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› [NOW Foods Supplements, Acetyl-L Carnitine 500 mg, Amino Acid, Brain And Nerve Cell Function\\*, 200 Veg Capsules 200 Count \(Pack of 1\) Supplements](#)

### NOW Foods 0084

# NOW Foods Acetyl-L Carnitine 500 mg Instruction Manual

Model: 0084

Brand: NOW Foods

## PRODUCT OVERVIEW

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Acetyl-L-Carnitine (ALC) is a modified amino acid that supports cellular energy production by assisting in the transport of fat into the mitochondria where it is converted into ATP (cellular fuel). ALC is a highly bioavailable form of carnitine that can cross the blood-brain barrier, where it helps to manage typical oxidative stress, supports mitochondrial function and helps to maintain normal neurotransmitter activity. Clinical studies suggest that ALC helps to maintain optimal neurological health.

### Key Features:

- Transports Fatty Acids
- Boosts Cellular Energy

## PRODUCT VISUALS

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# Acetyl- L-Carnitine 500 mg

Brain and Nerve Cell Function\*

- Transports Fatty Acids\*
- Boosts Cellular Energy\*

Non-GMO

200 Veg Capsules

A Dietary Supplement    Vegetarian/Vegan



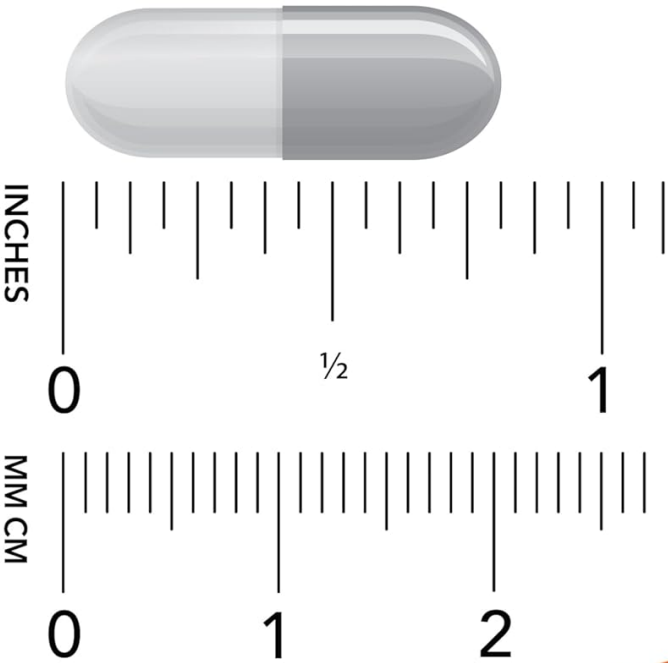
Image: Front view of the NOW Foods Acetyl-L Carnitine 500 mg bottle, highlighting the brand, dosage, and key benefits for brain and nerve cell function.





Image: Rear view of the NOW Foods Acetyl-L Carnitine bottle, showing the Supplement Facts panel with detailed ingredient information and serving size.

# Capsule Size



Size and color shown may vary from actual product.

Image: A visual guide illustrating the size of the Acetyl-L Carnitine capsule in inches and millimeters for reference.



## THERE IS A FINE LINE BETWEEN PASSION AND OBSESSION.

And by conducting **31,000 quality tests** each month we've happily crossed it! At NOW, we have 150+ scientists that are trained on the most cutting-edge analytical instruments to test for everything from pesticides to potency.

Image: A laboratory setting with scientists conducting quality tests, emphasizing NOW Foods' commitment to rigorous testing processes.

# Certifications Matter

Intertek GMP certification means that every aspect of the NOW<sup>®</sup> supplement manufacturing process has been audited, including our laboratory/testing methods (for stability, potency, and product formulation).



Image: Certification graphic highlighting Intertek GMP certification, ensuring audited manufacturing processes and quality testing.

