

Medela 87123NA

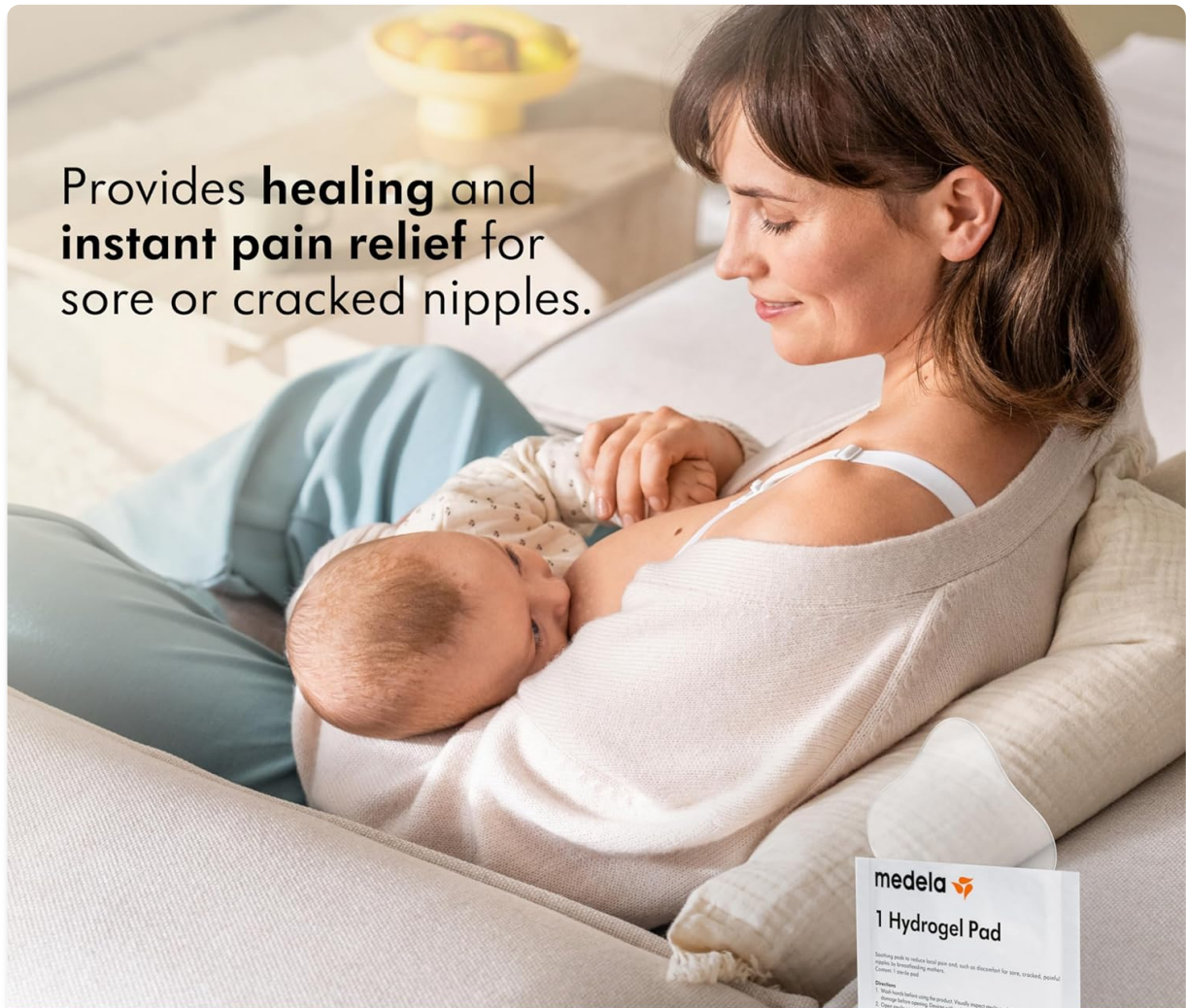
Medela Hydrogel Pads User Manual: Instant Pain Relief for Sore Nipples

Brand: Medela | Model: 87123NA

1. INTRODUCTION

Medela Hydrogel Pads are designed to provide instant pain relief and support the natural healing process for sore or cracked nipples experienced during breastfeeding and pumping. These pads create a moist, cooling environment that helps alleviate discomfort and protects sensitive skin.

Provides **healing** and **instant pain relief** for sore or cracked nipples.



Hydrogel Pads
Immediate cooling & soothing effect

Image: Medela Hydrogel Pads provide healing and instant pain relief for sore or cracked nipples, allowing comfortable breastfeeding.

