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Taylor 5599

Taylor 5599 Body Fat-Body Water Scale Instruction Manual

Model: 5599

INTRODUCTION

This manual provides detailed instructions for the proper use and care of your Taylor 5599 Body Fat-Body Water Scale. This scale is designed to estimate body fat and body water percentages using Bioelectrical Impedance Analysis (BIA), in addition to providing accurate weight measurements. Please read this manual thoroughly before first use to ensure optimal performance and longevity of your device.



Image: Top view of the Taylor 5599 Body Fat-Body Water Scale. The scale features a clear tempered glass platform with four brushed stainless steel electrode pads and a digital display at the top. The display shows "BODY FAT ANALYZER" and control buttons above it.

KEY FEATURES

- Utilizes Bioelectrical Impedance Analysis (BIA) to estimate body fat and body water percentages.
- Features a contemporary tempered glass platform with brushed stainless steel accents.
- Large 1.8-inch dual-line LCD display for clear readings.
- High capacity of 440 pounds (200 kg), measuring in precise 0.2 lb (0.1 kg) increments.
- Includes 4 user memory profiles for personalized tracking.
- Athlete mode for enhanced accuracy for active individuals.
- Weight-only mode for simple weight measurement.
- Low/Normal/Moderate/High status bar for body fat and body water percentages.

SETUP AND INITIAL USE

1. Battery Installation

Your scale comes with one long-life Lithium battery. Before first use, ensure the battery is correctly installed. Open the battery compartment on the underside of the scale and insert the battery, observing the polarity indicators (+/-).

2. Scale Placement

Place the scale on a hard, flat surface. Avoid carpets or uneven flooring, as this can affect accuracy. Ensure the scale is stable before stepping on it.

3. Unit Selection (Pound/Kilogram)

Locate the unit switch (usually on the underside of the scale or near the battery compartment). Select your preferred unit of measurement: pounds (lb) or kilograms (kg).

4. Setting User Profiles

The scale can store data for up to 4 users. To set up a profile:

1. Press the **ON** button to activate the scale.
2. Press the **SET** button. The user number (P1-P4) will flash. Use the ▲ or ▼ buttons to select a user number, then press **SET**.
3. The gender icon will flash. Select male or female using ▲ or ▼, then press **SET**.
4. The height will flash. Adjust your height using ▲ or ▼, then press **SET**.
5. The age will flash. Adjust your age using ▲ or ▼, then press **SET**.
6. The athlete mode icon will flash. Select **ON** or **OFF** using ▲ or ▼, then press **SET** to confirm. *Athlete mode is recommended for individuals who engage in intense physical activity for at least 10 hours per week and have a resting heart rate of 60 beats per minute or less.*
7. The scale will display "0.0" and is ready for use.

