

Frida Baby NoseFrida

Frida Baby NoseFrida Nasal Aspirator Instruction Manual

Model: NoseFrida

INTRODUCTION

The Frida Baby NoseFrida Nasal Aspirator is a doctor-invented device designed to help clear nasal congestion in infants and toddlers. Its unique design allows for effective and hygienic removal of mucus, helping your baby breathe, sleep, and feed more easily. This manual provides essential information for the safe and proper use, maintenance, and care of your NoseFrida.

PRODUCT OVERVIEW

The NoseFrida system includes the following components:

- 1 x NoseFrida Nasal Aspirator (consisting of a main tube, a long clear tube, and a red mouthpiece)
- 4 x Hygiene Filters

The aspirator is made from 100% plastic, specifically Polypropylene (PP) and Thermoplastic Elastomer (TPE), and is Bisphenol-A (BPA) Free and Lead Free.

SAFETY INFORMATION

WARNING:

- Keep small parts out of reach of children to prevent choking hazards.
- Do not insert the large tube directly into the child's nostril; it should create a seal against the outside.
- Always use a hygiene filter to prevent the transfer of mucus and germs.

SETUP

Before first use, ensure all components are clean and dry. Insert one hygiene filter into the blue filter cap of the main tube. Attach the long clear tube to the filter cap and the red mouthpiece to the other end of the clear tube.

OPERATING INSTRUCTIONS

1. **Prepare the Baby:** For thick mucus, consider spraying saline solution into each nostril to help loosen it before using the NoseFrida.
2. **Position the Aspirator:** Place the large tube (the wider, conical end) against the outside of your child's nostril, creating a seal. **Do not insert it inside the nostril.**
3. **Apply Suction:** Use the red mouthpiece to gently suck out the snot. You will hear and see mucus coming out of the nose and collecting in the main tube. Adjust the suction strength as needed.
4. **Circular Motion:** Move the large tube in a circular motion against the nostril to effectively clear mucus.
5. **Repeat:** Repeat the process for the other nostril as necessary.



Image: Parent using the NoseFrida on a baby, demonstrating the correct placement against the nostril.

Gentle no-poke barrel



Image: Close-up of the NoseFrida's gentle no-poke barrel against a baby's nostril.

MAINTENANCE AND CLEANING

Proper cleaning after each use is crucial for hygiene and product longevity.

1. **Discard Filter:** Change the hygiene filter after each use to maintain suction and prevent bacterial transfer.
2. **Disassemble:** Separate the blue nasal tube, red mouthpiece, and filter cap from the long clear tube.
3. **Wash Components:** The blue nasal tube, red mouthpiece, and filter cap are top-rack dishwasher safe. Alternatively, wash them with warm water and soap.
4. **Sanitize Tube:** The long, clear tube can be sanitized with 70% isopropyl alcohol.
5. **Dry:** Ensure all parts are completely dry before reassembling or storing.

Booger-blocking filters trap snot in the barrel



Image: Hands replacing a hygiene filter in the NoseFrida.



Image: Disassembled NoseFrida components being cleaned.

TROUBLESHOOTING

While the NoseFrida is designed for simple operation, here are common issues and solutions:

- **No Suction:** Ensure the hygiene filter is correctly seated and not clogged. Check that all connections (mouthpiece to tube, tube to filter cap, filter cap to main tube) are secure and airtight. Replace the filter if it appears saturated or damaged.
- **Thick Mucus:** If mucus is too thick to aspirate, use a saline solution (like Frida Baby Saline Mist) to loosen it before suctioning. Allow a few minutes for the saline to work.
- **Baby Discomfort:** Ensure the large tube is placed gently against the nostril, not inserted. If the baby is still distressed, try to soothe them and attempt again when they are calmer.

SPECIFICATIONS

Feature	Detail
Brand	Frida Baby
Model Name	Nasal Aspirator NoseFrida the Snotsucker
Material Type	Polypropylene (PP), Thermoplastic Elastomer (TPE)
Material Type Free	Bisphenol-A (BPA) Free, Lead Free
Power Source	Manually Powered
Water Resistance Level	Waterproof
Product Dimensions	3"W x 1"H
Item Weight	0.32 ounces
Product Care Instructions	Dishwasher Safe (blue nasal tube, red mouthpiece, filter cap)
Target Gender	Unisex
Age Range	Baby (0+ months)

WARRANTY AND SUPPORT

For specific warranty information or product support, please refer to the packaging or contact Frida Baby customer service directly. This item may qualify for FSA/HSA reimbursement.

ADDITIONAL TIPS

- Always have extra hygiene filters on hand.
- Keep the NoseFrida clean and dry when not in use.
- The compact design makes it easy to carry in a diaper bag for on-the-go relief.