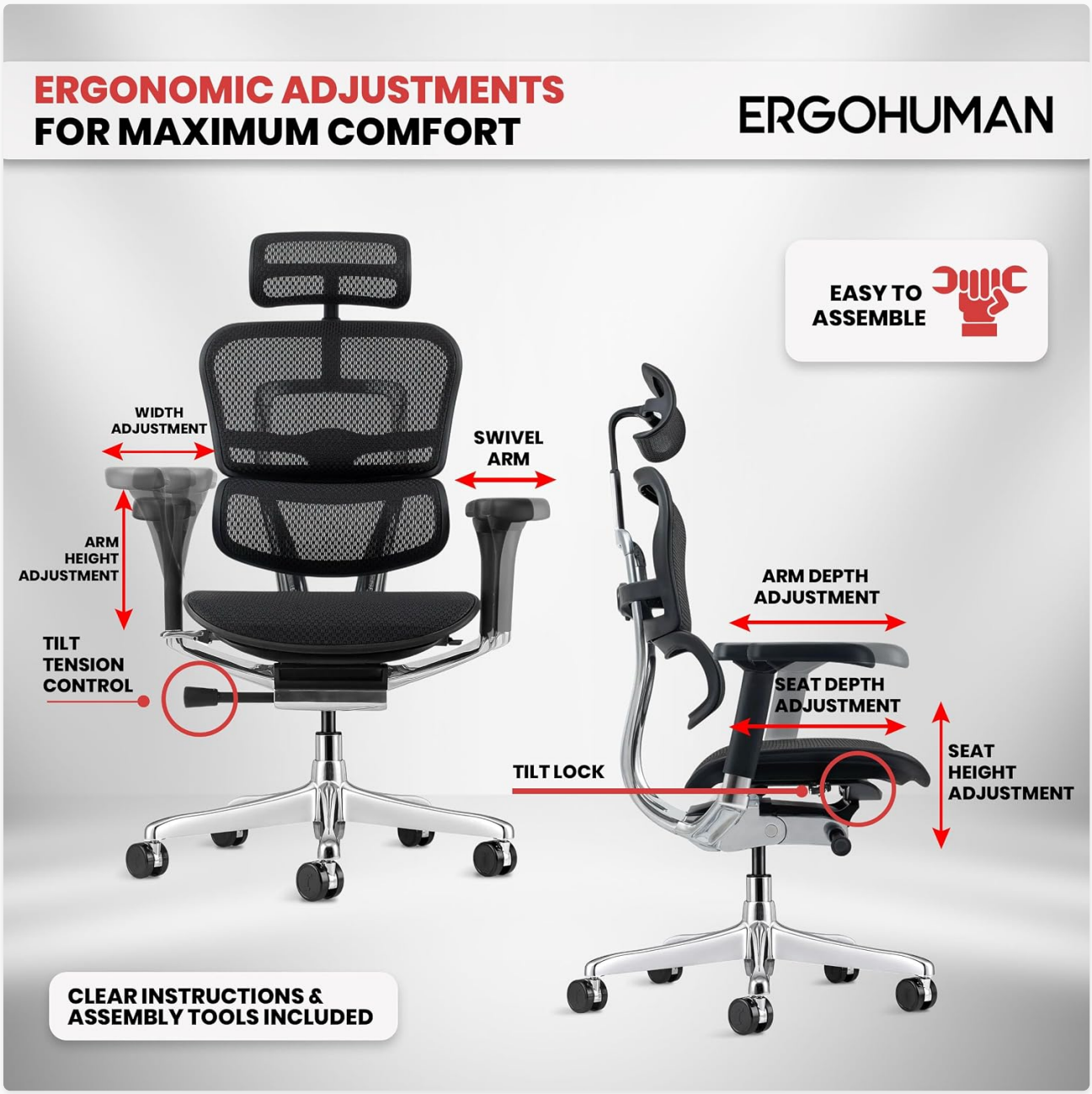

Figure 4.1: Visual guide to the chair's ergonomic adjustments and an indication of easy assembly.

5. Operating Instructions

Your Ergohuman chair offers multiple adjustments for personalized comfort. Refer to the video guide for a visual demonstration of these features.