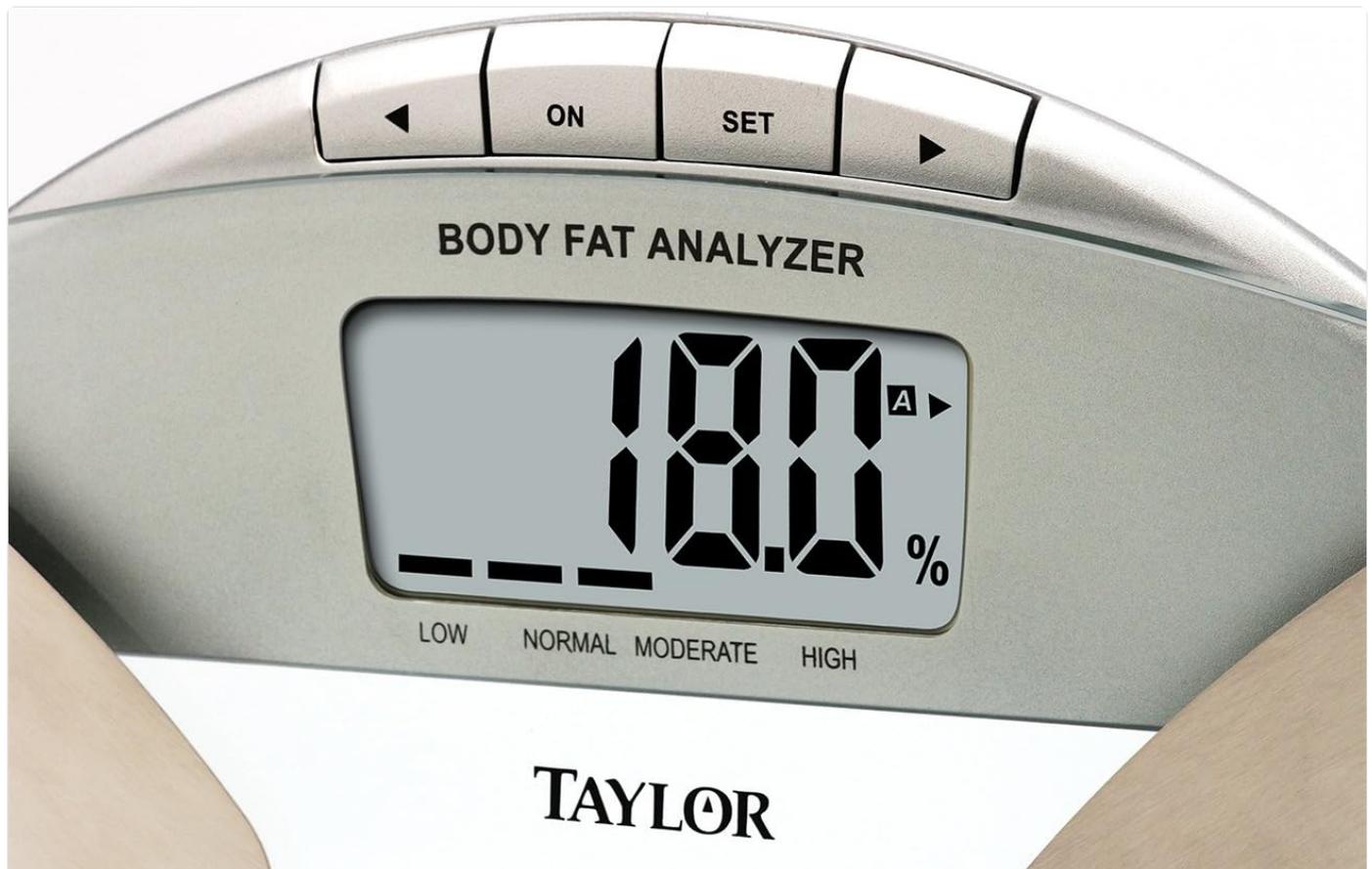


Image: A close-up view of the digital display and control buttons of the Taylor 5599 scale. The display shows "BODY FAT ANALYZER" and a reading of "18.0%". Buttons labeled "ON", "SET", and arrow keys are visible above the display.

OPERATING INSTRUCTIONS

1. Weight-Only Measurement

To measure only your weight:

1. Gently tap the center of the scale with your foot to activate it. The display will show "0.0".
2. Once "0.0" appears, step onto the scale with bare feet, standing still and centered.
3. Your weight will be displayed. The scale will automatically turn off after a few seconds.

2. Body Fat and Body Water Measurement

For body composition analysis, ensure your user profile is set up (as described in Setup, Section 4).

1. Press the **ON** button.
2. Use the ▲ or ▼ buttons to select your user number (P1-P4), then wait for "0.0" to appear.
3. Step onto the scale with bare feet, ensuring your feet are positioned on the stainless steel electrode pads. Stand still and centered.
4. The scale will first display your weight, then cycle through your body fat percentage and body water percentage. The Low/Normal/Moderate/High status bar will indicate your body composition category.
5. The scale will automatically turn off after displaying all measurements.

Important: For accurate body composition readings, always use the scale with bare, dry feet. Readings may vary if feet are wet or if socks/shoes are worn.



Image: A close-up view of one of the brushed stainless steel electrode pads on the Taylor 5599 scale's tempered glass platform. These pads are essential for body fat and body water measurements.

CARE AND MAINTENANCE

- Clean the scale with a damp cloth and mild detergent. Do not use abrasive cleaners or immerse the scale in water.
- Avoid dropping the scale or subjecting it to strong impacts, as this can damage the tempered glass and internal components.
- Store the scale in a dry place at room temperature.
- If the scale will not be used for an extended period, it is recommended to remove the battery.

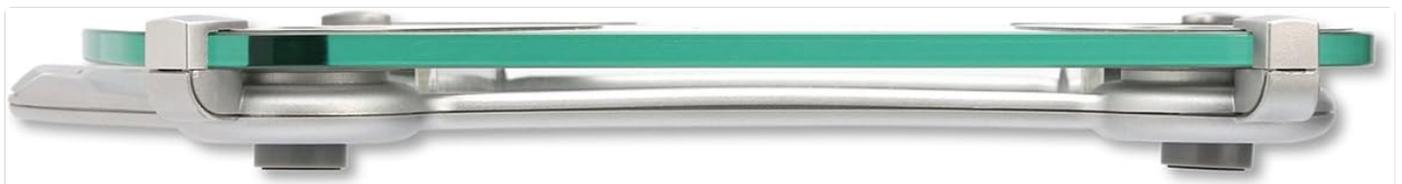


Image: Side view of the Taylor 5599 scale, highlighting the thickness of the tempered glass platform and the sleek design of its base. This

view emphasizes the durable construction.

TROUBLESHOOTING

"Lo" or "Err" displayed:

This usually indicates a low battery. Replace the Lithium battery with a new one. Ensure the battery is inserted with correct polarity.

Inaccurate readings:

- Ensure the scale is on a hard, flat, and level surface.
- Make sure your feet are bare, clean, and dry when taking body composition measurements.
- Stand still and centered on the scale.
- Avoid moving the scale frequently. If moved, allow it to calibrate by tapping it once and letting it return to "0.0" before use.

No display:

Check if the battery is correctly installed and not depleted. Replace if necessary.

SPECIFICATIONS

Model Number	5599
Weight Capacity	440 Pounds (200 kg)
Readout Accuracy	0.2 Pounds (0.1 kg)
Material Type	Tempered Glass
Display	1.8-inch Dual-Line LCD
Power Source	1 x Lithium Battery (included)
Product Dimensions	14.83 x 2.5 x 14.56 inches
Item Weight	6.3 Pounds

WARRANTY INFORMATION

The Taylor 5599 Body Fat-Body Water Scale comes with a **Five-Year Parts and Labor Warranty**. This warranty covers defects in materials and workmanship under normal use. It does not cover batteries or damage resulting from misuse, accident, or unauthorized modifications. Please retain your purchase receipt as proof of purchase for warranty claims.

CUSTOMER SUPPORT

For further assistance, technical support, or warranty inquiries, please contact Taylor Precision Products customer service. Refer to the product packaging or the manufacturer's official website for the most current contact information.