Key Benefits:

- **Instant Pain Relief:** High water content provides immediate cooling and soothing.
- **Healing Properties:** Creates a moist environment for faster healing and new skin tissue growth.
- **Barrier Protection:** Protects against rubbing and further skin damage.
- **Protection from Infection:** Impermeable film layer reduces bacterial contamination.
- **Dermatologically Tested:** Safe, preservative-free, and sterile for breastfeeding mothers.



Image: Visual representation of the multiple benefits offered by Medela Hydrogel Pads.

2. SETUP & APPLICATION

Follow these steps for proper preparation and application of your Medela Hydrogel Pads:

1. **Wash Hands:** Always wash your hands thoroughly before handling the pads.
2. **Prepare Pad:** Remove the gel pad from its plastic liner. To reduce stickiness and enhance soothing, briefly pass the exposed gel pad under a cool stream of water (1-2 seconds), shake off excess water, and set aside for two minutes.
3. **Apply Pad:** Gently place the gel side of the pad directly onto your nipple.

How to use Hydrogel Pads?



1
Wash hands

2
Remove plastic
liner and apply
pad to breast

3
Remove pad and
wash breast
before
breastfeeding

4
Reapply –
reusable for
up to 24 hours

Image: Step-by-step instructions for applying Medela Hydrogel Pads.



Instant Pain Relief

Thanks to their high water content, Hydrogel Pads soothe and cool the skin to provide pain relief and reduce discomfort.



Image: Applying the hydrogel pad for instant pain relief and reduced discomfort.

3. OPERATING INSTRUCTIONS (DURING BREASTFEEDING)

To ensure comfortable and effective breastfeeding while using the pads:

1. **Before Feeding:** Prior to breastfeeding, gently remove the gel pad and place it back on its clear liner.
2. **Clean Breast:** Gently wash your breast with warm water and pat it dry. Breastfeeding can then begin.
3. **After Feeding:** After each breastfeeding session, wash the pad and re-apply it to your nipple.



Supports Faster Healing

Hydrogel Pads create a moist environment that supports faster healing and promotes the growth of new skin tissue.



Image: Hydrogel Pads support faster healing, promoting comfortable breastfeeding experiences.

4. MAINTENANCE

Proper care ensures the longevity and effectiveness of your hydrogel pads:

- **Reusability:** Each pad is reusable for up to 24 hours.
- **Cleaning:** After each use, gently wash the pad with warm water. Do not rinse more than two times per day.
- **Storage:** Store the pad on its clear plastic liner when not in use.

- **Discard:** If a hydrogel pad becomes cloudy or milky, discard it and use a new one.



Simple, Safe, and Reusable for Up to 24h

Dermatologically tested and preservative-free, the Hydrogel Pads ensure comfort and ease of use throughout the healing process.



Image: Medela Hydrogel Pads are dermatologically tested, preservative-free, and reusable for up to 24 hours.

5. TROUBLESHOOTING

If you encounter any issues while using Medela Hydrogel Pads:

- **Excessive Stickiness:** If the pad feels too sticky, briefly pass it under cool running water (1-2 seconds) and shake off excess water before application.
- **Cloudy/Milky Pad:** If the hydrogel pad changes color or becomes cloudy or milky, this indicates it should be discarded and replaced with a new, sterile pad.
- **Persistent Soreness/Cracking:** If your nipples remain sore, are cracked, bleeding, or you experience a burning sensation, discontinue use and contact your breastfeeding specialist or healthcare provider immediately.

6. SAFETY INFORMATION

Please observe the following safety precautions:

- Use only as directed.

- Keep out of reach of children.
- For external use only.
- Avoid use if you have glycerin allergies or are allergic to hydroxyethylmethacrylate (HEMA).
- Do not rinse the pads more than two times per day.



Protection From Infection

Prevents bacteria from entering skin that is sore, cracked, or vulnerable.



Image: Hydrogel pads prevent bacteria from entering vulnerable skin, offering protection from infection.

7. SPECIFICATIONS

Product Dimensions	6 x 5 x 1 inches; 2.08 ounces
Item Model Number	87123NA
UPC	020451466804, 020451271231, 020451871233
Manufacturer	Medela
Quantity	4 Count (Pack of 1)

8. PRODUCT OVERVIEW VIDEO

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Video: A brief product overview of Medela Hydrogel Pads, demonstrating their features and benefits for breastfeeding mothers.

9. SUPPORT & CONTACT

For questions, concerns, or further assistance, please contact Medela Customer Service:

- **Phone:** 1-800-435-8316
- **Website:** www.medela.com
- **Address:** Medela, Inc., 1101 Corporate Dr., McHenry, IL 60050, USA

You can also visit www.medela.com to find a breastfeeding specialist in your area.