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Mucinex RAC05620

Mucinex DM 12Hr Chest Congestion & Cough Medicine User Manual

Comprehensive instructions for effective use and care of your Mucinex DM medication.

Product Overview

Mucinex DM 12Hr Chest Congestion & Cough Medicine for Adults is an extended-release bi-layer tablet designed to provide powerful symptom relief for up to 12 hours. It controls cough, relieves chest congestion, and thins and loosens mucus.

This product contains two active ingredients: Guaifenesin, an expectorant that helps clear mucus, and Dextromethorphan HBr, a cough suppressant.



Image: Front packaging of Mucinex DM 12Hr, highlighting 12-hour relief and key benefits.

Important Information & Drug Facts

Before using Mucinex DM, carefully read all information provided on the packaging and this manual. Consult a healthcare professional if you have any questions or pre-existing medical conditions.

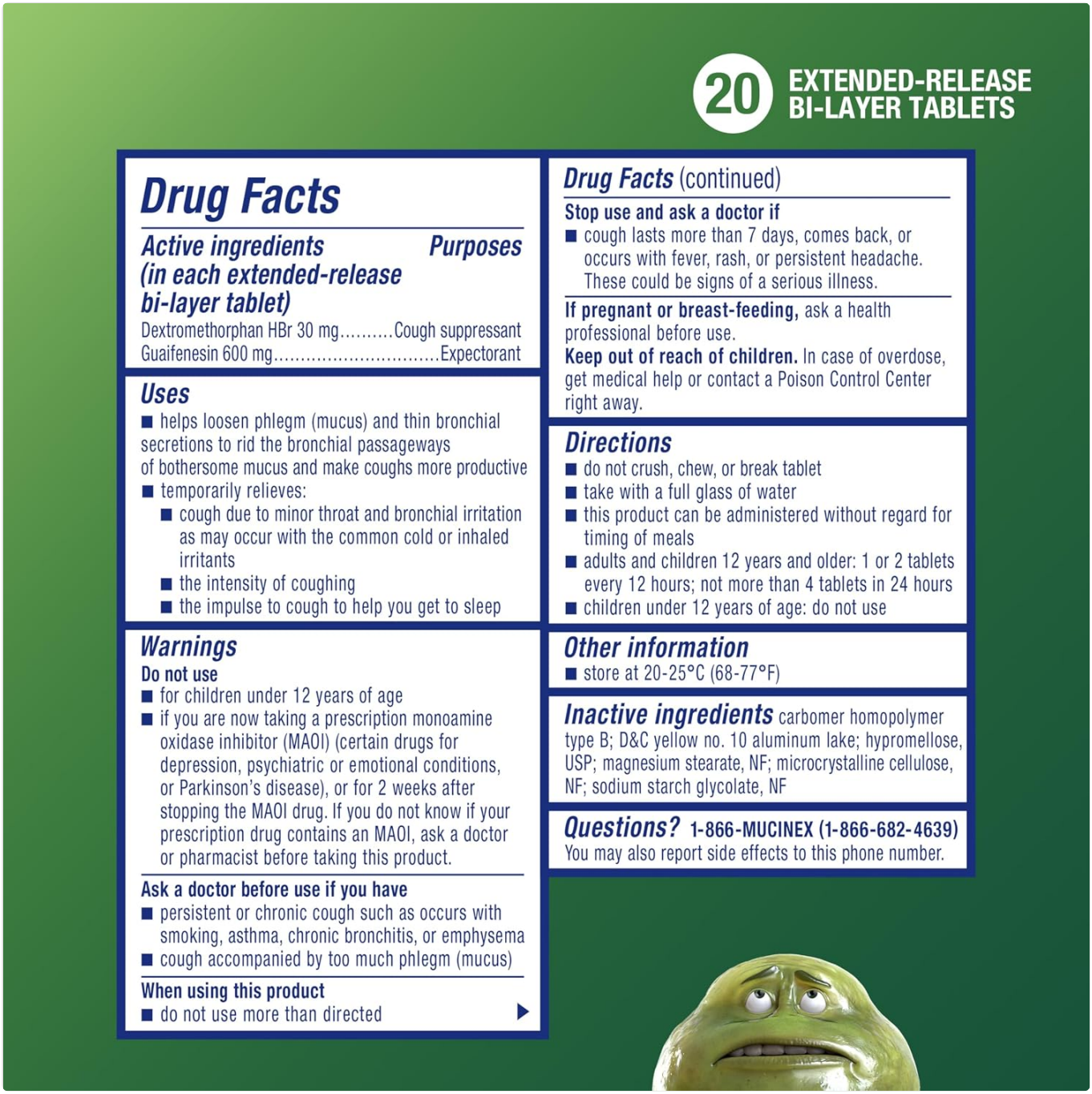

Image: Detailed Drug Facts panel from Mucinex DM 12Hr packaging, showing active ingredients, uses, warnings, and directions.

Active Ingredients:

- **Dextromethorphan HBr (30 mg):** Cough suppressant.
- **Guaifenesin (600 mg):** Expectorant.

Uses:

- Helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive.
- Temporarily relieves cough due to minor throat and bronchial irritation as may occur with the common cold or inhaled irritants.
- Temporarily relieves the intensity of coughing.
- Temporarily relieves the impulse to cough to help you get to sleep.

Warnings:

- Do not use for children under 12 years of age.
- Do not use if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- Ask a doctor before use if you have persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema.
- Stop use and ask a doctor if cough lasts more than 7 days, comes back, or occurs with fever, rash, or persistent headache. These could be signs of a serious illness.
- If pregnant or breast-feeding, ask a health professional before use.
- Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions for Use

Follow these instructions carefully for optimal relief:

1. Do not crush, chew, or break tablet.
2. Take with a full glass of water.
3. This product can be administered without regard for timing of meals.
4. **Adults and children 12 years and older:** One or two tablets every 12 hours; not more than 4 tablets in 24 hours.
5. **Children under 12 years of age:** Do not use.



