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Mystim 46010

Mystim Pure Vibes Electro Stimulation Set

Model: 46010

Introduction

The Mystim Pure Vibes Electro Stimulation Set offers a sophisticated approach to electro-stimulation. This new generation device combines quality materials, a sleek design, and numerous functionalities for an enhanced experience. It features up to 42 hours of operation, 3 pre-installed programs ranging from gentle to intense, a 360° rotating plug to prevent cable breakage, and adjustable intensity, pulse width, and pulse rate.

This manual provides essential information for the safe and effective use of your Mystim Pure Vibes device. Please read it thoroughly before first use and keep it for future reference.



Figure 1: Mystim Pure Vibes Electro Stimulation Device. This image displays the main unit from front and side angles, highlighting its compact design and indicating key dimensions for reference.

Setup

1. **Battery Installation:** Open the battery compartment cover on the back of the device. Insert one D-cell battery (included), ensuring correct polarity (+/-) as indicated inside the compartment. Close the cover securely.
2. **Electrode Cable Connection:** Locate the two output jacks at the top of the device. Connect the electrode cables firmly into these jacks. The device supports two channels for simultaneous use.
3. **Electrode Preparation:** Ensure your skin is clean, dry, and free from lotions or oils in the areas where electrodes will be applied. This ensures optimal adhesion and conductivity.

4. **Electrode Application:** Remove the self-adhesive electrodes from their protective film. Apply them firmly to the desired areas of the body. Ensure good skin contact.
5. **Connect Electrodes to Cables:** Attach the electrode cables to the self-adhesive electrodes. The 360° rotating plug design helps prevent cable breakage.



Figure 2: Mystim Pure Vibes Electro Stimulation Set. This image shows the complete kit, including the main device, electrode cables, and self-adhesive electrodes, all neatly arranged in its carrying case.

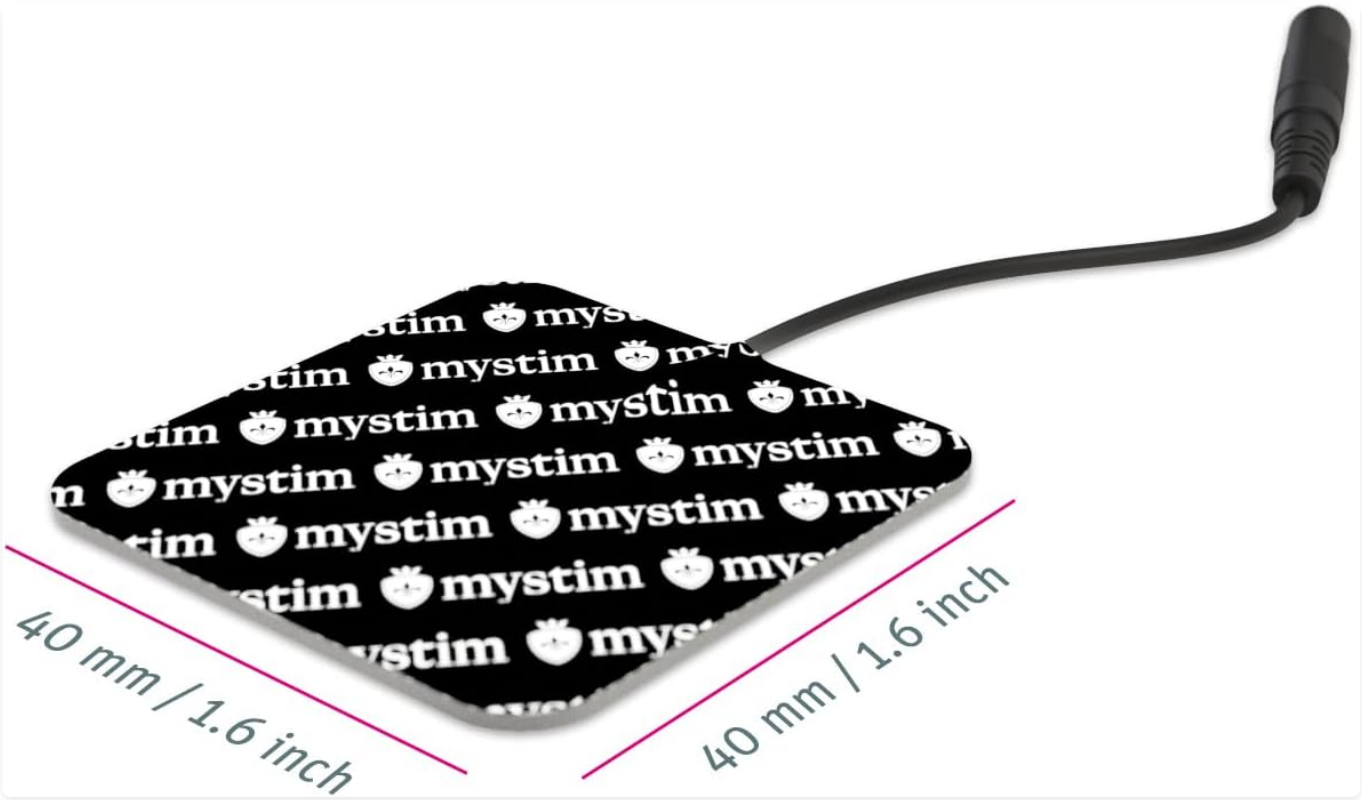

Figure 3: Self-Adhesive Electrodes. This image provides a detailed view of the self-adhesive electrodes, indicating their dimensions (40mm x 40mm) for proper placement.

