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Subaru Forester

2007 Subaru Forester Owner's Manual

Comprehensive guide for operating and maintaining your 2007 Subaru Forester.

Introduction

This owner's manual provides detailed information regarding the operation, maintenance, and safety of your 2007 Subaru Forester. To ensure safe and enjoyable driving, please read this manual thoroughly and keep it in your vehicle for future reference. All information, illustrations, and specifications contained in this manual are based on the latest product information available at the time of publication.



Image: The complete owner's manual set for the 2007 Subaru Forester, housed in a black protective case with the Subaru logo.

Vehicle Setup and Initial Checks

Before operating your Subaru Forester, it is important to familiarize yourself with its basic controls and perform initial checks to ensure safe driving. This section covers essential steps for new owners.

Understanding Your Dashboard

The dashboard provides critical information about your vehicle's status. Pay attention to warning lights and gauges.

- **Indicator Lights:** Learn the meaning of each warning and indicator light.
- **Gauges:** Monitor fuel level, engine temperature, and speedometer readings.

Adjusting Seating and Mirrors

Proper adjustment of your seat and mirrors is crucial for comfort and visibility.

1. Adjust the driver's seat for optimal pedal and steering wheel access.
2. Set the rearview mirror to clearly see the area behind your vehicle.
3. Adjust side mirrors to minimize blind spots.



Image: The cover of the 2007 Subaru Forester Owner Reference Guide, featuring an image of the vehicle.

Operating Your Vehicle

This section details the procedures for starting, driving, and safely operating your 2007 Subaru Forester, including

information on various features and controls.

Starting and Stopping the Engine

Follow these steps for proper engine operation:

- Insert the key into the ignition.
- Ensure the transmission is in Park (P) or Neutral (N).
- Turn the key to the START position and release once the engine starts.

Driving Tips

For optimal performance and safety:

- Always wear your seatbelt.
- Maintain a safe distance from other vehicles.
- Be aware of road conditions and adjust your driving accordingly.

Using the Navigation System

Your Forester may be equipped with a navigation system. Refer to the dedicated manual for detailed instructions.



Image: The DVD case for the Subaru Navigation System Version 2.0, indicating the availability of a navigation feature.

Maintenance and Care

Regular maintenance is essential for the longevity and performance of your 2007 Subaru Forester. This section outlines recommended service schedules and basic care procedures.

Scheduled Maintenance

Adhere to the maintenance schedule provided in your Warranty & Maintenance Booklet.

Typical Maintenance Intervals

Service Item	Interval
Engine Oil & Filter Change	Every 6 months or 6,000 km (whichever comes first)
Tire Rotation	Every 12 months or 12,000 km
Brake Inspection	Annually

Fluid Checks

Regularly check the levels of engine oil, coolant, brake fluid, and windshield washer fluid.



Image: The cover of the 2007 Subaru Warranty & Maintenance Booklet, which contains detailed service schedules and warranty information.

Troubleshooting Common Issues

This section provides guidance on identifying and resolving minor issues you might encounter with your 2007 Subaru Forester. For more complex problems, consult a certified Subaru technician.

Warning Lights

If a warning light illuminates on your dashboard, refer to the owner's manual for its specific meaning and recommended action.

- **Check Engine Light:** Indicates a potential issue with the engine or emissions system.
- **Oil Pressure Warning:** Indicates low engine oil pressure; stop the vehicle safely and check oil level.
- **Battery Charge Warning:** Suggests a problem with the charging system.

Flat Tire Procedure

In case of a flat tire, follow these steps:

1. Pull over to a safe location away from traffic.
2. Engage the parking brake and turn on hazard lights.
3. Locate the spare tire, jack, and lug wrench.
4. Refer to the manual for detailed tire changing instructions.

Vehicle Specifications

Key technical specifications for the 2007 Subaru Forester are provided below. For a complete list, refer to your owner's manual.

2007 Subaru Forester Key Specifications

Category	Specification
Engine Type	2.5-liter H4 (Horizontally Opposed)
Fuel Tank Capacity	Approximately 60 liters (15.9 US gallons)
Tire Size (Standard)	P215/60R16
Curb Weight	Approximately 1400-1500 kg (3086-3307 lbs)

Warranty and Support

Your 2007 Subaru Forester comes with a manufacturer's warranty. For detailed information regarding coverage, terms, and conditions, please refer to your Warranty & Maintenance Booklet.