Image: A Mucinex DM bi-layer tablet illustrating its immediate and extended release layers for 12-hour symptom relief.



Image: Visual comparison showing one Mucinex DM 12Hr tablet providing relief equivalent to three 4-hour liquid doses.

Product Benefits

Mucinex DM 12Hr offers comprehensive relief for common cold and cough symptoms:

- **Controls Cough:** The Dextromethorphan HBr helps to suppress persistent coughing.
- **Thins and Loosens Mucus:** Guaifenesin works to thin and loosen phlegm, making it easier to clear from your chest.
- **Relieves Chest Congestion:** By thinning mucus, it helps alleviate the feeling of heaviness and congestion in the chest.
- **Makes Coughs More Productive:** Facilitates the expulsion of mucus, turning non-productive coughs into productive ones.
- **12-Hour Relief:** The unique bi-layer tablet provides immediate and extended release for long-lasting symptom control.



Image: Graphic illustrating the four key benefits of Mucinex DM: relieves chest congestion, controls cough, thins and loosens mucus, and makes coughs more productive.

Storage and Handling

Store Mucinex DM 12Hr at controlled room temperature, between 20-25°C (68-77°F). Keep the product in its original packaging until ready for use to protect it from moisture and light. Do not store in direct sunlight or in areas with high humidity.
Keep out of reach of children and pets.

Specifications

Feature	Detail
Brand	Mucinex

Model Number	RAC05620
Active Ingredients	Guaifenesin (600 mg), Dextromethorphan HBr (30 mg)
Form	Extended-Release Bi-Layer Tablets
Count	20 Tablets per box
Product Dimensions	0.88 x 3.5 x 3.78 inches
Item Weight	0.96 ounces (27.22 g)
Manufacturer	Reckitt Benckiser Healthcare

Frequently Asked Questions

For common questions, please refer to the Drug Facts panel or contact Mucinex customer support.
Questions? Call 1-866-MUCINEX (1-866-682-4639). You may also report side effects to this phone number.

Warranty and Support

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. For product-specific inquiries or concerns, please refer to the manufacturer's contact information provided on the packaging or visit the official Mucinex website.
Manufacturer: Reckitt Benckiser Healthcare
Website: www.mucinex.com

Additional Resources

For more information on responsible medication use, visit:www.StopMedicineAbuse.org

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