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Video 5.1: An easy adjustment guide for the Ergohuman GEN2 All Mesh chair, demonstrating various ergonomic settings.

5.1. Seat Height Adjustment

Locate the lever on the right side of the seat. To raise the seat, lift the lever while taking your weight off the seat. To lower the seat, lift the lever while seated. Adjust until your knees are bent at a 90-degree angle with your feet flat on the floor.

5.2. Seat Depth Adjustment

Find the lever on the left side of the seat. Pull the lever and slide the seat forward or backward. Ensure there are approximately three fingers of clearance between the back of your knees and the front edge of the seat.

5.3. Backrest Recline and Lock

The chair features a single lever for recline adjustment and locking. To recline, push the lever forward. To lock the recline position, pull the lever backward.

5.4. Tilt Tension Control

The tilt tension knob is located beneath the seat. Rotate the knob clockwise to increase tension (requiring more force to recline) or counter-clockwise to decrease tension (allowing easier recline). Adjust to your preferred recline resistance.

5.5. Backrest Height Adjustment

To adjust the backrest height, grasp the backrest on both sides and lift it upwards. It will click into different height positions. To lower it, lift it to its highest point, and it will release to the lowest position.

5.6. Lumbar Support Tension Adjustment

The lumbar support tension can be adjusted by toggling the mechanism on the back of the chair. This allows you to customize the firmness of the lumbar support.

5.7. Headrest Adjustment

The headrest can be adjusted for both height and angle. To adjust height, grasp the headrest and slide it up or down. To adjust the angle, pivot the headrest to your desired position.

5.8. Armrest Adjustments (4D)

The armrests offer 4-dimensional adjustments:

- **Height:** Press the button on the side of the armrest and slide it up or down.
- **Depth:** Slide the armrest pad forward or backward.
- **Width:** Slide the entire armrest assembly inward or outward.
- **Angle:** Pivot the armrest pads left or right.

