

DYNAMIC SAUNAS AMZ-MX-K406-01

DYNAMIC SAUNAS Maxxus 4 Person Low EMF FAR Infrared Carbon Canadian Hemlock Sauna Instruction Manual

Model: AMZ-MX-K406-01

1. PRODUCT OVERVIEW

The DYNAMIC SAUNAS Maxxus 4 Person Low EMF FAR Infrared Carbon Canadian Hemlock Sauna is designed to bring the benefits of infrared therapy into your home. Constructed with reforested Canadian Hemlock wood, this sauna features 9 FAR infrared carbon heating panels for efficient and evenly distributed heat. It includes a user-friendly control panel, integrated audio, and therapeutic lighting options.

Key Features:

- 9 Maxxus Low EMF FAR Infrared Carbon heating panels (3 on rear wall, 1 on each side wall, 2 under the bench, 2 on the floorboard).
- Full 4-person capacity.
- Operates beyond 140°F (60°C).
- Natural Reforested Canadian Hemlock wood construction.
- 6mm interior and exterior wood planks with a 1.13-inch inner frame.
- Bronze tinted tempered glass door and side windows.
- Soft-touch control panel with LED display.
- Integrated FM radio, CD, and MP3 auxiliary connection with speakers.
- Floor and lower bench heaters for comprehensive heat distribution.



Figure 1: Front view of the DYNAMIC SAUNAS Maxxus 4 Person Infrared Sauna.

2. SETUP AND ASSEMBLY

Assembly of the Maxxus sauna typically requires two people and can be completed in approximately 1-2 hours. Ensure you have adequate space and a dedicated 20 amp, 120-volt outlet available. Consult a certified electrician for replacing a 15 amp dedicated receptacle to an approved 20 amp dedicated receptacle and 20 amp breaker if necessary.

Assembly Steps (General):

1. Place the base panel in the desired indoor location. The sauna can be installed on carpet or hard flooring.
2. Connect the side and rear wall panels, ensuring all electrical connections are properly routed and secured.
3. Install the bench and any internal components.
4. Place the roof panel, connecting any remaining electrical components for lighting and control.

5. Connect the sauna to a dedicated 20 amp, 120-volt outlet.

Video 1: General Installation Guide for an Infrared Sauna (Seller-provided).

This video demonstrates the typical assembly process for an infrared sauna, including panel connection, wiring, and roof placement. Note that specific steps may vary slightly by model.



Figure 2: Angled view of the sauna, showing its robust construction.

3. OPERATING INSTRUCTIONS

The Maxxus sauna is designed for ease of use with its intuitive control panel. Follow these steps for a safe and enjoyable sauna session.

3.1 Powering On and Temperature Control

1. Ensure the sauna is properly plugged into a dedicated 20 amp, 120-volt outlet.
2. Press the 'Power' button on the control panel to turn on the sauna.
3. Use the 'Temperature' up/down arrows to set your desired temperature. The sauna can reach

temperatures beyond 140°F (60°C).

4. Allow 10-30 minutes for the sauna to preheat to the set temperature.

3.2 Timer Settings

- Use the 'Timer' up/down arrows to set the duration of your session.
- Typical session durations range from 15 to 30 minutes.

3.3 Lighting and Audio

- The control panel includes buttons for interior and exterior lighting. Press the 'Light' button to cycle through colors or turn off the light.
- Utilize the built-in FM radio, CD player, or MP3 auxiliary connection with speakers for audio entertainment. Bluetooth functionality is also available for connecting your device.

3.4 Ventilation

- The sauna features a ventilation system. Adjust the vent as needed to control airflow during your session.



Figure 3: Maxxus Sauna Control Panel.



Figure 4: Interior view of the sauna, highlighting heating panels and seating.

4. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your sauna.

- **Cleaning:** Wipe down the interior and exterior wood surfaces with a damp cloth after each use. Avoid harsh chemicals or abrasive cleaners.
- **Towel Use:** Place towels on the bench and floor during sessions to absorb perspiration and protect the wood.
- **Ventilation:** Ensure the sauna is well-ventilated when not in use to prevent moisture buildup.
- **Heater Panels:** Do not touch the heating panels directly when the sauna is hot. Ensure they are free from obstructions.

5. TROUBLESHOOTING

If you encounter any issues with your sauna, refer to the following common troubleshooting tips:

- **Sauna Not Heating:** Check the power connection and ensure the sauna is plugged into a dedicated 20 amp outlet. Verify the temperature setting on the control panel.
- **Lights Not Working:** Check the light buttons on the control panel. Ensure all internal wiring connections are secure.
- **Audio Issues:** Verify Bluetooth connection or auxiliary cable. Check the volume settings on both the sauna's control panel and your device.
- **Unusual Noises/Smells:** Discontinue use immediately and contact customer support.

For persistent issues, please contact DYNAMIC SAUNAS customer support.

6. SPECIFICATIONS

Feature	Specification
Product Dimensions	73.3 x 41.3 x 74.8 inches
Item Weight	410 pounds
Manufacturer	Golden Designs Inc
ASIN	B001UUEOME
Item Model Number	AMZ-MX-K406-01
Heating Panels	9 Maxxus Low EMF FAR Infrared Carbon
Wood Type	Reforested Canadian Hemlock
Power Requirement	Dedicated 20 amp, 120-volt outlet

7. SAFETY INFORMATION

- **Indoor Use Only:** This sauna is designed for indoor use. While it can be placed in covered areas like screened porches or garages, it is not built to withstand direct outdoor weather exposure.
- **Electrical Safety:** Always use a dedicated 20 amp, 120-volt outlet. Do not use extension cords. Consult a certified electrician for proper installation.
- **Overheating:** Excessive exposure can be harmful. Follow recommended session durations and temperatures.
- **Medical Conditions:** Individuals with poor health, pregnant women, or those under medical care should consult their physician before using the sauna.
- **Hydration:** Drink plenty of water before and after your sauna session to stay hydrated.
- **Proposition 65 Warning:** This product may expose you to chemicals known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

8. WARRANTY AND SUPPORT

The DYNAMIC SAUNAS Maxxus 4 Person Infrared Sauna comes with a manufacturer's warranty. Please refer to the warranty card included with your product for specific terms and conditions.

For technical assistance, parts, or customer service inquiries, please contact Golden Designs Inc. customer support. Contact information can typically be found in your product packaging or on the manufacturer's official website.

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