Roadside Assistance

Subaru provides roadside assistance for eligible vehicles. Contact information and services covered are detailed in your manual and on the provided roadside assistance card.



Image: A card detailing Subaru Roadside Assistance benefits and contact information, including a toll-free number.

Dealer Directory

For authorized service and parts, consult the 2007 Dealer Directory to find a Subaru dealership near you.

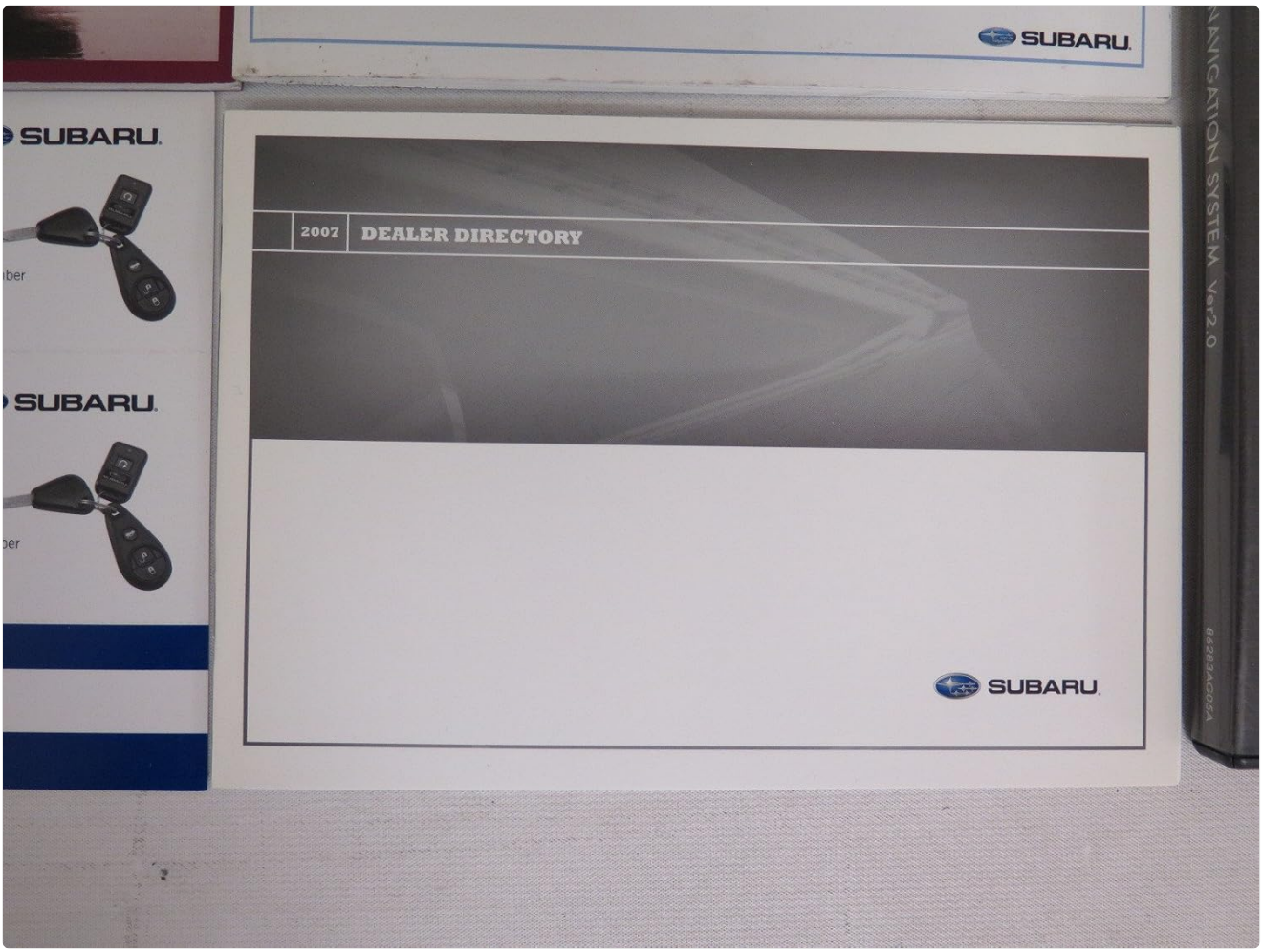


Image: The cover of the 2007 Subaru Dealer Directory, which lists authorized dealerships for service and support.

For further assistance, please contact your authorized Subaru dealer or visit the official Subaru website.

Visit Official Subaru Canada Website

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