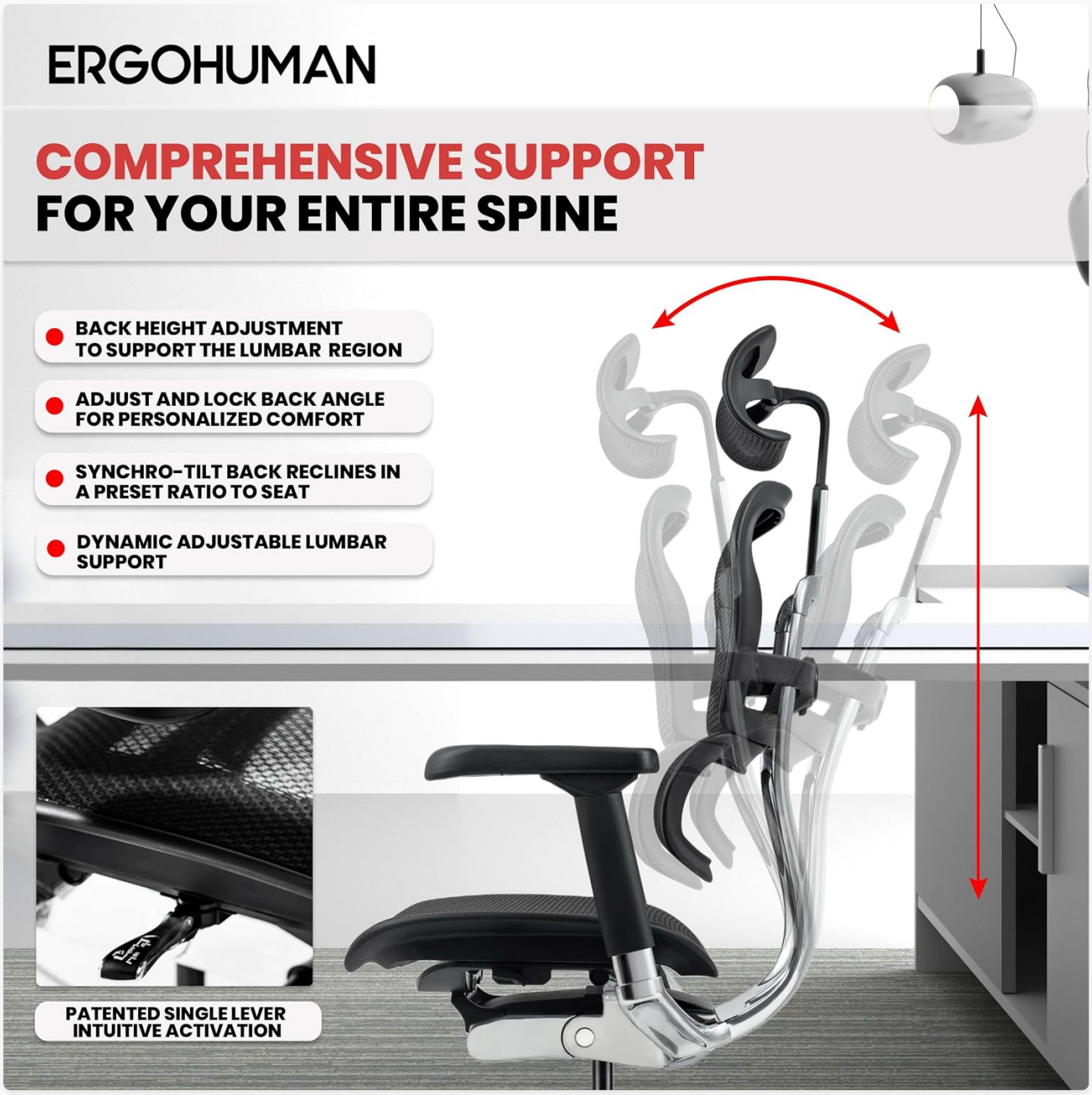

Figure 5.1: Illustration of the comprehensive support features, including back height adjustment, recline lock, synchro-tilt, and dynamic adjustable lumbar support.



Figure 5.2: Close-up of the breathable mesh material and the waterfall seat design, contributing to ergonomic comfort.

6. Maintenance

Regular maintenance will help preserve the appearance and functionality of your Ergohuman chair.

6.1. Cleaning

- Use a dry, soft cloth to gently wipe the mesh and chair body.
- For stubborn spots, a slightly damp cloth with mild soap can be used, followed by drying with a clean cloth.
- Avoid abrasive cleaners or harsh chemicals, as they may damage the finish or mesh.

6.2. Moving Parts

- Periodically check all bolts and screws to ensure they are tight. Retighten if necessary.
- Inspect casters for any debris that might hinder smooth rolling. Clean as needed.

7. Troubleshooting

This section addresses common issues you might encounter with your Ergohuman chair.

Problem	Possible Cause	Solution
Chair does not raise/lower	Gas lift malfunction or lever not engaged	Ensure the height adjustment lever is fully engaged. If the issue persists, the gas lift may need replacement. Contact customer support.
Chair wobbles	Loose bolts or uneven floor	Check and tighten all assembly bolts. Ensure the chair is on a flat, even surface.
Casters not rolling smoothly	Debris in casters or damaged casters	Remove any hair or debris from the casters. If damaged, casters may need replacement.
Backrest does not recline	Recline lock engaged or tilt tension too high	Disengage the recline lock. Adjust the tilt tension knob to a softer setting.

8. Specifications

Feature	Detail
Brand	Ergohuman
Model Name	Ergohuman High Back Swivel Mesh Chair (ME7ERG-BLACK)
Color	Black
Product Dimensions	29"D x 32"W x 44"H
Material	Mesh
Back Style	Solid Back
Maximum Weight Recommendation	275 Pounds
Special Features	Cushion Availability, Ergonomic
Furniture Base Movement	Swivel
Reclining Position Count	3
UPC	669245990141

9. Warranty and Support

The Ergohuman Eurotech ME7ERG GEN2 High Back Mesh Office Chair comes with a Limited Lifetime Warranty, a testament to its durability and the manufacturer's commitment to customer satisfaction.
For warranty claims, technical support, or any inquiries regarding your chair, please contact Ergohuman customer service. You may need to provide proof of purchase.
Online Support: Visit the official Ergohuman website for FAQs and support resources.
Customer Service: Refer to the contact information provided with your purchase documentation.

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