

## NOW Foods NOW1003/654/1501

# NOW Foods ADAM™ Men's Multivitamin Tablets

**Model:** NOW1003/654/1501

**Brand:** NOW Foods

## 1. PRODUCT OVERVIEW

NOW Foods ADAM™ Men's Multivitamin Tablets are formulated to provide essential nutrients for men's optimum health. This product is designed with minimal excipients and added ingredients to maximize the concentration of beneficial nutrients. Natural color variation may occur in this product.

### Key Features:

- Superior Men's Multivitamin: Formulated with higher levels of nutrients men need, minimizing unneeded additional ingredients.
- Comprehensive Ingredients: Contains Saw Palmetto, Lycopene, Alpha Lipoic Acid, CoQ10, Natural Resveratrol, and Grape Seed Extract.
- Certifications: Kosher, Vegan/Vegetarian, Made without Gluten, Dairy Free, Egg Free, Nut Free.
- GMP Quality Assured: Manufactured under NPA A-rated GMP certification, ensuring rigorous testing for stability, potency, and product formulation.
- USA Packaged: Produced by a family-owned and operated company since 1968.

## 2. INGREDIENTS

The primary ingredients in NOW Foods ADAM™ Men's Multivitamin Tablets include a blend of vitamins, minerals, and herbal extracts. The full list of ingredients is as follows:

**Active Ingredients:** Vitamin A (100% as Beta-Carotene), Vitamin C (from Calcium Ascorbate), Vitamin D (as Ergocalciferol), Vitamin E (as d-Alpha Tocopheryl Succinate), Vitamin K-1 (as Phytonadione), Thiamin (Vitamin B-1) (from Thiamin HCl), Riboflavin (Vitamin B-2), Niacin (Vitamin B-3) (as Niacinamide and from Inositol Hexanicotinato), Vitamin B-6 (from Pyridoxine HCl and Pyridoxal-5-Phosphate (P-5-P)), Folate (as Folic Acid), Vitamin B-12 (as Methylcobalamin), Biotin, Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate), Choline (from Choline Bitartrate), Calcium (from Calcium Ascorbate and Calcium Citrate),

Iodine (from Potassium Iodide), Magnesium (from Magnesium Citrate), Zinc (from Zinc Bisglycinate (TRAACS™)), Selenium (from L-Selenomethionine), Copper (from Copper Bisglycinate (TRAACS™)), Manganese (from Manganese Bisglycinate (TRAACS™)), Chromium (from Chromium Picolinate), Molybdenum (from Sodium Molybdate), Potassium (from Potassium Chloride), Saw Palmetto (Berry) (*Serenoa repens*), Alpha Lipoic Acid, Organic Aloe Vera (Leaf) (Concentrate), Grape Seed Extract (*Vitis vinifera*) (Standardized for Polyphenols), Inositol, CoQ10 (Coenzyme Q10), trans-Resveratrol (from Japanese Knotweed Extract (*Polygonum cuspidatum*) (Root)), Lutein (from Marigold Flowers Extract (FloraGLO®), Vitamin K-2 (as Menaquinone).

**Other Ingredients:** Microcrystalline Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Silica and Vegetarian Coating.

### 3. DIRECTIONS FOR USE

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For optimal results, follow these instructions carefully:

- **Dosage:** As a dietary supplement, take 2 tablets daily.
- **Timing:** Preferably consume with meals.
- **Storage:** Store in a cool, dry place after opening.

### 4. SAFETY INFORMATION

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Please read the following safety information before using this product:

- Consult your healthcare practitioner if you are pregnant/nursing, taking medication, or have a medical condition.
- Keep out of reach of children.
- This product contains a chemical known to the State of California to cause birth defects or other reproductive harm (Proposition 65 Warning).
- Natural color variation may occur in this product.
- Not manufactured with wheat, gluten, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