Operating Instructions

1. **Power On:** Press the power button or switch to turn on the device. An indicator light may illuminate to confirm it is active.
2. **Program Selection:** Use the 'MODE' switch (labeled B, N, M) to select one of the three pre-installed programs. Each mode offers a different stimulation pattern, ranging from gentle to intense. Experiment to find the program that best suits your preference.
3. **Adjust Pulse Width:** Rotate the 'PULSE WIDTH (µS)' dial to adjust the duration of each electrical pulse. Start with a lower setting (e.g., 30 µS) and gradually increase to find a comfortable and effective sensation. The range is typically 30 to 260 µS.
4. **Adjust Pulse Rate:** Rotate the 'PULSE RATE (Hz)' dial to adjust the frequency of the electrical pulses. Begin with a lower setting (e.g., 2 Hz) and gradually increase. The range is typically 2 to 150 Hz.
5. **Intensity Control:** The two pink rotary controls at the top of the device manage the intensity for each channel independently. Rotate clockwise to increase intensity and counter-clockwise to decrease. Always start with the lowest intensity and increase gradually to a comfortable level.
6. **During Use:** If you experience any discomfort or irritation, reduce the intensity or turn off the device immediately.
7. **Power Off:** When finished, turn off the device using the power button or switch. Disconnect the electrodes from your skin and then from the cables.



Figure 4: Device Controls. This image highlights the 'PULSE WIDTH', 'MODE', and 'PULSE RATE' dials, along with the two pink intensity controls at the top, illustrating the user interface for operation.

Maintenance

- **Cleaning the Device:** After each use, gently wipe the main unit and electrode cables with a soft, slightly damp cloth. Do not immerse the device in water. Avoid using harsh chemicals or abrasive cleaners.
- **Electrode Care:** The self-adhesive electrodes can be cleaned with a small amount of water and allowed to air dry. To prolong their lifespan, always reattach them to their protective film after use. Replace electrodes when they lose their adhesiveness or conductivity, typically after 15-20 uses.
- **Battery Replacement:** When the device's performance diminishes or if an indicator light signals a low battery, replace the D-cell battery. Always dispose of used batteries responsibly according to local regulations.
- **Storage:** Store the Mystim Pure Vibes device and all accessories in its original carrying case in a cool, dry place, away from direct sunlight, extreme temperatures, and humidity. Keep out of reach of children.

Troubleshooting

Problem	Possible Cause	Solution
Device does not turn on.	Battery incorrectly installed or depleted.	Check battery polarity. Replace with a fresh D-cell battery.
No sensation or weak sensation.	Electrodes not properly applied, cables loose, or intensity too low. Electrodes may be worn out.	Ensure electrodes are firmly attached to clean, dry skin. Check all cable connections. Gradually increase intensity. Replace old electrodes.
Irregular or uncomfortable sensation.	Loose connections, uneven electrode application, or high intensity.	Check all connections. Ensure electrodes are applied smoothly and evenly. Reduce intensity to a comfortable level.
Skin irritation or redness.	Electrodes applied to broken/irritated skin, allergic reaction, or prolonged use in one spot.	Discontinue use immediately. Do not use on broken or irritated skin. If irritation persists, consult a healthcare professional. Ensure electrodes are clean and not expired.

Specifications

Model Number: 46010

Brand: Mystim

Product Dimensions (L x W x H): 15.24 x 6.35 x 15.24 cm (6 x 2.5 x 6 inches)

Weight: 453.59 grams (approx. 1 lb)

Main Unit Material: ABS

Electrode Material: Silicone (for conductive parts)

Color: Black (device), Pink (dials/connectors)

Battery: 1 x D-cell (included)

Water Resistance: Waterproof

Programs: 3 pre-installed modes (B, N, M)

Pulse Width: Adjustable from 30 µS to 260 µS

Pulse Rate: Adjustable from 2 Hz to 150 Hz

Operating Time: Up to 42 hours (depending on intensity and program)

Country of Origin: Germany

Warranty Information

Mystim products are manufactured to high-quality standards. This product comes with a standard manufacturer's warranty against defects in materials and workmanship. Please refer to the warranty card included in your product packaging for specific terms, conditions, and duration. Keep your proof of purchase for warranty claims.

Customer Support

For technical assistance, troubleshooting not covered in this manual, or warranty inquiries, please contact Mystim customer support. Contact details can typically be found on the official Mystim website or on the product packaging.

Online Resources: Visit the official Mystim website for FAQs, additional product information, and support resources.

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