AIRCAST 02AR

Aircast Air Stirrup Standard Ankle Brace User Manual

Model: 02AR

Product Overview

The Aircast Air-Stirrup ankle brace, model 02AR, is designed for the functional management of ankle injuries. Since 1978, it has been recognized for its effectiveness in supporting healing and providing stability.

Key Features

- Semi-rigid, anatomically designed shells for protection, comfort and the prevention of inversion/eversion.
- Patented Duplex air cell system to enhance circulation and reduce swelling.
- Pre-inflated air cells for easy application.
- Streamlined to fit in shoes for early protected weight-bearing.





Image: The Aircast Air Stirrup Standard Ankle Brace, featuring its white semi-rigid shells and two adjustable white straps. The Aircast logo is visible on the upper strap.

Setup and Application

Follow these steps for proper application of your Aircast Air Stirrup Ankle Brace:

1. **Positioning:** Ensure the brace is oriented correctly for the right ankle. The narrower part of the shell typically goes towards the heel.
2. **Initial Placement:** Place your foot into the brace, ensuring your heel is comfortably seated at the bottom of the brace. The semi-rigid shells should align with the sides of your ankle.

3. **Strap Adjustment:** Secure the two adjustable straps. The lower strap should be fastened first, just above the ankle bone. The upper strap should be fastened around the calf, ensuring a snug but comfortable fit. Do not overtighten.
4. **Air Cell Conformance:** The pre-inflated air cells will conform to the contours of your ankle, providing compression and support.
5. **Footwear Integration:** The streamlined design allows the brace to fit into most athletic or casual shoes. Ensure your shoe accommodates the brace without causing discomfort or pressure points.

Usage Guidelines

The Aircast Air Stirrup Ankle Brace is designed for continuous support during recovery and activity. It can be worn during daily activities and light exercise as recommended by a healthcare professional.

- Wear the brace for the duration recommended by your physician or therapist.
- Ensure the straps remain secure throughout the day. Readjust if necessary to maintain comfort and support.
- If you experience increased pain, numbness, or swelling, discontinue use and consult a healthcare professional.

Care and Maintenance

Proper care will extend the life of your ankle brace:

- **Cleaning:** Hand wash the brace with mild soap and cold water. Do not use harsh detergents or bleach.
- **Drying:** Air dry completely before re-using. Do not machine wash or tumble dry. Do not iron.
- **Storage:** Store in a cool, dry place away from direct sunlight when not in use.
- **Inspection:** Periodically inspect the brace for signs of wear or damage to the shells or straps.

Troubleshooting

Problem	Possible Cause	Solution
Discomfort or pressure points	Brace is too tight or improperly positioned.	Loosen straps slightly. Re-position the brace to ensure proper alignment with the ankle. Ensure heel is seated correctly.
Brace feels loose or shifts	Straps are not tight enough or have stretched.	Tighten straps until snug but comfortable. If straps are worn, consider replacement if available or consult manufacturer.
Difficulty fitting into shoes	Shoes are too narrow or brace is not fully seated.	Try a shoe with a wider toe box or adjustable laces. Ensure the brace is fully on your foot before inserting into the shoe.

If issues persist, please contact Aircast customer support.

Product Specifications

Brand	AIRCAST
Model Number	02AR
Product Dimensions	11 x 4 x 2 inches
Item Weight	0.01 ounces

Manufacturer	DJO Global
First Available Date	December 11, 2006

Support Information

For further assistance, product inquiries, or warranty information, please contact the manufacturer:
Manufacturer: DJO Global (AIRCAST)
Phone: 1.800.336.6569
Please have your product model number (02AR) ready when contacting support.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question