### 5. PRODUCT SPECIFICATIONS

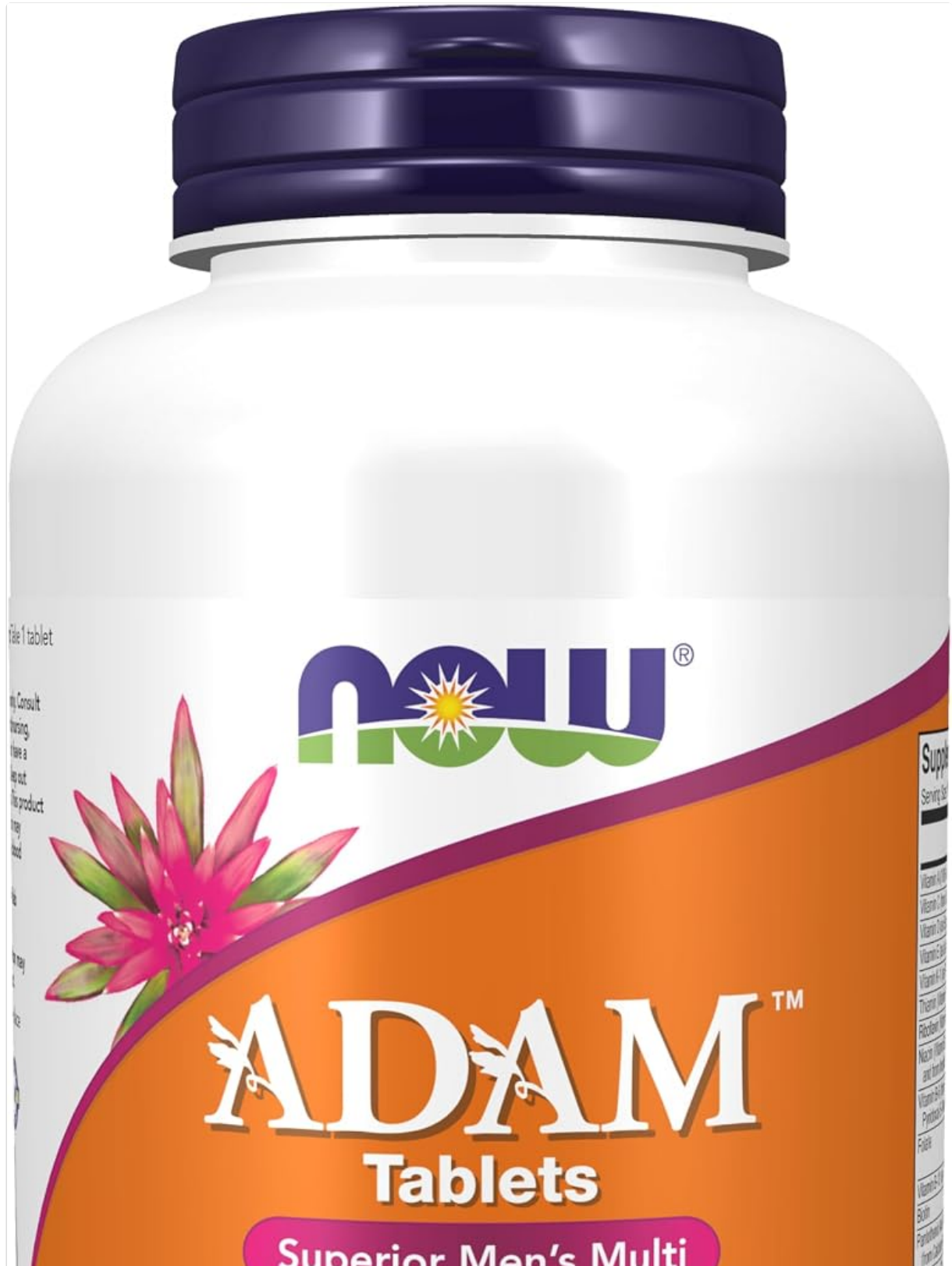
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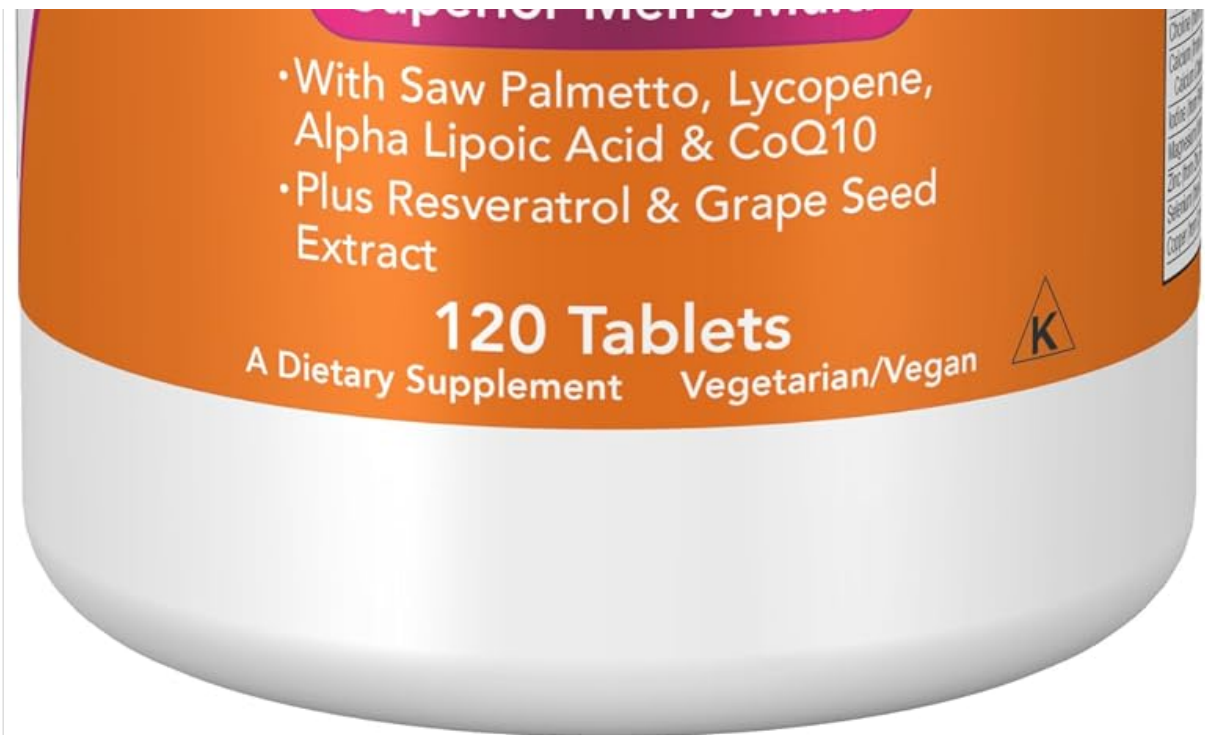
Attribute	Detail
Brand	NOW Foods
Model Number	NOW1003/654/1501
Item Form	Tablet
Unit Count	120 Count
Item Weight	3.4 Ounces
Product Dimensions	6 x 5 x 4 inches
Manufacturer	NOW Sports - Nutrition and Wellness
Date First Available	October 15, 2006