# Since the beginning...

NOW<sup>®</sup> has believed in the mission of Vitamin Angels.



vitamin  
angels<sup>®</sup>

FOUNDING  PARTNER



Image: A child smiling, representing NOW Foods' long-standing mission and partnership with Vitamin Angels to provide essential nutrients.



## What you won't find in our products

- ⊗ Aspartame, Sucralose, or Ace K
  - ⊗ Microbial Pathogens
  - ⊗ Unlabeled Common Allergens
  - ⊗ Artificial Colors
  - ⊗ Hydrogenated Oils
  - ⊗ Parabens
  - ⊗ MSG
  - ⊗ Artificial Flavors
  - ⊗ Harmful Levels of Pesticides
  - ⊗ Irradiation of Food and Supplement Ingredients
  - ⊗ Harmful Levels of PCBs and Dioxins
  - ⊗ Nano-Particle Ingredients
- The item shown may differ from what you receive.

Image: A list detailing ingredients and substances that are intentionally excluded from NOW Foods products, such as artificial colors, harmful levels of pesticides, and common allergens.

### Official Product Videos:

Your browser does not support the video tag.

Video: An exclusive tour inside the NOW Foods facilities, showcasing their cutting-edge manufacturing processes and commitment to quality.

Your browser does not support the video tag.

Video: A short clip highlighting NOW Foods' philosophy of being "Quality Obsessed. Priced Less.", demonstrating their dedication to high standards and affordability.

### SETUP AND FIRST USE

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Upon receiving your NOW Foods Acetyl-L Carnitine, ensure the bottle's seal is intact. Remove the freshness packet from the bottle before first use. Read the entire label carefully before beginning supplementation.

## OPERATING INSTRUCTIONS: RECOMMENDED DOSAGE

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Take 2 Veg Capsules daily as needed. It is recommended to consult with a healthcare professional to determine the appropriate dosage for your individual needs and health conditions.

## INGREDIENTS

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### Supplement Facts:

Serving Size	Amount per Serving	% Daily Value
2 Veg Capsules	Acetyl-L-Carnitine (from 1,205 mg Acetyl-L-Carnitine HCl) 1 g (1,000 mg)	** Daily Value not established.

**Other Ingredients:** Hypromellose (cellulose capsule), Rice Flour, Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

## SAFETY INFORMATION

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Do Not Eat Freshness Packet. Keep in Bottle. This product is labeled to United States standards and may differ from similar products sold elsewhere in its ingredients, labeling and allergen warnings.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Natural color variation may occur in this product. Made and quality tested in the USA with globally sourced ingredients.

## MAINTENANCE: STORAGE GUIDELINES

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Store in a cool, dry place after opening to maintain product integrity and potency.

## TROUBLESHOOTING: COMMON CONCERNS

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If you experience any adverse reactions or discomfort after taking this supplement, discontinue use immediately and consult a healthcare professional. Ensure you are following the recommended dosage and not exceeding it. If you have pre-existing medical conditions or are taking other medications, always consult your physician before starting any new supplement regimen.

## PRODUCT SPECIFICATIONS

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- **Is Discontinued By Manufacturer:** No
- **Product Dimensions:** 2.81 x 2.81 x 5.13 inches; 7.36 ounces
- **Item model number:** 0084
- **Department:** Health and Beauty>Health and Wellness
- **Date First Available:** May 16, 2008
- **Manufacturer:** NOW Sports - Nutrition and Wellness
- **ASIN:** B000QSLINE
- **Brand:** NOW Foods
- **Flavor:** Unflavored
- **Primary Supplement Type:** multivitamin
- **Unit Count:** 200 Count
- **Item Form:** Capsule
- **Item Weight:** 7.36 ounces
- **Item dimensions L x W x H:** 2.81 x 2.81 x 5.13 inches
- **Special Ingredients:** Soy-Free
- **Diet Type:** Kosher
- **Product Benefits:** Brain Health,Nerve Health Support,Cellular Energy

## LEGAL DISCLAIMER

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Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.