Attribute	Detail
Primary Supplement Type	Calcium, Iron, Vitamin A, Vitamin B12, Vitamin C
Age Range (Description)	Adult

## 6. MEDIA GALLERY

### Product Images:





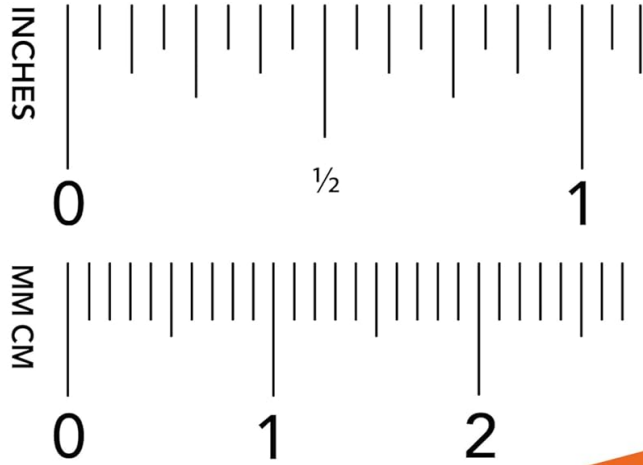
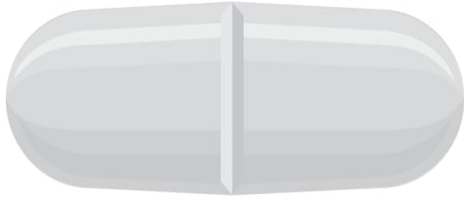
Front view of the NOW Foods ADAM™ Men's Multivitamin bottle, showing the brand logo, product name, and key ingredients.





Back view of the NOW Foods ADAM™ Men's Multivitamin bottle, displaying the detailed Supplement Facts panel with nutrient information.

# Tablet Size



Size and color shown may vary from actual product.

An illustration demonstrating the approximate size of a single NOW Foods ADAM™ Men's Multivitamin tablet, with measurements in inches and centimeters.

# Certifications Matter

Intertek GMP certification means that every aspect of the NOW® supplement manufacturing process has been audited, including our laboratory/testing methods (for stability, potency, and product formulation).



A graphic highlighting the importance of certifications, specifically Intertek GMP certification, for NOW Foods supplement manufacturing processes.

## Product Videos:

There are no official seller-provided product videos available for this item at this time.

## 7. TROUBLESHOOTING

If you encounter any issues or have concerns regarding the NOW Foods ADAM™ Men's Multivitamin Tablets, please consider the following:

- **Digestive Discomfort:** If you experience mild digestive upset, try taking the tablets with a larger meal or splitting the daily dose.
- **Unusual Odor/Appearance:** While natural color variation may occur, if the product has an unusual odor or appearance beyond typical variations, do not consume and contact customer support.
- **Allergic Reactions:** Discontinue use immediately if you experience any signs of an allergic reaction and consult a healthcare professional.
- **Effectiveness Concerns:** Dietary supplements work differently for individuals. Consistent use as directed is important. If you have ongoing concerns about effectiveness, consult a healthcare professional.

## 8. LEGAL DISCLAIMER

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These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, cure, mitigate, treat, or prevent any disease.

## 9. WARRANTY AND SUPPORT

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For information regarding product warranty, returns, or customer support, please refer to the official NOW Foods website or contact their customer service department directly. Keep your purchase receipt for any inquiries.

### **NOW Foods Contact Information:**

- **Website:** [www.nowfoods.com](http://www.nowfoods.com)
- **Customer Service:** Refer to the contact section on the official website for phone numbers or email support.